#### Edgar Filing: TRAINOR JOHN T - Form 4

TRAINOR J	JOHN T										
Form 4											
May 03, 201	11										
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSION								OMB APPROVAL			
Washington, D.C. 20549								OMB Number:	3235-0287		
Check th if no lon	der.							Expires:	January 31, 2005		
subject to STATEMENTO Section 16. Form 4 or			SECU	RITIES				Estimated a burden hour response	average urs per		
obligatic may con <i>See</i> Instr 1(b).	tinue. Section 17	a) of the Pu	etion 16(a) of t blic Utility Ho the Investmer	olding Co	mpar	ny Act of	1935 or Section	I			
(Print or Type	Responses)										
TRAINOR JOHN T Symbo			ymbol					5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (I		3. Date of Earliest Transaction			(Check	ck all applicable)				
(Month/I 309 E. PACES FERRY ROAD, NE 04/29/2					-		Director 10% Owner X Officer (give title Other (specify below) below)				
							/	formation Offic	cer		
(Street) 4. If Ame Filed(Mor				Date Origin	al		6. Individual or Joint/Group Filing(Check Applicable Line)				
ATLANTA	, GA 30305						_X_ Form filed by O Form filed by M Person				
(City)	(State)	(Zip)	Table I - Non-	-Derivativ	e Secu	ırities Acqu	ired, Disposed of,	or Beneficiall	y Owned		
(Instr. 3) an		2A. Deemed Execution Da any (Month/Day/	Code	Transactionor Disposed of (D) Code (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code V	<sup>7</sup> Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)	(Instr. 4)			
Common Stock	04/29/2011		M	7,500	A	\$ 14.0933	7,500	D			
Common Stock	04/29/2011		S	7,500	D	\$ 28.5916	0	D			
Common Stock							649.4904	I	By: 401(k) Plan		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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# displays a currently valid OMB control number.

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. D S (I
				Code V	(A) (I	D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Options (Right to Buy)	\$ 14.0933	04/29/2011		М	7,5	500	11/13/2010	11/13/2017	Common Stock	7,500	

#### **Reporting Owners**

Reporting Owner Name / Address	Relationships						
1	Director	10% Owner	Officer	Other			
TRAINOR JOHN T 309 E. PACES FERRY ROAD, NE ATLANTA, GA 30305			Chief Information Officer				
Signatures							
/s/ Aleksandra T. Nearing, by Power of Trainor	05/03/2011						
<u>**</u> Signature of Reporting P	Date						

### **Explanation of Responses:**

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.