Cohen Heather L Form 4 June 03, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

may continue. See Instruction 1(b).

obligations

30(h) of the Investment Company Act of 1940

(Middle)

(Print or Type Responses)

(Last)

1. Name and Address of Reporting Person * Cohen Heather L

(First)

2. Issuer Name and Ticker or Trading Symbol

CONMED CORP [CNMD]

3. Date of Earliest Transaction

(Month/Day/Year) 06/01/2010

5. Relationship of Reporting Person(s) to Issuer

OMB APPROVAL

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

Estimated average

burden hours per

Director

_X__ Officer (give title

(Check all applicable)

10% Owner _ Other (specify

C/O CONMED CORPORATION, 525 FRENCH **ROAD**

(Street)

4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

VP CORP HR&DEPUTY GEN COUNSEL

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

below)

UTICA, NY 13502

(City)	(State) (Z	Zip) Table	e I - Non-D	I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities onAcquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)				
Common Stock	06/01/2010		M	200	A	\$ 0	1,774	D			
Common Stock	06/01/2010		F	73	D	\$0	1,701	D			
Common Stock	06/01/2010		M	800	A	\$0	2,501	D			
Common Stock	06/01/2010		F	290	D	\$0	2,211	D			
Common Stock	06/02/2010		F	218	D	\$ 0	1,993	D			

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Common 06/02/2010 M 600 \$ 0 2,593 D Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of Derivative Securities Acquired Disposed (Instr. 3, 4, 5)	(A) or of (D)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo or Num of Sh
Rsus (restricted Stock Units)	\$ 0	06/01/2010		M		200	<u>(1)</u>	06/01/2018	Common Stock	20
Rsus (restricted Stock Units)	\$ 0	06/01/2010		M		800	(2)	06/01/2019	Common Stock	80
Rsus (restricted Stock Units)	\$ 0	06/01/2010		A	4,000		(2)	06/01/2020	Common Stock	4,0
Sars (Stock Appreciation Rights)	\$ 19.26	06/01/2010		A	10,000		(3)	06/01/2020	Common Stock	10,0
Rsus (restricted Stock Units)	\$ 0	06/02/2010		M		600	<u>(1)</u>	06/02/2018	Common Stock	60

Reporting Owners

Relationships Reporting Owner Name / Address Officer Other

Director 10% Owner

Cohen Heather L C/O CONMED CORPORATION 525 FRENCH ROAD UTICA, NY 13502

VP CORP HR&DEPUTY GEN COUNSEL

2 Reporting Owners

Signatures

Daniel S. Jonas for Heather L. Cohen by Power of Attorney

06/03/2010

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Each restricted stock unit ("RSU") represents a contingent right to receive one share of common stock, par value \$0.01 per share of

 (1) ConMed Corporation (the "Company") and will be subject to the terms and conditions of the Company's 2006 Stock Incentive Plan, with the RSUs generally vesting over a five year period with the first 20% of the RSU's vesting one year after the grant date.
- Each restricted stock unit ("RSU") represents a contingent right to receive one share of common stock, par value \$0.01 per share of

 ConMed Corporation (the "Company") and will be subject to the terms and conditions of the Company's 1999 Amended and Restated

 Long-Term Incentive Plan, with the RSUs generally vesting over a five year period with the first 20% of the RSU's vesting one year after the grant date.
- (3) The stock appreciation rights ("SARs") were granted under the Company's 1999 Amended and Restated Long-Term Incentive Plan and generally vest in equal amounts over a five year period.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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