Edgar Filing: LARSON GREGORY J - Form 4

LARSON GF Form 4 February 12,											
FORM	Л								OMB AF	PROVAL	
	UNITED S	STATES					NGE C	OMMISSION	OMB Number:	3235-0287	
Check this if no long subject to Section 10 Form 4 or	er STATEM 6.										
Form 5 obligation may conti <i>See</i> Instru 1(b).	$\frac{18}{1000}$ Section 17(a	a) of the l	Public Ut		ling Con	ipany	y Act of	Act of 1934, 1935 or Section			
(Print or Type R	(esponses)										
I			Symbol	Name and			8	5. Relationship of Reporting Person(s) to Issuer			
			HOST E [HST]	IOTELS (& RESC	ORTS	, INC.	(Check all applicable)			
(Last)				f Earliest Transaction Day/Year)				Director 10% Owner 0fficer (give title Other (specify			
6903 ROCK 1500	LEDGE DRIVE,	SUITE	02/09/20	-				below) Sr. Vice Pro	below) esident & Trea	surer	
				ndment, Date Original th/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
BETHESDA	A, MD 20817							Person	ore than One Rej	porung	
(City)	(State)	(Zip)	Table	e I - Non-D	erivative	Secur	ities Acqu	iired, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Executio any	ned n Date, if Day/Year)	3. Transactic Code (Instr. 8) Code V	(Instr. 3,	spose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	02/09/2007			A <u>(1)</u>	9,375	A	\$ 27.685	48,210	D		
Common Stock	02/09/2007			F	4,050	D	\$ 27.685	44,160	D		
Restricted Stock	02/09/2007			A <u>(1)</u>	9,375	D	\$ 27.685	71,195	D		
Deferred Bonus Stock Award								2,349	D		

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	e and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration D	ate	Amou	nt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security	Secu
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ities	(Instr. 5)	Bene
	Derivative				Securities			(Instr.	3 and 4)		Owne
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									. .		
									Amount		
						Date	Expiration	T . 1	or		
						Exercisable	Date	Title	Number		
					(A) (D)				of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
LARSON GREGORY J 6903 ROCKLEDGE DRIVE SUITE 1500 BETHESDA, MD 20817			Sr. Vice President & Treasurer					
Signatures								

Gregory J. Larson

02/12/2007

<u>**</u>Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction represents the release of restrictions on shares of restricted stock which vests on a periodic basis, and inclusion of such shares into unrestricted common stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.