ACME UNITED CORP Form 144 November 14, 2006

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

ATTENTION: Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or executing a sale directly with a market maker.

1(a) NAME OF ISSUER (Please ty	vpe or print) (! 	b) IRS IDENT. NO. (c) SEC FILE NO. 					
ACME UNITED CORPORATION	 	06-0236700 001-07698 					
1(d) ADDRESS OF ISSUER STREET	CITY STATE Z	IP CODE (e) TELEPHONE AREA CODE NUMBER 					
60 ROUND HILL ROAD	FAIRFIELD, CT	06824 203 254-6060 					
2(a) NAME OF PERSON FOR WHOSE	ACCOUNT THE SEC	URITIES ARE TO BE SOLD					
BRIAN S. OLSCHAN							
2(b) SOCIAL SECURITY NO. OR IRS IDENT. NO.	(c)	RELATIONSHIP TO ISSUER					
		EXECUTIVE VICE PRESIDENT AND CHIEF OPERATING OFFICER					
2(d) ADDRESS STREET	CITY STATE	ZIP CODE					
60 ROUND HILL ROAD	FAIRFIELD, CT	06824					

INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. Identification Number and the S.E.C. File Number.

		SEC USE				
3(a)	(b)	ONLY	(C)	(d)	(e)	(
Title of the Class of Securities to be Sold	Name and Address of Each Broker Through Whom the Securities are to be Offered or Each Market Maker who is Aquiring the Securities	Broker- Dealer File Number	Number of Shares or Other Units to be Sold (See instr. 3(c))	Aggregate Market Value (See instr. 3(d))	Number of Shares or Other Units Outstanding (See instr. 3(e))	(D (

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COMMON PAR VA \$2.50,	ALUE		BANK ITON, PA 18503	17,500	\$245,000	3,496,833	
INSTRU	JCTIO	 15:					
(b) (c) (d)	Issue Issue Issue	er's S.E.C er's addre	5. Identification Numbe 5. file number, if any ess, including zip code ohone number, including	2			
(b) (c)	Such Such stocl	person's person's cholder, o	for whose account the I.R.S. identification relationship to the is or member of immediate address, including zip	number, if such per ssuer (e.g., officer family of any of th	rson is an ent , director, 2	-	
(b) (c) (d) (e) (f)	Name to be Numbe aggre Aggre with: Numbe secu: recei Appro Name	and addre e sold er of shar egate face egate mark in 10 days er of shar rities the nt report pximate da	et value of the securi prior to the filing of es or other units of t face amount thereof of or statement published ate on which the securi securities exchange, if	ough whom the securi be sold (if debt sec ties to be sold as of this notice the class outstandir putstanding, as show d by the issuer ties are to be sold	curities, give of a specifie ng, or if debt on by the most	e the ed date t t	
secur	ities	to be sol	TABLE I - SECURIT og information with res d and with respect to her consideration ther	spect to the acquisi the payment of all		of the	
Title	of	Date you	Nature of	Name of Persor from Whom Acqu (If gift, also	ired give date		Ι
COMMOI STOCK PAR VI \$2.50,	N ALUE		Acquisition Transacti			Securities Acquire	d I

INSTRUCTIONS:

 If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

TABLE II - SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

Amount of Name and Address of Seller Title of Securities Sold Date of Sale Securities Sold

REMARKS:

INSTRUCTIONS:

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed.

NOVEMBER 14, 2006

/s/ BRIAN S. OLSCHAN

(SIGNATURE)

(DATE OF NOTICE)

The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed.

Any copies not manually signed shall bear typed or printed signatures.

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001).