CANARICK PAUL T Form SC 13G/A February 16, 2010

SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 Schedule 13G Under the Securities Exchange Act of 1934 (Amendment No____1___)* The First of Long Island Corporation Name of Issuer Common Stock, \$.10 par value Title of Class of Securities 320734 10 6 **CUSIP** Number December 31, 2009 Date of Event Which Requires Filing of this Statement Check the appropriate box to designate the rule pursuant to which this Schedule is filed: Rule 13d-1(b) Rule 13d-1(c) þ Rule 13d-1(d) *The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page. The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

CUSIP No. 320734 10 6 13G Page 2 of 6 Pages

1 NAME OF REPORTING PERSON: Paul T. Canarick I.R.S. IDENTIFICATION NO. OF ABOVE PERSON:

2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP

(a) o (b) o

- 3 SEC USE ONLY
- 4 CITIZENSHIP OR PLACE OF ORGANIZATION

United States

5 SOLE VOTING POWER

27,197

NUMBER OF SHARED VOTING POWER

BENEFICIALLY

OWNED BY 473,940

EACH 7 SOLE DISPOSITIVE POWER

REPORTING

PERSON 27,197

WITH: 8 SHARED DISPOSITIVE POWER

473,940

9 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON

501,137

- 10 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES o
- 11 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)

6.94%

12 TYPE OF REPORTING PERSON

IN

CUSIP No. 320734 10 6 Page 3 of 6 Pages

1 NAME OF REPORTING PERSON: Jean C. Canarick I.R.S. IDENTIFICATION NO. OF ABOVE PERSON:

- 2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP
 - (a) o (b) o
- 3 SEC USE ONLY
- 4 CITIZENSHIP OR PLACE OF ORGANIZATION

United States

5 SOLE VOTING POWER

268,694

NUMBER OF

SHARES 6 SHARED VOTING POWER

BENEFICIALLY

OWNED BY 473,940

EACH 7 SOLE DISPOSITIVE POWER

REPORTING

PERSON 268,694

WITH:

8 SHARED DISPOSITIVE POWER

473,940

9 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON

742,634

10 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES

o

11 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)

10.30%

12 TYPE OF REPORTING PERSON

IN

CUSIP No. 320734 10 6	13G	Page 4 of 6 Pages
Item 1.		
(a) The First of Long Island Corporation	Name of I	Issuer
(b) 10 Glen Head Road Glen Head, NY 11545 Item 2.	Address of Issuer's Principal E	xecutive Offices
Paul T. Canarick Jean C. Canarick	Name of Person	s Filing.
(b) Address of Principal Business Office or, if none, Residence. C/O Wayne B. Drake, Asst. Treasurer The First of Long Island Corporation 10 Glen Head Road, Glen Head, NY 11545		
(c) Citizenship. Paul T. Canarick and Jean C. Canarick are citizens of the United States		
(d)	Title of Class of Securities. Common St	tock, \$.10 par value
(e)	CUSIP Number. 320	0734 10 6
Item 3. If this statement is filed pursuant to Rule 13d-1(b), or 13d-2(b), check whether the person filing is a:		
(a) "Broker or Dealer registered under Section 15 of the Act (b) "Bank as defined in Section 3(a)(6) of the Act (c) "Insurance Company as defined in Section 3(a)(19) of the Act (d) "Investment Company registered under Section 8 of the Investment Company Act (e) "Investment Adviser in accordance with Rule 13d-1(b)(1)(ii)(E). (f) "Employee Benefit Plan, Pension Fund which is subject to the provisions of the Employee Retirement Income Security Act of 1974 or Endowment Fund; see §240.13d-1(b)(1)(ii)(F) (g) "Parent Holding Company, in accordance with §240.13d-1(b)(ii)(G) (Note: See Item 7) (h) "Group, in accordance with §240.13d-1(b)(ii)(H)		
Item 4. Paul T. Canarick:	Ownership	
(a)	Amount beneficially own ed upon 7,213,056 shares of the Issuer outs Number of shares as to which Sole power to vote or to direct the Shared power to vote or to direct the Sole power to dispose or to direct the dispose or dispose	tanding as of December 31, 2009. the person has ne vote: 27,197 he vote: 473,940

(iv) Shared power to dispose or to direct the disposition of: 473,940

CUSIP No. 320734 10 6 13G Page 5 of 6 Pages Jean C. Canarick: Amount beneficially owned: 742,634 (a) (b) Percent of Class: 10.30% based upon 7,213,056 shares of the Issuer outstanding as of December 31, 2009. Number of shares as to which the person has Sole power to vote or to direct the vote: 268,694 (i) Shared power to vote or to direct the vote: 473,940 (ii) Sole power to dispose or to direct the disposition of: 268,694 (iii) (iv) Shared power to dispose or to direct the disposition of: 473,940

Paul T. Canarick and Jean C. Canarick share voting and investment power of 473,940 shares for which they act as co-trustees pursuant to the Sidney Canarick Trust Agreement dated May 27, 1992 (the "Trust"). In addition to the shares held by the Trust, Mr. Paul T. Canarick (i) owns 22,142 shares, (ii) holds options to purchase 4,463 shares of common stock that were exercisable on or within 60 days of December 31, 2009 and (iii) holds restricted stock units for an additional 592 shares that vested on December 31, 2009 and will be issued on March 15, 2010. The options and the restricted stock units are treated as beneficially owned in this 13G in accordance with Rule 13d-3(d)(1) under the Securities Exchange Act of 1934. In addition to the shares held by the Trust, Jean C. Canarick owns 268,692 shares of common stock. Paul Canarick disclaims any beneficial ownership in the shares owned directly by Jean C. Canarick. Jean C. Canarick disclaims any beneficial ownership in the shares owned directly by Paul T. Canarick.

Item 5. Ownership of Five Percent or less of a Class. Not Applicable.

Item 6. Ownership of More Than Five Percent on Behalf of Another Person. Not Applicable

Item Identification and Classification of the Subsidiary which Acquired the Security Reported on by the ParentHolding Company. Not Applicable.

Item 8. Identification and Classification of Members of the Group. Not Applicable.

Item 9. Notice of Dissolution of Group. Not Applicable.

Item 10. Certification.

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were acquired and are held in the ordinary course of business and were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect.

SIGNATURE

Dated: February 16, 2010

/s/ Paul T. Canarick By: Paul T. Canarick

/s/ Jean C. Canarick By: Jean C. Canarick