BENTZ FRANK L III

Form 4

December 17, 2004

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * BENTZ FRANK L III			suer Name and ol DY SPRINO SR]		_	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last) BENTZ, III, FR GEORGIA AVI	ANK L., 1780	(Mont	e of Earliest T h/Day/Year) 5/2004	ransaction		Director 10% Owner Other (specify below) Executive Vice President				
OLNEY, MD 20	(Street) 0832		amendment, Day/Yea	_		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	Zip) T	able I - Non-I	Derivative S	Securities Ac	equired, Disposed	of, or Benefici	ally Owned		
	Fransaction Date onth/Day/Year)		Code ar) (Instr. 8)	4. Securit onAcquired Disposed (Instr. 3,	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Common Stock						2,699	I	401K		
Common Stock						114	I	Employee Stock Purchase Plan		
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.										

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number proof Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to buy)	\$ 14.54					12/13/2000	12/13/2010	Common Stock	3,750
Stock Options (Right to buy)	\$ 16.42					12/17/1997	12/17/2007	Common Stock	1,500
Stock Options (Right to buy)	\$ 17.21					12/15/1999	12/15/2009	Common Stock	2,400
Stock Options (Right to buy)	\$ 20.33					12/16/1998	12/16/2008	Common Stock	1,125
Stock Options (Right to buy)	\$ 31.25					12/11/2002	12/11/2012	Common Stock	4,700
Stock Options (Right to buy)	\$ 32.25					12/21/2001	12/21/2011	Common Stock	3,000
Stock Options (Right to buy)	\$ 38	12/15/2004		A	6,050	12/15/2004	12/15/2014	Common Stock	6,050
Stock Options	\$ 38.91					12/17/2003	12/17/2013	Common Stock	5,000

(Right to buy)

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

BENTZ FRANK L III BENTZ, III, FRANK L. 17801 GEORGIA AVENUE OLNEY, MD 20832

Executive Vice President

Signatures

/s/ Theresa A. Cornish by POA

12/17/2004

Date

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3