SECURITIES AND EXCHANGE COMMISSION Washington, D. C. 20549 FORM 10-Q

(Mark One)

TQUARTERLY REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

For the quarterly period ended March 31, 2008.

£ TRANSITION REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934 For the transition period from ______ to _____.

OR

COMMISSION FILE NUMBER 0-14703

NBT BANCORP INC. (Exact Name of Registrant as Specified in its Charter)

DELAWARE (State of Incorporation) 16-1268674 (I.R.S. Employer Identification No.)

52 SOUTH BROAD STREET, NORWICH, NEW YORK 13815 (Address of Principal Executive Offices) (Zip Code)

Registrant's Telephone Number, Including Area Code: (607) 337-2265

Indicate by check mark whether the Registrant (1) has filed all reports required to be filed by Section 13 or 15(d) of the Securities Exchange Act of 1934 during the preceding 12 months (or for shorter periods that the Registrant was required to file such reports), and (2) has been subject to such filing requirements for the past 90 days. Yes T No £

Indicate by check mark whether the registrant is a large accelerated filer, an accelerated filer, a non-accelerated filer, or a smaller reporting company. See the definitions of "large accelerated filer," "accelerated filer," and "smaller reporting company" in Rule 12b-2 of the Exchange Act.

Large accelerated filer T Accelerated filer £ Non-accelerated filer £ Smaller reporting company £

Indicate by check mark whether the registrant is a shell company (as defined in Exchange Act Rule 12b-2). Yes £ No T

As of April 30, 2008, there were 32,088,770 shares outstanding of the Registrant's common stock, \$0.01 par value.

NBT BANCORP INC. FORM 10-Q--Quarter Ended March 31, 2008

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NBT Bancorp Inc. and Subsidiaries Consolidated Balance Sheets (unaudited)

(In thousands, except share and per share data)	March 31, 2008	De	ecember 31, 2007	March 31, 2007
Assets	ф. 10 0 (00)	¢	155 405	• 122 101
Cash and due from banks	\$ 129,630	\$	155,495	\$ 132,494
Short-term interest bearing accounts	7,345		7,451	24,598
Securities available for sale, at fair value	1,127,707		1,132,230	1,107,624
Securities held to maturity (fair value \$158,482, \$149,519, and				
\$145,762)	157,353		149,111	145,760
Federal Reserve and Federal Home Loan Bank stock	41,353		38,102	30,487
Loans and leases	3,505,453		3,455,851	3,395,476
Less allowance for loan and lease losses	56,500		54,183	50,554
Net loans and leases	3,448,953		3,401,668	3,344,922
Premises and equipment, net	64,302		64,042	65,784
Goodwill	103,398		103,398	103,420
Intangible assets, net	9,782		10,173	11,408
Bank owned life insurance	44,066		43,614	42,217
Other assets	95,882		96,492	92,067
Total assets	\$ 5,229,771	\$	5,201,776	\$ 5,100,781
Liabilities				
Demand (noninterest bearing)	\$ 672,616	\$	666,698	\$ 624,171
Savings, NOW, and money market	1,656,374		1,614,289	1,632,222
Time	1,525,236		1,591,106	1,710,262
Total deposits	3,854,226		3,872,093	3,966,655
Short-term borrowings	399,992		368,467	204,421
Long-term debt	424,858		424,887	392,792
Trust preferred debentures	75,422		75,422	75,422
Other liabilities	69,410		63,607	53,911
Total liabilities	4,823,908		4,804,476	4,693,201
Stockholders' equity				
Preferred stock, \$0.01 par value. Authorized 2,500,000 shares at March				
31, 2008, December 31, 2007 and March 31, 2007	-		-	-
Common stock, \$0.01 par value. Authorized 50,000,000 shares at March				
31, 2008, December 31, 2007 and March 31, 2007; issued 36,459,397,				
36,459,421, and 36,459,481 at March 31, 2008, December 31, 2007, and				
March 31, 2007, respectively	365		365	365
Additional paid-in-capital	273,929		273,275	272,026
Retained earnings	220,709		215,031	198,948
Accumulated other comprehensive income (loss)	4,211		(3,575)	(11,724)
Common stock in treasury, at cost, 4,385,423, 4,133,328, and 2,463,124				
shares at March 31, 2008, December 31, 2007, and March 31, 2007,				
respectively	(93,351)		(87,796)	(52,035)
Total stockholders' equity	405,863		397,300	407,580
Total liabilities and stockholders' equity	\$ 5,229,771	\$	5,201,776	\$ 5,100,781
1	, _,,,,,,	7	,,_,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	, _,,_,,,,,

See accompanying notes to unaudited interim consolidated financial statements.

NBT Bancorp Inc. and Subsidiaries		Three more Marce		nded
Consolidated Statements of Income (unaudited) (In thousands, except per share data) Interest, fee, and dividend income		2008		2007
Interest and fees on loans and leases	\$	58,617	\$	59,808
Securities available for sale	Ψ	13,746	Ψ	13,467
Securities held to maturity		1,514		1,444
Other		775		740
Total interest, fee, and dividend income		74,652		75,459
Interest expense		, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		70,105
Deposits		22,698		25,984
Short-term borrowings		2,340		3,092
Long-term debt		4,302		4,486
Trust preferred debentures		1,247		1,268
Total interest expense		30,587		34,830
Net interest income		44,065		40,629
Provision for loan and lease losses		6,478		2,096
Net interest income after provision for loan and lease losses		37,587		38,533
Noninterest income		57,507		20,000
Service charges on deposit accounts		6,525		4,469
Broker/ dealer and insurance revenue		1,107		1,083
Trust		1,774		1,005
Net securities gains (losses)		1,771		(5)
Bank owned life insurance		452		434
ATM fees		2,097		1,896
Retirement plan administration fees		1,708		1,592
Other		2,417		1,784
Total noninterest income		16,095		12,690
Noninterest expense		10,075		12,070
Salaries and employee benefits		16,770		15,964
Occupancy		3,610		3,169
Equipment		1,825		1,933
Data processing and communications		3,170		2,877
Professional fees and outside services		3,099		1,658
Office supplies and postage		1,339		1,296
Amortization of intangible assets		391		409
Loan collection and other real estate owned		567		377
Other		3,263		3,189
Total noninterest expense		34,034		30,872
Income before income tax expense		19,648		20,351
Income tax expense		5,932		6,219
Net income	\$	13,716	\$	14,132
Earnings per share	Ψ	15,710	Ψ	17,132
Basic	\$	0.43	\$	0.41
Diluted	\$	0.43	\$	0.41
	Ψ	0.15	Ψ	0.71

See accompanying notes to unaudited interim consolidated financial statements.

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NBT Bancorp Inc. and Subsidiaries Consolidated Statements of Stockholders' Equity (unaudited)

	nmon tock		dditional Paid-in- Capital	Retained Earnings	Con	cumulated Other prehensive Income (loss)	Treasury Stock	Total
(in thousands, except share and per share data)	Stock		Capital	Lannings		(1055)	SIUCK	Total
Balance at December 31, 2006 Net income	\$ 365	\$	271,528	\$ 191,770 14,132	\$	(14,014)	\$ (45,832)	\$ 403,817 14,132
Cash dividends - \$0.19 per share				(6,531)				(6,531)
Purchase of 373,967 treasury shares				(0,001)			(8,562)	(8,562)
Net issuance of 89,862 shares to employee benefit plans and other stock							(2,222)	(0,000)
plans, including tax benefit Stock-based compensation			167 839	(423)			1,851	1,595 839
Grant of 24,530 shares of restricted stock awards			(508)				508	-
Other comprehensive income						2,290		2,290
Balance at March 31, 2007	\$ 365	\$	272,026	\$ 198,948	\$	(11,724)	\$ (52,035)	\$ 407,580
Balance at December 31, 2007	\$ 365	\$	273,275	\$ 215,031	\$	(3,575)	\$ (87,796)	\$ 397,300
Cumulative effect adjustment to record liability for split-dollar life								
insurance policies Net income				(1,518) 13,716				(1,518) 13,716
Cash dividends - \$0.20 per								
share Purchase of 272,840				(6,416)				(6,416)
treasury shares Net issuance of 29,193							(5,939)	(5,939)
shares to employee benefit plans and other stock								
plans, including tax benefit Stock-based compensation			55 599	(104)			576	527 599
Net forfeiture of 8,448 shares of restricted stock			377					575
awards							(192)	(192)
Other comprehensive income						7,786		7,786

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Balance at March 31, 2008	\$	365	\$ 273,929	\$ 220,709	\$	4,211	\$ (93,351)	\$ 405,863
See accompanying notes to unaudited interim consolidated financial statements								

NBT Bancorp Inc. and Subsidiaries Consolidated Statements of Cash Flows (unaudited) (In thousands, except per share data) Operating activities	Th	ree Months E 2008	nded	March 31, 2007
Net income	\$	13,716	\$	14,132
Adjustments to reconcile net income to net cash provided by operating activities	Ŧ	10,110	Ŧ	1,102
Provision for loan and lease losses		6,478		2,096
Depreciation and amortization of premises and equipment		1,288		1,344
Net accretion on securities		72		19
Amortization of intangible assets		391		409
Stock based compensation		599		839
Bank owned life insurance income		(452)		(434)
Proceeds from sales of loans held for sale		4,153		5,389
Originations and purchases of loans held for sale Net gains on sales of loans held for sale		(3,392) (13)		(7,948)
Net security (gains) losses		(13)		(43)
Net gain on sales of other real estate owned		(13)		(36)
Net decrease (increase) in other assets		529		(2,135)
Net (decrease) increase in other liabilities		(1,297)		3,590
Net cash provided by operating activities		21,981		17,227
Investing activities				
Securities available for sale:				
Proceeds from maturities, calls, and principal paydowns		167,340		56,182
Proceeds from sales		1,140		10,553
Purchases		(150,614)		(72,795)
Securities held to maturity:		10.076		0.004
Proceeds from maturities, calls, and principal paydowns		10,876		8,094
Purchases Net (increase) decrease in loans		(19,149) (54,621)		(17,581) 17,313
Net (increase) decrease in Federal Reserve and FHLB stock		(3,251)		8,325
Purchases of premises and equipment, net		(1,548)		(146)
Proceeds from sales of other real estate owned		266		131
Net cash (used in) provided by investing activities		(49,561)		10,076
Financing activities				,
Net (decrease) increase in deposits		(17,867)		170,417
Net increase (decrease) in short-term borrowings		31,525		(140,987)
Proceeds from issuance of long-term debt		50,000		50,000
Repayments of long-term debt		(50,029)		(74,936)
Excess tax benefit from exercise of stock options		47		249
Proceeds from the issuance of shares to employee benefit plans and other stock		200		1.046
plans Durchase of traceway stack		288		1,346
Purchase of treasury stock Cash dividends and payment for fractional shares		(5,939) (6,416)		(8,562) (6,531)
Net cash provided by (used in) financing activities		(0,410) 1,609		(9,004)
Net (decrease) increase in cash and cash equivalents		(25,971)		18,299
Cash and cash equivalents at beginning of period		162,946		138,793
Cash and cash equivalents at end of period	\$	136,975	\$	157,092
A A		,		,

Supplemental disclosure of cash flow information	Three Months Ended March 31.					
Cash paid during the period for:				2007		
Interest	\$	32,585	\$	33,783		
Income taxes paid (refund received)		94		(24)		
Noncash investing activities:						
Loans transferred to OREO	\$	110	\$	338		

See accompanying notes to unaudited interim consolidated financial statements.

	Thre	e months e	nded	March 31,
Consolidated Statements of Comprehensive Income (unaudited)		2008		2007
(In thousands)				
Net income	\$	13,716	\$	14,132
Other comprehensive income, net of tax				
Unrealized net holding gains arising during the year (pre-tax amounts of \$13,368				
and \$3,806)		7,741		2,233
Less reclassification adjustment for net (gains) losses related to securities available				
for sale included in net income (pre-tax amounts of (\$15) and \$5)		(9)		3
Amortization of prior service cost and actuarial gains (pre-tax amounts of \$90 and				
\$90)		54		54
Total other comprehensive income		7,786		2,290
Comprehensive income	\$	21,502	\$	16,422

See accompanying notes to unaudited interim consolidated financial statements

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NBT BANCORP INC. and Subsidiary NOTES TO UNAUDITED INTERIM CONSOLIDATED FINANCIAL STATEMENTS March 31, 2008

Note 1.

Description of Business

NBT Bancorp Inc. (the Registrant) is a registered financial holding company incorporated in the state of Delaware in 1986, with its principal headquarters located in Norwich, New York. The Company is the parent holding company of NBT Bank, N.A. (the Bank), NBT Financial Services, Inc. (NBT Financial), Hathaway Agency, Inc., CNBF Capital Trust I, NBT Statutory Trust I and NBT Statutory Trust II. Through these subsidiaries, the Company operates as one segment focused on community banking operations. The Company's primary business consists of providing commercial banking and financial services to its customers in its market area. The principal assets of the Company are all of the outstanding shares of common stock of its direct subsidiaries, and its principal sources of revenue are the management fees and dividends it receives from the Bank and NBT Financial.

The Bank is a full service commercial bank formed in 1856, which provides a broad range of financial products to individuals, corporations and municipalities throughout the central and upstate New York and northeastern Pennsylvania market area.

Note 2.

Basis of Presentation

The accompanying unaudited interim consolidated financial statements include the accounts of NBT Bancorp Inc. and its wholly owned subsidiaries, NBT Bank, N.A., NBT Financial Services, Inc., and Hathaway Agency, Inc. Collectively, the Registrant and its subsidiaries are referred to herein as "the Company." All intercompany transactions have been eliminated in consolidation. Amounts in the prior period financial statements are reclassified whenever necessary to conform to current period presentation.

Note 3.

New Accounting Pronouncements

In December 2007, the Financial Accounting Standards Board ("FASB") issued revised Statement of Financial Accounting Standards ("SFAS") No. 141, "Business Combinations." SFAS No. 141(R) retains the fundamental requirements of SFAS No. 141 that the acquisition method of accounting (formerly the purchase method) be used for all business combinations; that an acquirer be identified for each business combination; and that intangible assets be identified and recognized separately from goodwill. SFAS No. 141(R) requires the acquiring entity in a business combination to recognize the assets acquired, the liabilities assumed and any noncontrolling interest in the acquiree at the acquisition date, measured at their fair values as of that date, with limited exceptions. Additionally, SFAS No. 141(R) changes the requirements for recognizing assets acquired and liabilities assumed arising from contingencies and recognizing and measuring contingent consideration. SFAS No. 141(R) also enhances the disclosure requirements for business combinations. SFAS No. 141(R) applies prospectively to business combinations for which the acquisition date is on or after the beginning of the first annual reporting period beginning on or after December 15, 2008 and may not be applied before that date. The impact that SFAS No. 141 is expected to have on our financial condition or results of operations is indeterminable as it is prospective in nature.

In December 2007, the FASB issued SFAS No. 160, "Noncontrolling Interests in Consolidated Financial Statements, an amendment of ARB No. 51," or SFAS No. 160. SFAS No. 160 amends Accounting Research Bulletin No. 51, "Consolidated Financial Statements" to establish accounting and reporting standards for the noncontrolling interest in a subsidiary and for the deconsolidation of a subsidiary. Among other things, SFAS No. 160 clarifies that a noncontrolling interest in a subsidiary is an ownership interest in the consolidated entity that should be reported as equity in the consolidated financial statements and requires consolidated net income to be reported at amounts that

include the amounts attributable to both the parent and the noncontrolling interest. SFAS No. 160 also amends SFAS No. 128, "Earnings per Share," so that earnings per share calculations in consolidated financial statements will continue to be based on amounts attributable to the parent. SFAS No. 160 is effective for fiscal years, and interim periods within those fiscal years, beginning on or after December 15, 2008 and is applied prospectively as of the beginning of the fiscal year in which it is initially applied, except for the presentation and disclosure requirements which are to be applied retrospectively for all periods presented. SFAS No. 160 is not expected to have a material impact on our financial condition or results of operations.

In March 2008, the FASB issued SFAS No. 161, "Disclosures about Derivative Instruments and Hedging Activities," or SFAS No. 161. The new standard is intended to improve financial reporting about derivative instruments and hedging activities by requiring enhanced disclosures to enable investors to better understand their effects on an entity's financial position, financial performance, and cash flows. The new standard also improves transparency about the location and amounts of derivative instruments in an entity's financial statements; how derivative instruments and related hedged items are accounted for under Statement 133, "Accounting for Derivative Instruments and Hedging Activities"; and how derivative instruments and related hedged items affect its financial position, financial performance, and cash flows. SFAS No. 161 achieves these improvements by requiring disclosure of the fair values of derivative instruments and losses in a tabular format. It also provides more information about an entity's liquidity by requiring disclosure of derivative features that are credit risk–related. Finally, it requires cross-referencing within footnotes to enable financial statement users to locate important information about derivative instruments. It is effective for financial statements issued for fiscal years and interim periods beginning after November 15, 2008, with early application encouraged. SFAS No. 161 is not expected to have a material impact on our financial condition or results of operations.

Note 4.

Use of Estimates

Preparing financial statements in conformity with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect the reported amounts of assets, liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenue and expenses during the reporting period, as well as the disclosures provided. Actual results could differ from those estimates. Estimates associated with the allowance for loan losses, pension expense, fair values of financial instruments and status of contingencies are particularly susceptible to material change in the near term.

The allowance for loan and lease losses is the amount which, in the opinion of management, is necessary to absorb probable losses inherent in the loan and lease portfolio. The allowance is determined based upon numerous considerations, including local economic conditions, the growth and composition of the loan portfolio with respect to the mix between the various types of loans and their related risk characteristics, a review of the value of collateral supporting the loans, comprehensive reviews of the loan portfolio by the independent loan review staff and management, as well as consideration of volume and trends of delinquencies, nonperforming loans, and loan charge-offs. As a result of the test of adequacy, required additions to the allowance for loan and lease losses are made periodically by charges to the provision for loan and lease losses.

The allowance for loan and lease losses related to impaired loans is based on discounted cash flows using the loan's initial effective interest rate or the fair value of the collateral for certain loans where repayment of the loan is expected to be provided solely by the underlying collateral (collateral dependent loans). The Company's impaired loans are generally collateral dependent. The Company considers the estimated cost to sell, on a discounted basis, when determining the fair value of collateral in the measurement of impairment if those costs are expected to reduce the cash flows available to repay or otherwise satisfy the loans.

Management believes that the allowance for loan and lease losses is adequate. While management uses available information to recognize loan and lease losses, future additions to the allowance for loan and lease losses may be necessary based on changes in economic conditions or changes in the values of properties securing loans in the process of foreclosure. In addition, various regulatory agencies, as an integral part of their examination process, periodically review the Company's allowance for loan and lease losses. Such agencies may require the Company to recognize additions to the allowance for loan and lease losses based on their judgments about information available to them at the time of their examination which may not be currently available to management.

Other real estate owned ("OREO") consists of properties acquired through foreclosure or by acceptance of a deed in lieu of foreclosure. These assets are recorded at the lower of fair value of the asset acquired less estimated costs to sell or "cost" (defined as the fair value at initial foreclosure). At the time of foreclosure, or when foreclosure occurs in-substance, the excess, if any, of the loan over the fair value of the assets received, less estimated selling costs, is charged to the allowance for loan and lease losses and any subsequent valuation write-downs are charged to other expense. Operating costs associated with the properties are charged to expense as incurred. Gains on the sale of OREO are included in income when title has passed and the sale has met the minimum down payment requirements prescribed by GAAP.

Income taxes are accounted for under the asset and liability method. The Company files consolidated tax returns on the accrual basis. Deferred income taxes are recognized for the future tax consequences attributable to differences between the financial statement carrying amounts of existing assets and liabilities and their respective tax bases. Deferred tax assets and liabilities are measured using enacted tax rates expected to apply to taxable income in the years in which those temporary differences are expected to be recovered or settled. Realization of deferred tax assets is dependent upon the generation of future taxable income or the existence of sufficient taxable income within the available carryback period. A valuation allowance is provided when it is more likely than not that some portion of the deferred tax asset will not be realized. Based on available evidence, gross deferred tax assets will ultimately be realized and a valuation allowance was not deemed necessary at March 31, 2008 and 2007, or December 31, 2007. The effect on deferred taxes of a change in tax rates is recognized in income in the period that includes the enactment date.

Note 5.

Commitments and Contingencies

The Company is a party to financial instruments in the normal course of business to meet financing needs of its customers and to reduce its own exposure to fluctuating interest rates. These financial instruments include commitments to extend credit, unused lines of credit, and standby letters of credit. Exposure to credit loss in the event of nonperformance by the other party to the financial instrument for commitments to make loans and standby letters of credit is represented by the contractual amount of those instruments. The Company uses the same credit policy to make such commitments as it uses for on-balance-sheet items. Commitments to extend credit and unused lines of credit totaled \$666.5 million at March 31, 2008 and \$654.0 million at December 31, 2007. Since commitments to extend credit and unused lines of credit may expire without being fully drawn upon, this amount does not necessarily represent future cash commitments. Collateral obtained upon exercise of the commitment is determined using management's credit evaluation of the borrower and may include accounts receivable, inventory, property, land and other items.

The Company guarantees the obligations or performance of customers by issuing stand-by letters of credit to third parties. These stand-by letters of credit are frequently issued in support of third party debt, such as corporate debt issuances, industrial revenue bonds and municipal securities. The risk involved in issuing stand-by letters of credit is essentially the same as the credit risk involved in extending loan facilities to customers, and they are subject to the same credit origination, portfolio maintenance and management procedures in effect to monitor other credit and off-balance sheet products. Typically, these instruments have terms of five years or less and expire unused; therefore, the total amounts do not necessarily represent future cash requirements. Standby letters of credit totaled \$26.5 million at March 31, 2008, \$27.5 million at December 31, 2007, and \$27.9 million at March 31, 2007. As of March 31, 2008, the fair value of standby letters of credit was not significant to the Company's consolidated financial statements.

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Note 6.

Earnings Per Share

Basic earnings per share excludes dilution and is computed by dividing income available to common stockholders by the weighted average number of common shares outstanding for the period. Diluted earnings per share reflects the potential dilution that could occur if securities or other contracts to issue common stock were exercised or converted into common stock or resulted in the issuance of common stock that then shared in the earnings of the entity (such as the Company's dilutive stock options).

The following is a reconciliation of basic and diluted earnings per share for the periods presented in the consolidated statements of income.

Three months ended March 31, (in thousands, except per share data) Basic EPS:	2008	2007
Weighted average common shares outstanding	32,054	34,176
Net income available to common shareholders	13,716	14,132
Basic EPS	\$ 0.43	\$ 0.41
Diluted EPS:		
Weighted average common shares outstanding	32,054	34,176
Dilutive effect of common stock options and		
restricted stock	197	281
Weighted average common shares and common		
share equivalents	32,251	34,457
Net income available to common shareholders	13,716	14,132
Diluted EPS	\$ 0.43	\$ 0.41

There were 1,215,439 stock options for the quarter ended March 31, 2008 and 272,565 stock options for the quarter ended March 31, 2007 that were not considered in the calculation of diluted earnings per share since the stock options' exercise price was greater than the average market price during these periods.

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Note 7.

Defined Benefit Postretirement Plans

The Company has a qualified, noncontributory, defined benefit pension plan covering substantially all of its employees at March 31, 2008. Benefits paid from the plan are based on age, years of service, compensation, social security benefits, and are determined in accordance with defined formulas. The Company's policy is to fund the pension plan in accordance with ERISA standards. Assets of the plan are invested in publicly traded stocks and bonds. Prior to January 1, 2000, the Company's plan was a traditional defined benefit plan based on final average compensation. On January 1, 2000, the plan was converted to a cash balance plan with grandfathering provisions for existing participants.

In addition to the pension plan, the Company also provides supplemental employee retirement plans to certain current and former executives. These supplemental employee retirement plans and the defined benefit pension plan are collectively referred to herein as "Pension Benefits."

Also, the Company provides certain health care benefits for retired employees. Benefits are accrued over the employees' active service period. Only employees that were employed by NBT Bank on or before January 1, 2000 are eligible to receive postretirement health care benefits. The plan is contributory for participating retirees, requiring participants to absorb certain deductibles and coinsurance amounts with contributions adjusted annually to reflect cost sharing provisions and benefit limitations called for in the plan. Eligibility is contingent upon the direct transition from active employment status to retirement without any break in employment from NBT. Employees also must be participants in the Company's medical plan prior to their retirement. The Company funds the cost of postretirement health care as benefits are paid. The Company elected to recognize the transition obligation on a delayed basis over twenty years. These postretirement benefits are referred to herein as "Other Benefits."

The Components of pension expense and postretirement expense are set forth below (in thousands):

	Three more	Benefits onths ended ch 31,		Other B Three mon March	nths	ended
Components of net periodic benefit cost:	2008		2007	2008		2007
Service Cost	\$ 573	\$	526	\$ 6	\$	6
Interest Cost	804		740	60		54
Expected return on plan assets	(1,502)		(1,343)	-		-
Net amortization	96		105	(6)		(15)
Total	\$ (29)	\$	28	\$ 60	\$	45

The Company is not required to make contributions to the Plan in 2008. The Company recorded approximately \$54,000, net of tax, as amortization of pension amounts previously recognized in Accumulated Other Comprehensive Income during the three months ended March 31, 2008.

Note 8.

Trust Preferred Debentures

CNBF Capital Trust I is a Delaware statutory business trust formed in 1999, for the purpose of issuing \$18 million in trust preferred securities and lending the proceeds to the Company. NBT Statutory Trust I is a Delaware statutory business trust formed in 2005, for the purpose of issuing \$5 million in trust preferred securities and lending the proceeds to the Company. NBT Statutory Trust II is a Delaware statutory business trust formed in 2006, for the purpose of issuing \$50 million in trust preferred securities and lending the provide funding for the acquisition of CNB Bancorp, Inc. These three statutory business trusts are collectively referred herein as "the Trusts." The Company guarantees, on a limited basis, payments of distributions on the trust preferred securities

and payments on redemption of the trust preferred securities. The Trusts are variable interest entities ("VIEs") for which the Company is not the primary beneficiary, as defined in Financial Accounting Standards Board Interpretation ("FIN") No. 46 "Consolidation of Variable Interest Entities, an Interpretation of Accounting Research Bulletin No. 51 (Revised December 2003) (FIN 46R)." In accordance with FIN 46R, which was implemented in the first quarter of 2004, the accounts of the Trusts are not included in the Company's consolidated financial statements.

		Trust Preferred Securities		Pr	Trust eferred bt Owed	Final Maturity
Description	Issuance Date	Outstanding	Interest Rate	Т	o Trust	date
CNBF Capital Trust I	August 1999	18,000	3-month LIBOR plus 2.75%	\$	18,720	August 2029
NBT Statutory Trust I	November 2005	5,000	6.30% Fixed *		5,155	December 2035
NBT Statutory Trust II	February 2006	50,000	6.195% Fixed *		51,547	March 2036

As of March 31, 2008, the Trusts had the following issues of trust preferred debentures, all held by the Trusts, outstanding (dollars in thousands):

* Fixed for 5 years, converts to floating at 3-month LIBOR plus 140 basis points ("bp").

The Company owns all of the common stock of the three business trusts, which have issued trust preferred securities in conjunction with the Company issuing trust preferred debentures to the Trusts. The terms of the trust preferred debentures are substantially the same as the terms of the trust preferred securities. In February 2005, the Federal Reserve Board issued a final rule that allows the continued inclusion of trust preferred securities in the Tier 1 capital of bank holding companies. The Board's final rule limits the aggregate amount of restricted core capital elements (which includes trust preferred securities, among other things) that may be included in the Tier 1 capital of most bank holding companies to 25% of all core capital elements, including restricted core capital elements, net of goodwill less any associated deferred tax liability. Large, internationally active bank holding companies (as defined) are subject to a 15% limitation. Amounts of restricted core capital elements in excess of these limits generally may be included in Tier 2 capital. The final rule provides a five-year transition period, ending March 31, 2009, for application of the quantitative limits. The Company does not expect that the quantitative limits will preclude it from including the trust preferred securities in Tier 1 capital. However, the trust preferred securities could be redeemed without penalty if they were no longer permitted to be included in Tier 1 capital.

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Note 9.

Fair Value Measurements and Fair Value of Financial Instruments

The Company adopted SFAS No. 157, "Fair Value Measurements", effective January 1, 2008. SFAS No. 157 clarifies that fair value is an exit price, representing the amount that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants. Under SFAS No. 157, fair value measurements are not adjusted for transaction costs. SFAS No. 157 establishes a fair value hierarchy that prioritizes the inputs to valuation techniques used to measure fair value. The hierarchy gives the highest priority to unadjusted quoted prices in active markets for identical assets or liabilities (level 1 measurements) and the lowest priority to unobservable inputs (level 3 measurements). The three levels of the fair value hierarchy under SFAS No. 157 are described below:

Basis of Fair Value Measurement:

Level 1 - Unadjusted quoted prices in active markets that are accessible at the measurement date for identical, unrestricted assets or liabilities;

Level 2 - Quoted prices for similar assets or liabilities in active markets, quoted prices in markets that are not active, or inputs that are observable, either directly or indirectly, for substantially the full term of the asset or liability;

Level 3 - Prices or valuation techniques that require inputs that are both significant to the fair value measurement and unobservable (i.e., supported by little or no market activity).

A financial instrument's level within the fair value hierarchy is based on the lowest level of input that is significant to the fair value measurement.

The types of instruments valued based on quoted market prices in active markets include most U.S. government and agency securities, many other sovereign government obligations, liquid mortgage products, active listed equities and most money market securities. Such instruments are generally classified within level 1 or level 2 of the fair value hierarchy. As required by SFAS No. 157, the Company does not adjust the quoted price for such instruments.

The types of instruments valued based on quoted prices in markets that are not active, broker or dealer quotations, or alternative pricing sources with reasonable levels of price transparency include most investment-grade and high-yield corporate bonds, less liquid mortgage products, less liquid agency securities, less liquid listed equities, state, municipal and provincial obligations, and certain physical commodities. Such instruments are generally classified within level 2 of the fair value hierarchy.

Level 3 is for positions that are not traded in active markets or are subject to transfer restrictions, valuations are adjusted to reflect illiquidity and/or non-transferability, and such adjustments are generally based on available market evidence. In the absence of such evidence, management's best estimate will be used. Management's best estimate consists of both internal and external support on certain Level 3 investments. Subsequent to inception, management only changes level 3 inputs and assumptions when corroborated by evidence such as transactions in similar instruments, completed or pending third-party transactions in the underlying investment or comparable entities, subsequent rounds of financing, recapitalizations and other transactions across the capital structure, offerings in the equity or debt markets, and changes in financial ratios or cash flows. Currently, the Company has no assets or liabilities classified as Level 3.

In accordance with FASB Staff Position No. 157-2, "Effective Date of FASB Statement No. 157", we have delayed the application of SFAS No. 157 for nonfinancial assets, such as goodwill and real property held for sale, and nonfinancial liabilities until January 1, 2009.

The following table sets forth the Company's financial assets and liabilities that were accounted for at fair value. Assets and liabilities are classified in their entirety based on the lowest level of input that is significant to the fair value measurement (in thousands):

	Quoted H Active M for Ide Ass (Leve	Markets ntical ets	Obs	nificant Other ervable Inputs (Level 2)	τ	Significant Jnobservable Inputs (Level 3)		nce as of 31, 2008
Assets:								
Securities Available for								
Sale	\$	10,565	\$	1,117,142	\$		-	\$ 1,127,707
Total	\$	10,565	\$	1,117,142	\$		-	\$ 1,127,707

Fair values for securities are based on quoted market prices or dealer quotes, where available. Where quoted market prices are not available, fair values are based on quoted market prices of comparable instruments. When necessary, the Company utilizes matrix pricing from a third party pricing vendor to determine fair value pricing. Matrix prices are based on quoted prices for securities with similar coupons, ratings, and maturities, rather than on specific bids and offers for the designated security.

SFAS No. 157 requires disclosure of assets and liabilities measured and recorded at fair value on a nonrecurring basis. In accordance with the provisions of Statement 114, the Company had impaired loans with a carrying value of approximately \$4.1 million that were written down to their fair value of approximately \$2.6 million, resulting in an impairment charge of approximately \$1.5 million, which was included in earnings during the three month period ended March 31, 2008. The Company uses the present value of expected future cash flows, the fair value of collateral less the cost to sell, or the loan's observable market price to quantify the allowance for impaired loans. Based on these valuation techniques, impaired loans are classified as Level 3.

Simultaneously with the adoption of SFAS No. 157, the Company adopted SFAS No. 159, "The Fair Value Option for Financial Assets and Financial Liabilities", effective January 1, 2008. SFAS No. 159 gives entities the option to measure eligible financial assets, financial liabilities and Company commitments at fair value (i.e., the fair value option), on an instrument-by-instrument basis, that are otherwise not permitted to be accounted for at fair value under other accounting standards. The election to use the fair value option is available when an entity first recognizes a financial asset or financial liability or upon entering into a Company commitment. Subsequent changes in fair value must be recorded in earnings. Additionally, SFAS No. 159 allows for a one-time election for existing positions upon adoption, with the transition adjustment recorded to beginning retained earnings. SFAS No. 159 also establishes presentation and disclosure requirements designed to facilitate comparisons between entities that choose different measurement attributes for similar types of assets and liabilities. SFAS No. 159 does not affect any existing accounting literature that requires certain assets and liabilities to be carried at fair value and does not eliminate disclosure requirements included in other accounting standards. As of March 31, 2008, the Company has not elected the fair value option for any eligible items.

NBT BANCORP INC. and Subsidiaries Item 2 -- MANAGEMENT'S DISCUSSION AND ANALYSIS OF FINANCIAL CONDITION AND RESULTS OF OPERATIONS

The purpose of this discussion and analysis is to provide the reader with a concise description of the financial condition and results of operations of NBT Bancorp Inc. (Bancorp) and its wholly owned subsidiaries, NBT Bank, N.A. (the Bank), NBT Financial Services, Inc. (NBT Financial), Hathaway Agency, Inc., CNBF Capital Trust I, NBT Statutory Trust I and NBT Statutory Trust II (collectively referred to herein as the Company). This discussion will focus on Results of Operations, Financial Position, Capital Resources and Asset/Liability Management. Reference should be made to the Company's consolidated financial statements and footnotes thereto included in this Form 10-Q as well as to the Company's 2007 Form 10-K for an understanding of the following discussion and analysis.

FORWARD LOOKING STATEMENTS

Certain statements in this filing and future filings by the Company with the Securities and Exchange Commission, in the Company's press releases or other public or shareholder communications, contain forward-looking statements, as defined in the Private Securities Litigation Reform Act. These statements may be identified by the use of phrases such as "anticipate," "believe," "expect," "forecasts," "projects," or other similar terms. There are a number of factors, many which are beyond the Company's control that could cause actual results to differ materially from those contemplated by the forward looking statements. Factors that may cause actual results to differ materially from those contemplated by such forward-looking statements include, among others, the following: (1) competitive pressures among depository and other financial institutions may increase significantly; (2) revenues may be lower than expected; (3) changes in the interest rate environment may affect interest margins; (4) general economic conditions, either nationally or regionally, may be less favorable than expected, resulting in, among other things, a deterioration in credit quality and/or a reduced demand for credit; (5) legislative or regulatory changes, including changes in accounting standards or tax laws, may adversely affect the businesses in which the Company is engaged; (6) competitors may have greater financial resources and develop products that enable such competitors to compete more successfully than the Company; (7) adverse changes may occur in the securities markets or with respect to inflation; (8) acts of war or terrorism; (9) the costs and effects of litigation and of unexpected or adverse outcomes in such litigation; (10) internal control failures; and (11) the Company's success in managing the risks involved in the foregoing.

The Company cautions readers not to place undue reliance on any forward-looking statements, which speak only as of the date made, and advises readers that various factors, including those described above and other factors discussed in the Company's annual and quarterly reports previously filed with the Securities and Exchange Commission, could affect the Company's financial performance and could cause the Company's actual results or circumstances for future periods to differ materially from those anticipated or projected.

Unless required by law, the Company does not undertake, and specifically disclaims any obligations to publicly release any revisions to any forward-looking statements to reflect the occurrence of anticipated or unanticipated events or circumstances after the date of such statements.

Critical Accounting Policies

Management of the Company considers the accounting policy relating to the allowance for loan and lease losses to be a critical accounting policy given the uncertainty in evaluating the level of the allowance required to cover credit losses inherent in the loan and lease portfolio and the material effect that such judgments can have on the results of operations. While management's current evaluation of the allowance for loan and lease losses indicates that the allowance is adequate, under adversely different conditions or assumptions, the allowance would need to be increased. For example, if historical loan and lease loss experience significantly worsened or if current economic conditions significantly deteriorated, additional provisions for loan and lease losses would be required to increase the allowance. In addition, the assumptions and estimates used in the internal reviews of the Company's nonperforming loans and potential problem loans has a significant impact on the overall analysis of the adequacy of the allowance for loan and lease losses. While management has concluded that the current evaluation of collateral values is reasonable under the circumstances, if collateral evaluations were significantly lowered, the Company's allowance for loan and lease policy would also require additional provisions for loan and lease losses.

Management of the Company considers the accounting policy relating to pension accounting to be a critical accounting policy. Management is required to make various assumptions in valuing its pension assets and liabilities. These assumptions include the expected rate of return on plan assets, the discount rate, and the rate of increase in future compensation levels. Changes to these assumptions could impact earnings in future periods. The Company takes into account the plan asset mix, funding obligations, and expert opinions in determining the various rates used to estimate pension expense. The Company also considers the Moody's AA and AAA corporate bond yields and other market interest rates in setting the appropriate discount rate. In addition, the Company reviews expected inflationary and merit increases to compensation in determining the rate of increase in future compensation levels.

Overview

The Company earned net income of \$13.7 million (\$0.43 diluted earnings per share) for the three months ended March 31, 2008 compared to net income of \$14.1 million (\$0.41 diluted earnings per share) for the three months ended March 31, 2007. The decrease in net income from 2007 to 2008 was primarily the result of an increase in the provision for loan and lease losses totaling \$4.4 million, as well as an increase in noninterest expense of \$3.2 million. The increase in the provision for loan and lease losses for the three months ended March 31, 2008 as compared to the three months ended March 31, 2007 was due primarily to an increase in net charge-offs in large part due to one large commercial loan. The increase in noninterest expense for the three months ended March 31, 2008 as compared to the three months ended March 31, 2007 was due primarily to increases in salaries and employee benefits, occupancy expense, and professional fees and outside services. These increases in the provision for loan and lease losses and noninterest expense were partially offset by increases in net interest income and noninterest income. Net interest income increased \$3.4 million, or 8.5%, for the three months ended March 31, 2008 as compared to March 31, 2007. This increase was due primarily to a 49 bp decrease in the rate paid on interest bearing liabilities. In addition, the Company also experienced a 1.7% growth in average earning assets, which partially offset the 22 bp decrease in the yield on interest earning assets from the three months ending March 31, 2007 to the three months ending March 31, 2008. Noninterest income increased \$3.4 million, or 26.8%, for the three months ended March 31, 2008 as compared to the three months ended March 31, 2007. The increase in noninterest income resulted primarily from increases in service charges on deposit accounts, ATM and debit card fees, and other noninterest income.

Table 1 depicts several annualized measurements of performance using GAAP net income. Returns on average assets and equity measure how effectively an entity utilizes its total resources and capital, respectively. Net interest margin, which is the net federal taxable equivalent (FTE) interest income divided by average earning assets, is a measure of an entity's ability to utilize its earning assets in relation to the cost of funding. Interest income for tax-exempt securities and loans is adjusted to a taxable equivalent basis using the statutory Federal income tax rate of 35%.

Table 1 - Performance Measures

	First
2008	Quarter
Return on average	
assets (ROAA)	1.07%
Return on average	
equity (ROAE)	13.68%
Net Interest Margin	3.84%
2007	
Return on average	
assets (ROAA)	1.13%
Return on average	
equity (ROAE)	14.06%
Net Interest Margin	3.63%

Net Interest Income

Net interest income is the difference between interest income on earning assets, primarily loans and securities, and interest expense on interest-bearing liabilities, primarily deposits and borrowings. Net interest income is affected by the interest rate spread, the difference between the yield on earning assets and cost of interest-bearing liabilities, as well as the volumes of such assets and liabilities. Net interest income is one of the major determining factors in a financial institution's performance as it is the principal source of earnings. Table 2 represents an analysis of net interest income on a federal taxable equivalent basis.

FTE net interest income increased \$3.6 million, or 8.5%, during the three months ended March 31, 2008, compared to the same period of 2007. The increase in FTE net interest income resulted primarily from a decrease in the yield on interest bearing liabilities of 49 bp. The Company's interest rate spread increased 27 bp during the three months ended March 31, 2008 compared to the same period in 2007. The yield on earning assets for the period decreased 22 bp, to 6.41% for the three months ended March 31, 2008 from 6.63% for the same period in 2007. This decrease was partially offset by an increase in average interest earning assets, which increased \$78.5 million, or 1.7%, for the three months ended March 31, 2008 when compared to the same period in 2007, principally from growth in average loans and leases. Meanwhile, the rate paid on interest-bearing liabilities decreased 49 bp, to 3.05% for the three months ended March 31, 2008, total interest income decreased \$0.7 million, or 0.9%.

For the quarter ended March 31, 2008, total interest expense decreased \$4.2 million, or 12.2%, primarily the result of the 300 bp decrease in the Federal Funds target rate since March 31, 2007, which impacts the Company's short-term borrowing, money market account and time deposit rates. Additionally, average interest-bearing liabilities increased \$44.3 million, or 1.1%, for the three months ended March 31, 2008 when compared to the same period in 2007, principally from growth in short-term borrowings and long-term debt. Total average interest-bearing deposits decreased \$12.2 million, or 0.4%, for the three months ended March 31, 2008 when compared to the same period in 2007. The rate paid on average interest-bearing deposits decreased 43 bp from 3.25% for the three months ended March 31, 2007 to 2.82% for the same period in 2008. For the quarter ended March 31, 2008, the Company experienced a shift in its deposit mix from savings and time deposits to higher yielding money market deposit accounts. Savings and time deposit accounts collectively decreased approximately \$85.8 million, or 4.0%, and money market accounts increased approximately \$67.1 million, or 10.4%. NOW accounts remained relatively steady at

\$447.9 million at March 31, 2008, as compared to \$441.2 for the same period in 2007.

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Total average borrowings, including trust preferred debentures, increased \$56.5 million, or 7.6%, for the three months ended March 31, 2008 compared with the same period in 2007. Average short-term borrowings increased by \$38.2 million, or 14.4%, from \$265.3 million for the three months ended March 31, 2007 to \$303.5 million for the three months ended March 31, 2008. Interest expense from short-term borrowings decreased \$0.8 million, or 24.3%. The rate paid on short-term borrowings decreased from 4.73% for the three months ended March 31, 2007 to 3.10% for the same period in 2008. Average long-term debt increased \$18.3 million, or 4.5%, for the three months ended March 31, 2008, compared with the same period in 2007. The rate paid on long-term debt decreased to 4.07% for the three months ended March 31, 2008, compared with 4.47% for the same period in 2007. As a result, interest paid on long-term debt decreased \$0.2 million, or 4.1%, for the three months ended March 31, 2008 as compared to the same period in 2007.

Another important performance measurement of net interest income is the net interest margin. While the interest rate spread increased 27 bp from March 31, 2007 to March 31, 2008, the net interest margin increased by 21 bp to 3.84% for the three months ended March 31, 2008, compared with 3.63% for the same period in 2007. The Company thus far has mitigated some of the margin pressure by growing noninterest bearing demand deposit accounts. Average demand deposits increased \$42.5 million or 6.9% for the three months ended March 31, 2008, compared to the same period in 2007.

Table 2

Average Balances and Net Interest Income

The following tables include the condensed consolidated average balance sheet, an analysis of interest income/expense and average yield/rate for each major category of earning assets and interest bearing liabilities on a taxable equivalent basis. Interest income for tax-exempt securities and loans has been adjusted to a taxable-equivalent basis using the statutory Federal income tax rate of 35%.

Three months ended March 31,	2008		X7: 11/	X7: 11/ A			\$7. 11/	
(dollars in thousands)	Average Balance	T.	nterest	Yield/ Rates	Average Balance	1	Interest	Yield/ Rates
(dollars in thousands) ASSETS	Datatice	11	nterest	Kales	Dalalice	_	Interest	Kates
Short-term interest bearing								
accounts	\$ 8,400	\$	79	3.78%	\$ 9,255	\$	110	4.83%
Securities available for sale (2)	1,120,257	Ŷ	14,419	5.18%	1,123,414	Ψ	14,057	5.07%
Securities held to maturity (2)	152,860		2,285	6.01%	140,856		2,173	6.26%
Investment in FRB and FHLB	,		,		,		,	
Banks	37,509		697	7.47%	34,804		630	7.34%
Loans and leases (1)	3,466,360		58,830	6.83%	3,398,590		60,001	7.16%
Total interest earning assets	4,785,386		76,310	6.41%	4,706,919		76,971	6.63%
Other assets	378,958				361,572			
Total assets	\$ 5,164,344				\$ 5,068,491			
LIABILITIES AND								
STOCKHOLDERS' EQUITY								
Money market deposit accounts	\$ 709,962		4,178	2.37%	\$ 642,907		5,466	3.45%
NOW deposit accounts	447,852		995	0.89%	441,230		945	0.87%
Savings deposits	461,307		762	0.66%	492,044		1,120	0.92%
Time deposits	1,613,878		16,763	4.18%	1,668,971		18,453	4.48%
Total interest bearing deposits	3,232,999		22,698	2.82%	3,245,152		25,984	3.25%
Short-term borrowings	303,576		2,340	3.10%	265,347		3,092	4.73%
Trust preferred debentures	75,422		1,247	6.65%	75,422		1,268	6.82%
Long-term debt	424,872		4,302	4.07%	406,603		4,486	4.47%
Total interest bearing liabilities	4,036,869		30,587	3.05%	3,992,524		34,830	3.54%
Demand deposits	659,417				616,938			
Other liabilities	64,893				51,510			
Stockholders' equity	403,165				407,519			
Total liabilities and								
stockholders' equity	\$ 5,164,344				\$ 5,068,491			
Net interest income (FTE basis)		\$	45,723			\$	42,141	
Interest rate spread				3.36%				3.09%
Net interest margin				3.84%				3.63%
Taxable equivalent adjustment		\$	1,658			\$	1,512	
Net interest income		\$	44,065			\$	40,629	

(1)

Securities are shown at average amortized cost.

(2) For purposes of these computations, nonaccrual loans are included in the average loan balances outstanding.

The following table presents changes in interest income and interest expense attributable to changes in volume (change in average balance multiplied by prior year rate), changes in rate (change in rate multiplied by prior year volume), and the net change in net interest income. The net change attributable to the combined impact of volume and rate has been allocated to each in proportion to the absolute dollar amounts of change.

Analysis of Changes in Taxable Equivalent Net Interest Income

Three months ended March 31,

Three months ended March 31,								
			Increase (Decrease)					
<i>/</i> / · · · · · · · · · · · · · · · · · ·			2008 over 2007					
(in thousands)	V	olume		Rate	Total			
Short-term								
interest bearing								
accounts	\$	(9)	\$	(22)	\$	(31)		
Securities	Ψ	()	Ψ	()	Ψ	(31)		
available for sale		(59)		421		362		
Securities held		(0,2,)						
to maturity		207		(95)		112		
Investment in				. ,				
FRB and FHLB								
Banks		54		13		67		
Loans and leases		874		(2,045)		(1, 171)		
Total interest								
income		1,067		(1,728)		(661)		
Money market								
deposit accounts		642		(1,930)		(1,288)		
NOW deposit								
accounts		17		33		50		
Savings deposits		(65)		(293)		(358)		
Time deposits		(550)		(1, 140)		(1,690)		
Short-term								
borrowings		542		(1,294)		(752)		
Trust preferred								
debentures		-		(21)		(21)		
Long-term debt		184		(368)		(184)		
Total interest								
expense		769		(5,012)		(4,243)		
~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~ ~								
Change in FTE								
net interest	¢	••••	.	0.001	.			
income	\$	298	\$	3,284	\$	3,582		

Noninterest Income

Noninterest income is a significant source of revenue for the Company and an important factor in the Company's results of operations. The following table sets forth information by category of noninterest income for the years indicated:

Three months ended March 31,					
	2008		2007		
\$	1,774	\$	1,437		
	6,525		4,469		
	2,097		1,896		
	1,107		1,083		
	15		(5)		
	452		434		
	1,708		1,592		
	2,417		1,784		
\$	16,095	\$	12,690		
	\$	2008 \$ 1,774 6,525 2,097 1,107 15 452 1,708 2,417	2008 \$ 1,774 \$ 6,525 2,097 1,107 15 452 1,708 2,417		

Noninterest income for the three months ended March 31, 2008 was \$16.1 million, up \$3.4 million or 26.8% from \$12.7 million for the same period in 2007. The increase in noninterest income was due primarily to an increase in fees from service charges on deposit accounts and ATM and debit cards, which collectively increased \$2.3 million, or 35.5%, as the Company focused on enhancing fee income through various initiatives. In addition, trust administration income increased \$0.3 million, or 23.5%, for the three month period ended March 31, 2008, compared with the same period in 2007. This increase stems primarily from an increase in customer accounts resulting from successful business development. Other noninterest income increased \$0.6 million, or 35.5%, for the three month period ended March 31, 2008, compared with the same period in 2007. This increase stems primarily from a successful business development. Other noninterest income increased \$0.6 million, or 35.5%, for the three month period ended March 31, 2008, compared with the same period in 2007. This increase was due primarily to a one-time \$0.4 million gain from the mandatory redemption of Visa, Inc. common stock associated with their initial public offering. Net securities gains and losses for the three month periods ended March 31, 2008 and 2007 were nominal and had no significant effect on noninterest income.

Noninterest Expense

Noninterest expenses are also an important factor in the Company's results of operations. The following table sets forth the major components of noninterest expense for the periods indicated:

	Three months ended March 31,					
		2008	2007			
(in thousands)						
Salaries and employee benefits	\$	16,770	\$	15,964		
Occupancy		3,610		3,169		
Equipment		1,825		1,933		
Data processing and communications		3,170		2,877		
Professional fees and outside services		3,099		1,658		
Office supplies and postage		1,339		1,296		
Amortization of intangible assets		391		409		
Loan collection and other real estate owned		567		377		
Other		3,263		3,189		
Total noninterest expense	\$	34,034	\$	30,872		

Noninterest expense for the three months ended March 31, 2008 was \$34.0 million, up from \$30.9 million, or 10.2%, for the same period in 2007. Office expenses, such as supplies and postage, occupancy, equipment and data processing and communications charges were \$9.9 million for the three months ended March 31, 2008, up \$0.6 million, or 7.2%, from \$9.3 million for the three months ended March 31, 2007. This increase was due primarily to increased expenses related to branch openings. Salaries and employee benefits increased \$0.8 million, or 5.0%, for the three months ended March 31, 2007 as the Company experienced a slight increase in the number of full-time equivalent employees. Professional fees and outside services increased \$1.4 million, or 86.9%, for the three month period ended March 31, 2008, compared with the same period in 2007, due primarily to fees and costs related to the aforementioned noninterest income initiatives.

Income Taxes

Income tax expense for the three month period ended March 31, 2008 was \$5.9 million, down 4.6% from \$6.2 million for the same period in 2007. The effective rates were 30.2% and 30.6% for the three month periods ended March 31, 2008 and 2007, respectively. The decrease in the effective tax rate for the three months ended March 31, 2008, versus the same period in 2007, resulted primarily from an increase in interest earned on tax exempt securities in the first quarter of 2008.

ANALYSIS OF FINANCIAL CONDITION

Loans and Leases

A summary of loans and leases, net of deferred fees and origination costs, by category for the periods indicated follows:

	March 31,		December 31,		March 31,
(In thousands)		2008		2007	2007
Residential real estate mortgages	\$	731,336	\$	719,182	\$ 738,336
Commercial		624,904		621,820	637,828
Commercial real estate mortgages		601,042		593,077	592,605
Real estate construction and development		77,594		81,350	82,040
Agricultural and agricultural real estate mortgages		111,204		116,190	119,399
Consumer		691,122		655,375	598,758
Home equity		580,096		582,731	541,352
Lease financing		88,155		86,126	85,158
Total loans and leases	\$	3,505,453	\$	3,455,851	\$ 3,395,476

Total loans and leases were \$3.5 billion, or 67.0% of assets, at March 31, 2008, \$3.5 billion, or 66.4% of assets at December 31, 2007, and \$3.4 billion, or 66.6%, at March 31, 2007. Total loans and leases increased by \$49.6 million or 1.4% from December 31, 2007, and \$110.0 million or 3.2% from March 31, 2007. These increases were due primarily to increases in consumer loans, most notably indirect installment loans. Consumer loans increased \$35.7 million from December 31, 2007 and \$92.4 million from March 31, 2007. In addition, home equity loans increased \$38.7 million from March 31, 2008.

Securities

The Company classifies its securities at date of purchase as available for sale, held to maturity or trading. Held to maturity debt securities are those that the Company has the ability and intent to hold until maturity. Available for sale securities are recorded at fair value. Unrealized holding gains and losses, net of the related tax effect, on available for sale securities are excluded from earnings and are reported in stockholders' equity as a component of accumulated other comprehensive income or loss. Held to maturity securities are recorded at fair value, with net unrealized gains and losses recognized currently in income. Transfers of securities between categories are recorded at fair value at the date of transfer. A decline in the fair value of any available for sale or held to maturity security below cost that is deemed other-than-temporary is charged to earnings resulting in the establishment of a new cost basis for the security. Securities with an other-than-temporary impairment are generally placed on nonaccrual status.

Average total earning securities increased \$8.8 million, or 0.7%, for the three months ended March 31, 2008 when compared to the same period in 2007. The average balance of securities available for sale decreased \$3.2 million, or 0.3%, for the three months ended March 31, 2008 when compared to the same period in 2007. The average balance of securities held to maturity increased \$12.0 million, or 8.5%, for the three months ended March 31, 2008, compared to the same period in 2007. The average total securities portfolio represents 26.6% of total average earning assets for the three months ended March 31, 2008, down from 26.9% for the same period in 2007.

The following details the composition of securities available for sale, securities held to maturity and regulatory investments for the periods indicated:

	At March 31,		
	2008	2007	
Mortgage-backed			
securities:			
With maturities 15 years			
or less	27%	26%	
With maturities greater			
than 15 years	7%	4%	
Collateral mortgage			
obligations	29%	19%	
Municipal securities	10%	19%	
US agency notes	22%	28%	
Other	5%	4%	
Total	100%	100%	

Allowance for Loan and Lease Losses, Provision for Loan and Lease Losses, and Nonperforming Assets

The allowance for loan and lease losses is maintained at a level estimated by management to provide adequately for risk of probable losses inherent in the current loan and lease portfolio. The adequacy of the allowance for loan and lease losses is continuously monitored. It is assessed for adequacy using a methodology designed to ensure the level of the allowance reasonably reflects the loan portfolio's risk profile. It is evaluated to ensure that it is sufficient to absorb all reasonably estimable credit losses inherent in the current loan and lease portfolio.

Management considers the accounting policy relating to the allowance for loan and lease losses to be a critical accounting policy given the inherent uncertainty in evaluating the levels of the allowance required to cover credit losses in the portfolio and the material effect that such judgments can have on the consolidated results of operations.

For purposes of evaluating the adequacy of the allowance, the Company considers a number of significant factors that affect the collectibility of the portfolio. For individually analyzed loans, these include estimates of loss exposure, which reflect the facts and circumstances that affect the likelihood of repayment of such loans as of the evaluation date. For homogeneous pools of loans and leases, estimates of the Company's exposure to credit loss reflect a thorough current assessment of a number of factors, which could affect collectibility. These factors include: past loss experience; the size, trend, composition, and nature of the loans and leases; changes in lending policies and procedures, including underwriting standards and collection, charge-off and recovery practices; trends experienced in nonperforming and delinquent loans and leases; current economic conditions in the Company's market; portfolio concentrations that may affect loss experienced across one or more components of the portfolio; the effect of external factors such as competition, legal and regulatory requirements; and the experience, ability, and depth of lending management and staff. In addition, various regulatory agencies, as an integral component of their examination process, periodically review the Company's allowance for loan and lease losses. Such agencies may require the Company to recognize additions to the allowance based on their judgment about information available to them at the time of their examination, which may not be currently available to management.

After a thorough consideration and validation of the factors discussed above, required additions to the allowance for loan and lease losses are made periodically by charges to the provision for loan and lease losses. These charges are necessary to maintain the allowance at a level which management believes is reasonably reflective of overall inherent risk of probable loss in the portfolio. While management uses available information to recognize losses on loans and

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leases, additions to the allowance may fluctuate from one reporting period to another. These fluctuations are reflective of changes in risk associated with portfolio content and/or changes in management's assessment of any or all of the determining factors discussed above. The allowance for loan and lease losses to outstanding loans and leases at March 31, 2008 was 1.61% compared with 1.57% at December 31, 2007, and 1.49% at March 31, 2007. Management considers the allowance for loan losses to be adequate based on evaluation and analysis of the loan portfolio.

Table 4 reflects changes to the allowance for loan and lease losses for the periods presented. The allowance is increased by provisions for losses charged to operations and is reduced by net charge-offs. Charge-offs are made when the ability to collect loan principal within a reasonable time is unlikely. Any recoveries of previously charged-off loans are credited directly to the allowance for loan and lease losses.

Table 4

Allowance For Loan and Lease Losses

	Three months ended March 31,					
(dollars in thousands)		2008			2007	
Balance, beginning of						
period	\$	54,183		\$	50,587	
Recoveries		1,077			1,444	
Chargeoffs		(5,238)			(3,573)	
Net chargeoffs		(4,161)			(2,129)	
Provision for loan						
losses		6,478			2,096	
Balance, end of period	\$	56,500		\$	50,554	
Composition of Net						
Chargeoffs						
Commercial and						
agricultural	\$	(2,451)	59%	\$	(701)	33%
Real estate mortgage		(118)	3%		(307)	14%
Consumer		(1,592)	38%		(1,121)	53%
Net chargeoffs	\$	(4,161)	100%	\$	(2,129)	100%
Annualized net						
chargeoffs to average						
loans and leases		0.48%			0.25%	

Nonperforming assets consist of nonaccrual loans, loans 90 days or more past due and still accruing, restructured loans, OREO, and nonperforming securities. Loans are generally placed on nonaccrual when principal or interest payments become ninety days past due, unless the loan is well secured and in the process of collection. Loans may also be placed on nonaccrual when circumstances indicate that the borrower may be unable to meet the contractual principal or interest payments. OREO represents property acquired through foreclosure and is valued at the lower of the carrying amount or fair market value, less any estimated disposal costs. Nonperforming securities include securities which management believes are other-than-temporarily impaired, carried at their estimated fair value and are not accruing interest.

Table 5 Nonperforming Assets

(Dollars in thousands) Nonaccrual loans	March 31, 2008	December 31, 2007	March 31, 2007	
Commercial and agricultural loans and real estate	\$ 21,932	\$ 20,491	\$ 12,082	
Real estate mortgages	1,681	1,372	2,290	
Consumer	2,864	2,934	1,922	
Troubled debt restructured loans	3,387	4,900	-	
Total nonaccrual loans	29,864	29,697	16,294	
Loans 90 days or more past due and still accruing				
Commercial and agricultural loans and real estate	-	51	-	
Real estate mortgages	71	295	46	
Consumer	472	536	1,023	
Total loans 90 days or more past due and still accruing	543	882	1,069	
Total nonperforming loans	30,407	30,579	17,363	
Other real estate owned (OREO)	480	560	632	
Total nonperforming assets	30,887	31,139	17,995	
Total nonperforming loans to total loans and leases	0.879	6 0.88%	6 0.51%	
Total nonperforming assets to total assets	0.59%	% 0.60%	6 0.35%	
Total allowance for loan and lease losses to nonperforming loans	185.819	% 177.19%	6 291.16%	

Total nonperforming assets were \$30.9 million at March 31, 2008, \$31.1 million at December 31, 2007, and \$18.0 million at March 31, 2007. Nonaccrual loans were \$29.9 million at March 31, 2008, as compared to \$29.7 million at December 31, 2007 and \$16.3 million at March 31, 2007. The increase in nonperforming assets from March 31, 2007 to March 31, 2008 is primarily due to one owner-occupied commercial real estate relationship, as well as several agricultural loans that became nonaccrual during the second quarter of 2007.

In addition to the nonperforming loans discussed above, the Company has also identified approximately \$58.5 million in potential problem loans at March 31, 2008 as compared to \$73.3 million at December 31, 2007 and \$70.9 million at March 31, 2007. Potential problem loans are loans that are currently performing, but where known information about possible credit problems of the borrowers causes management to have serious doubts as to the ability of such borrowers to comply with the present loan repayment terms and which may result in disclosure of such loans as nonperforming at some time in the future. At the Company, potential problem loans are typically loans that are performing but are classified by the Company's loan rating system as "substandard." At March 31, 2008, potential problem loans primarily consisted of commercial real estate and commercial and agricultural loans. Management cannot predict the extent to which economic conditions may worsen or other factors which may impact borrowers and the potential problem loans. Accordingly, there can be no assurance that other loans will not become 90 days or more past due, be placed on nonaccrual, become restructured, or require increased allowance coverage and provision for loan losses.

Net chargeoffs totaled \$4.2 million for the three months ended March 31, 2008, up \$2.1 million from the \$2.1 million charged off during the same period in 2007. The provision for loan and lease losses totaled \$6.5 million for the three months ended March 31, 2008, compared with the \$2.1 million provided during the same period in 2007 due primarily to an increase in net chargeoffs.

Deposits

Total deposits were \$3.9 billion at March 31, 2008, down \$17.9 million, or 0.5%, from year-end 2007, and down \$112.4 million, or 2.8%, from the same period in the prior year. The decrease in deposits compared with March 31, 2007, was driven by a decrease in time deposits of \$185.0 million, or 10.8%.

Total average deposits for the three months ended March 31, 2008 increased \$30.3 million, or 0.8%, from the same period in 2007. The Company experienced an increase in average money market accounts of \$67.1 million, or 10.4%, for the three months ended March 31, 2008 compared to the same period in 2007. This increase in average money market accounts was primarily due to a shift from savings accounts and time deposit accounts to higher yielding money market accounts. Average NOW accounts increased slightly, from \$441.2 million at March 31, 2007 as compared with \$447.9 million at March 31, 2008, an increase of 1.5%. Average savings accounts decreased \$30.7 million, or 6.2%, for the three month period ending March 31, 2008 as compared to the same period in 2007. This decrease was primarily due to a shift from savings accounts to higher yielding money market accounts. Average time deposits decreased \$55.1 million, or 3.3%, for the three months ended March 31, 2008 from the same period in 2007. This decrease was primarily due to a shift from time deposit accounts to higher yielding money market accounts. Average time deposit accounts increased \$42.5 million, or 6.9%, for the three months ended March 31, 2008 as compared to the same period in 2007. This was due primarily to an increasing customer base, as we expanded into new markets during 2007.

Borrowed Funds

The Company's borrowed funds consist of short-term borrowings and long-term debt. Short-term borrowings totaled \$400.0 million at March 31, 2008 compared to \$368.5 million and \$204.4 million at December 31, and March 31, 2007, respectively. Long-term debt was \$424.9 million at March 31, 2008, and was \$424.9 and \$392.8 million at December 31, and March 31, 2007, respectively. For more information about the Company's borrowing capacity and liquidity position, see the section with the title caption of "Liquidity Risk" on page 32 of this report.

Capital Resources

Stockholders' equity of \$405.9 million represents 7.8% of total assets at March 31, 2008, compared with \$397.3 million, or 7.6% as of December 31, 2007, and \$407.6 million, or 8.0% at March 31, 2007. Under previously disclosed stock repurchase plans, the Company purchased 272,840 shares of its common stock during the three month period ended March 31, 2008, for a total of \$5.9 million at an average price of \$21.77 per share. At March 31, 2008, there were 1,203,040 shares available for repurchase under previously announced plans.

In September 2006, the FASB ratified a consensus reached by the EITF on Issue No. 06-4, "Accounting for Deferred Compensation and Postretirement Benefit Aspects of Endorsement Split-Dollar Life Insurance Arrangements," which clarifies the accounting for the recognition of a liability and related compensation costs for endorsement split-dollar life insurance arrangements. The EITF concluded that for and endorsement split-dollar life insurance arrangement, an employer should recognize a liability for the actuarial present value of the future death benefit as of the employee's expected retirement date. The consensus became effective for fiscal years beginning after December 15, 2007. As a result the Company recorded a liability and a cumulative-effect adjustment to retained earnings of approximately \$1.5 million in the first quarter of 2008.

The Board of Directors considers the Company's earnings position and earnings potential when making dividend decisions. The Company does not have a target dividend pay out ratio.

As the capital ratios in Table 6 indicate, the Company remains "well capitalized." Capital measurements are significantly in excess of regulatory minimum guidelines and meet the requirements to be considered well capitalized for all periods presented. Tier 1 leverage, Tier 1 capital and Risk-based capital ratios have regulatory minimum guidelines of 3%, 4% and 8% respectively, with requirements to be considered well capitalized of 5%, 6% and 10%, respectively.

Table 6

Capital Measurements

	urch 31, 2008
Tier 1 leverage ratio	7.14%
Tier 1 capital ratio	9.71%
Total risk-based capital ratio	10.96%
Cash dividends as a percentage of	
net income	46.78%
Per common share:	
Book value	\$ 12.65
Tangible book value	\$ 9.13
	urch 31, 2007
Tier 1 leverage ratio	-
Tier 1 leverage ratio Tier 1 capital ratio	2007
0	2007 7.60%
Tier 1 capital ratio	2007 7.60% 10.53%
Tier 1 capital ratio Total risk-based capital ratio	2007 7.60% 10.53%
Tier 1 capital ratio Total risk-based capital ratio Cash dividends as a percentage of	2007 7.60% 10.53% 11.78%
Tier 1 capital ratio Total risk-based capital ratio Cash dividends as a percentage of net income	2007 7.60% 10.53% 11.78%

The accompanying Table 7 presents the high, low and closing sales price for the common stock as reported on the NASDAQ Stock Market, and cash dividends declared per share of common stock. The Company's price to book value ratio was 1.75 at March 31, 2008 and 1.95 in the comparable period of the prior year. The Company's price was 14.5 times trailing twelve months earnings at March 31, 2008, compared to 14.3 times for the same period last year.

Table 7

Quarterly Common Stock and Dividend Information

Quarter Endings 2007]	High]	Low	(Close	Div	Cash vidends clared
March 31	\$	25.81	\$	21.73	\$	23.43	\$	0.190
June 30		23.45		21.80		22.56		0.200
September 30		23.80		17.10		21.74		0.200
December 31		25.00		20.58		22.82		0.200
2008								
March 31	\$	23.65	\$	17.95	\$	22.20	\$	0.200

 α 1

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On April 28, 2008, NBT Bancorp Inc. announced the declaration of a regular quarterly cash dividend of \$0.20 per share. The cash dividend will be paid on June 15, 2008 to stockholders of record as of June 1, 2008.

Liquidity and Interest Rate Sensitivity Management

Market Risk

Interest rate risk is among the most significant market risk affecting the Company. Other types of market risk, such as foreign currency exchange rate risk and commodity price risk, do not arise in the normal course of the Company's business activities. Interest rate risk is defined as an exposure to a movement in interest rates that could have an adverse effect on the Company's net interest income. Net interest income is susceptible to interest rate risk to the degree that interest-bearing liabilities mature or reprice on a different basis than earning assets. When interest-bearing liabilities mature or reprice more quickly than earning assets in a given period, a significant increase in market rates of interest could adversely affect net interest income. Similarly, when earning assets mature or reprice more quickly than interest-bearing liabilities, falling interest rates could result in a decrease in net interest income.

In an attempt to manage the Company's exposure to changes in interest rates, management monitors the Company's interest rate risk. Management's Asset Liability Committee ("ALCO") meets monthly to review the Company's interest rate risk position and profitability, and to recommend strategies for consideration by the Board of Directors. Management also reviews loan and deposit pricing, and the Company's securities portfolio, formulates investment and funding strategies, and oversees the timing and implementation of transactions to assure attainment of the Board's objectives in the most effective manner. Notwithstanding the Company's interest rate risk management activities, the potential for changing interest rates is an uncertainty that can have an adverse effect on net income.

In adjusting the Company's asset/liability position, the Board and management attempt to manage the Company's interest rate risk while minimizing net interest margin compression. At times, depending on the level of general interest rates, the relationship between long- and short-term interest rates, market conditions and competitive factors, the Board and management may determine to increase the Company's interest rate risk position somewhat in order to increase its net interest margin. The Company's results of operations and net portfolio values remain vulnerable to changes in interest rates and fluctuations in the difference between long- and short-term interest rates.

The primary tool utilized by ALCO to manage interest rate risk is a balance sheet/income statement simulation model (interest rate sensitivity analysis). Information such as principal balance, interest rate, maturity date, cash flows, next repricing date (if needed), and current rates is uploaded into the model to create an ending balance sheet. In addition, ALCO makes certain assumptions regarding prepayment speeds for loans and leases and mortgage related investment securities along with any optionality within the deposits and borrowings.

The model is first run under an assumption of a flat rate scenario (i.e. no change in current interest rates) with a static balance sheet over a 12-month period. Two additional models are run with static balance sheets: (1) a gradual increase of 200 bp, (2) and a gradual decrease of 200 bp taking place over a 12-month period with a static balance sheet. Under these scenarios, assets subject to prepayments are adjusted to account for faster or slower prepayment assumptions. Any investment securities or borrowings that have callable options embedded into them are handled accordingly based on the interest rate scenario. The resultant changes in net interest income are then measured against the flat rate scenario.

In the declining rate scenario, net interest income is projected to decrease when compared to the forecasted net interest income in the flat rate scenario through the simulation period. The decrease in net interest income is a result of earning assets repricing downward at a faster rate than interest bearing liabilities. The inability to effectively lower deposit rates will likely reduce or eliminate the benefit of lower interest rates. In the rising rate scenarios, net interest income is projected to experience a decline from the flat rate scenario. Net interest income is projected to remain at lower levels than in a flat rate scenario through the simulation period primarily due to a lag in assets repricing while funding costs increase. The potential impact on earnings is dependent on the ability to lag deposit repricing. If short-term rates

continue to increase, the Company expects competitive pressures will likely lead to core deposit pricing increases, which will likely continue compression of the net interest margin.

Net interest income for the next 12 months in the + 200/- 200 bp scenarios, as described above, is within the internal policy risk limits of not more than a 7.5% change in net interest income. The following table summarizes the percentage change in net interest income in the rising and declining rate scenarios over a 12-month period from the forecasted net interest income in the flat rate scenario using the March 31, 2008 balance sheet position:

Table 8	
Interest Rate Sensitivity Analysis	
Change in interest rates	Percent change in
(in bp points)	net interest income
+200	(4.54%)
-200	(0.82%)

The Company has taken several measures to mitigate net interest margin compression. The Company originates 15-year, 20-year and 30-year residential real estate mortgages with the intent to sell. Over time, the Company has shortened the average life of its investment securities portfolio by limiting purchases of mortgage-backed securities and redirecting proceeds into short-duration CMOs and US Agency notes and bonds. Lastly, the Company will continue to focus on growing noninterest bearing demand deposits and prudently managing deposit costs.

Liquidity Risk

Liquidity involves the ability to meet the cash flow requirements of customers who may be depositors wanting to withdraw funds or borrowers needing assurance that sufficient funds will be available to meet their credit needs. The ALCO is responsible for liquidity management and has developed guidelines which cover all assets and liabilities, as well as off balance sheet items that are potential sources or uses of liquidity. Liquidity policies must also provide the flexibility to implement appropriate strategies and tactical actions. Requirements change as loans and leases grow, deposits and securities mature, and payments on borrowings are made. Liquidity management includes a focus on interest rate sensitivity management with a goal of avoiding widely fluctuating net interest margins through periods of changing economic conditions.

The primary liquidity measurement the Company utilizes is called the Basic Surplus, which captures the adequacy of its access to reliable sources of cash relative to the stability of its funding mix of average liabilities. This approach recognizes the importance of balancing levels of cash flow liquidity from short- and long-term securities with the availability of dependable borrowing sources which can be accessed when necessary. At March 31, 2008, the Company's Basic Surplus measurement was 5.3% of total assets or \$278 million, which was above the Company's minimum of 5% or \$261 million set forth in its liquidity policies.

This Basic Surplus approach enables the Company to adequately manage liquidity from both operational and contingency perspectives. By tempering the need for cash flow liquidity with reliable borrowing facilities, the Company is able to operate with a more fully invested and, therefore, higher interest income generating, securities portfolio. The makeup and term structure of the securities portfolio is, in part, impacted by the overall interest rate sensitivity of the balance sheet. Investment decisions and deposit pricing strategies are impacted by the liquidity position. At March 31, 2008, the Company Basic Surplus declined compared to the December 31, 2007 Basic Surplus of 7.3%.

The Company's primary source of funds is from its subsidiary, NBT Bank. Certain restrictions exist regarding the ability of the Company's subsidiary bank to transfer funds to the Company in the form of cash dividends. The approval of the Office of Comptroller of the Currency (OCC) is required to pay dividends when a bank fails to meet certain minimum regulatory capital standards or when such dividends are in excess of a subsidiary bank's earnings retained in the current year plus retained net profits for the preceding two years (as defined in the regulations). At March 31, 2008, approximately \$28.6 million of the total stockholders' equity of NBT Bank was available for payment of dividends to the Company without approval by the OCC. NBT Bank's ability to pay dividends also is subject to the Bank being in compliance with regulatory capital requirements. NBT Bank is currently in compliance with these requirements. Under the State of Delaware Business Corporation Law, the Company may declare and pay dividends either out of accumulated net retained earnings or capital surplus.

Item 3. Quantitative and Qualitative Disclosure About Market Risk

Information called for by Item 3 is contained in the Liquidity and Interest Rate Sensitivity Management section of the Management Discussion and Analysis.

Item 4. Controls and Procedures

The Company's management, including the Company's Chief Executive Officer and Chief Financial Officer, e v a l u a t e d t h e e f f e c t i v e n e s s o f t h e d e s i g n a n d o p e r a t i o n of the Company's disclosure controls and procedures (as defined in Rule 13a-15(e) and 15(d)-15(e) under the Securities Exchange Act of 1934, as amended) as of March 31, 2008. Based upon that evaluation, the Chief Executive Officer and Chief Financial Officer concluded that, as of the evaluation date, the Company's disclosure controls and procedures were effective in timely alerting them to any material information relating to the Company and its subsidiaries required to be included in the Company's periodic SEC filings.

There were no changes made in the Company's internal controls over financial reporting that occurred during the Company's most recent fiscal quarter that have materially affected, or are reasonably likely to materially affect the Company's internal controls over financial reporting.

PART II. OTHER INFORMATION

Item 1 – Legal Proceedings

There are no material legal proceedings, other than ordinary routine litigation incidental to business to which the Company is a party or of which any of its property is subject.

Item 1A - Risk Factors

Management of the Company does not believe there have been any material changes in the risk factors that were disclosed in the Form 10-K filed with the Securities and Exchange Commission on February 29, 2008.

Item 2 – Unregistered Sales of Equity Securities and Use of Proceeds

(a)

Not applicable

(b)

Not applicable

(c) The table below sets forth the information with respect to purchases made by the Company (as defined in Rule 10b-18(a)(3) under the Securities Exchange Act of 1934), of our common stock during the quarter ended March 31, 2008:

					Maximum Number
				Total Number of	of Shares That May
				Shares Purchased	Yet be Purchased
	Total Number of	Average P	rice	as Part of Publicly	Under The Plans
Period	Shares Purchased	Paid Per S	hare	Announced Plans	(1)
1/1/08 - 1/31/08	60,488	\$	21.67	60,488	1,415,392
2/1/08 - 2/28/08	200,602		21.96	200,602	1,214,790
3/1/08 - 3/31/08	11,750		18.94	11,750	1,203,040
Total	272,840	\$	21.77	272,840	1,203,040

1. Under a previously disclosed stock repurchase plan authorized on July 23, 2007 in the amount of 1,000,000 shares, the Company purchased 272,840 shares of its common stock during the three month period ended March 31, 2008, for a total of \$5.9 million at an average price of \$21.77 per share. At March 31, 2008, there were 1,203,040 shares available for repurchase under previously announced plans. There were 203,040 shares available for repurchase plan authorized on July 23, 2007, in the amount of 1,000,000 shares. This plan expires on December 31, 2008. There were 1,000,000 shares available for repurchase under the stock repurchase plan authorized on July 23, 2007, in the amount of 1,000,000 shares. This plan expires authorized on January 28, 2008, in the amount of 1,000,000 shares. This plan expires on December 31, 2008.

Item 3 – Defaults Upon Senior Securities

None

Item 4 – Submission of Matters to a Vote of Security Holders

None

Item 5 – Other Information

None

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Item 6 – Exhibits

3.1 Certificate of Incorporation of NBT Bancorp Inc. as amended through July 23, 2001 (filed as Exhibit 3.1 to Registrant's Form 10-K for the year ended December 31, 2001, filed on March 29, 2002 and incorporated herein by reference).

3.2 By-laws of NBT Bancorp Inc. as amended and restated through July 23, 2001 (filed as Exhibit 3.2 to Registrant's Form 10-K for the year ended December 31, 2001, filed on March 29, 2002 and incorporated herein by reference).

3.3 Rights Agreement, dated as of November 15, 2004, between NBT Bancorp Inc. and Registrar and Transfer Company, as Rights Agent (filed as Exhibit 4.1 to Registrant's Form 8-K, file number 0-14703, filed on November 18, 2004, and incorporated by reference herein).

3.4 Certificate of Designation of the Series A Junior Participating Preferred Stock (filed as Exhibit A to Exhibit 4.1 of the Registration's Form 8-K, file Number 0-14703, filed on November 18, 2004, and incorporated herein by reference).

4.1 Specimen common stock certificate for NBT's common stock (filed as exhibit 4.1 to the Registrant's Amendment No. 1 to Registration Statement on Form S-4 filed on December 27, 2005 and incorporated herein by reference).

31.1 Certification of Chief Executive Officer Pursuant to Section 302 of the Sarbanes-Oxley Act of 2002.

31.2 Certification of Chief Financial Officer Pursuant to Section 302 of the Sarbanes-Oxley Act of 2002.

32.1 Written Statement of the Chief Executive Officer Pursuant to Section 906 of the Sarbanes-Oxley Act of 2002.

32.2 Written Statement of the Chief Financial Officer Pursuant to Section 906 of the Sarbanes-Oxley Act of 2002.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized, this 12th day of May 2008.

NBT BANCORP INC.

By:

/s/ Michael J. Chewens Michael J. Chewens, CPA Senior Executive Vice President Chief Financial Officer and Corporate Secretary

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