

Jafroodi Scot R
Form 4
May 20, 2013

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

OMB Number: 3235-0287
Expires: January 31, 2005
Estimated average burden hours per response... 0.5

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Jafroodi Scot R

2. Issuer Name and Ticker or Trading Symbol
INSTEEL INDUSTRIES INC [IIN]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
5532 GARDEN PARK LANE
(Street)

3. Date of Earliest Transaction (Month/Day/Year)
05/17/2013

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
Chief Accounting Officer

WINSTON SALEM, NC 27106
(City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Ownership (Instr. 4) |
|---------------------------------------|--------------------------------------|----------------------------------------------------|--------------------------------|-------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|----------------------------------------------------------|--------------------------------------------|
| | | | Code | V Amount (D) Price | | | |
| Common Stock | 05/17/2013 | | S | 1,000 D \$ 18.302 | 10,804 | D | |
| Common Stock (Restricted Stock Units) | | | | | 14,245 | D | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transaction Code (Instr. 8) | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | 8. Price or Per Share Amount of Underlying Securities (Instr. 3 and 4) | |
|--------------------------------------------|--------------------------------------------------------|--------------------------------------|----------------------------------------------------|--------------------------------|-----------------------------------------------------------------------------------------|----------------------------------------------------------|---------------------------------------------------------------|------------------------------------------------------------------------|----------------------------|
| | | | | Code | V (A) (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares |
| Stock Option (Right to Buy) | \$ 16.45 | | | | | (1) 02/12/2023 | 02/12/2023 | Common Stock | 3,835 |
| Stock Option (Right to Buy) | \$ 10.23 | | | | | (1) 08/21/2022 | 08/21/2022 | Common Stock | 6,044 |
| Stock Option (Right to Buy) | \$ 13.06 | | | | | (1) 02/21/2022 | 02/21/2022 | Common Stock | 4,538 |
| Incentive Stock Option (Right to Buy) | \$ 10.72 | | | | | (1) 08/08/2021 | 08/08/2021 | Common Stock | 5,670 |
| Incentive Stock Option (Right to Buy) | \$ 12.43 | | | | | (1) 02/08/2021 | 02/08/2021 | Common Stock | 4,693 |
| Incentive Stock Option (Right to Buy) | \$ 9.16 | | | | | (1) 08/09/2020 | 08/09/2020 | Common Stock | 6,180 |
| Incentive Stock Option (Right to Buy) | \$ 9.39 | | | | | (1) 02/09/2020 | 02/09/2020 | Common Stock | 5,952 |

| | | | | | |
|---------------------------------------------------|----------|-----|------------|-----------------|-------|
| Buy) (Common Stock) | | | | | |
| Incentive Stock Option (right to buy) | \$ 16.69 | (1) | 08/19/2018 | Common Stock | 2,926 |
| Incentive Stock Option (Right to Buy) | \$ 11.6 | (1) | 08/10/2019 | Common Stock | 4,393 |
| Incentive Stock Option (right to buy) | \$ 11.15 | (1) | 02/19/2018 | Common Stock | 5,278 |
| Incentive Stock Option (right to buy) | \$ 7.55 | (1) | 02/10/2019 | Common Stock | 5,978 |
| Incentive Stock Option (right to buy) | \$ 17.11 | (1) | 02/13/2017 | Common Stock | 2,639 |
| Incentive Stock Option (right to buy) | \$ 20.27 | (1) | 08/13/2017 | Common Stock | 2,178 |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | |
|---------------------------------------------------------------------|---------------|-----------|--------------------------|-------|
| | Director | 10% Owner | Officer | Other |
| Jafroodi Scot R 5532 GARDEN PARK LANE WINSTON SALEM, NC 27106 | | | Chief Accounting Officer | |

Signatures

James F. Petelle for Scot R.
Jafroodi

05/20/2013

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
 - ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vest 1/3 annually beginning 1 year from grant date.

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