INSTEEL INDUSTRIES INC

Form 4

February 13, 2014

FORM 4	4						APPROVAL	
	UNITEDS			ND EXCHANGE (D.C. 20549	COMMISSION	OMB Number:	3235-0287	
Check this be if no longer subject to Section 16. Form 4 or Form 5	STATEMI Filed pursi	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,					January 31, 2005 d average ours per 0.5	
obligations may continue. See Instruction 17(a) of the Public Utility Holding Company Act of 1935 or Section 18(b). Section 17(a) of the Public Utility Holding Company Act of 1940 and 1940 are set of 1940.						on		
(Print or Type Resp	ponses)							
1. Name and Addr WOLTZ H O I	Symbol	2. Issuer Name and Ticker or Trading Symbol INSTEEL INDUSTRIES INC [IIIN]			5. Relationship of Reporting Person(s) to Issuer			
(Last)	ddle) 3. Date of	3. Date of Earliest Transaction			ck all applical	ole)		
1373 BOGGS	DRIVE	(Month/E 02/12/2			_X_ Director _X_ Officer (giv below) Chairman		0% Owner tther (specify and CEO	
		4. If Amendment, Date Original Filed(Month/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
MOUNT AIRY	Y, NC 27030				Form filed by I Person	More than One	Reporting	
(City)	(State) (Z	Zip) Tabl	e I - Non-Do	erivative Securities Ac	quired, Disposed o	f, or Benefici	ially Owned	
	2. Transaction Date Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code	4. Securities onAcquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	Securities Beneficially	6. Ownership Form: Direct (D)	7. Nature of Indirect Beneficial Ownership	

(City)	(State) (Z	Table	I - Non-De	rivative S	ecuri	ties Acc	quired, Disposed	of, or Benefic	ially Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securit onAcquired Disposed (Instr. 3,	(A) o of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock (Restricted Stock Units)	02/12/2014		A		A	\$ 0	65,833	D	
Common Stock							507,259	D	
Common Stock							360,830	I	co-trustee of trusts established by Howard O. Woltz, Jr.

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	Persons who respond to the collecti information contained in this form a required to respond unless the form displays a currently valid OMB continumber.	re not (9-02)
Reminder: Report on a separate line for each class of securities beneat	· · · · · · · · · · · · · · · · · · ·	minor child
Common Stock ⁽²⁾	21,222 I	Custodial account for
Common Stock (2)	8,513 I	of Howard O. Woltz, Jr. Estate

$\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of iorDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration D (Month/Day	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Common Stock (Right to Buy)	\$ 19.08	02/12/2014		A	21,645	<u>(1)</u>	02/12/2024	Common Stock	21,645	
Stock Option (Right to Buy)	\$ 10.23					<u>(1)</u>	08/21/2022	Common Stock	10,989	
Stock Option (Right to Buy)	\$ 13.06					<u>(1)</u>	02/21/2022	Common Stock	8,251	
Stock Option (Right to Buy)	\$ 10.72					<u>(1)</u>	08/08/2021	Common Stock	20,619	
Stock Option (Right to Buy)	\$ 12.43					<u>(1)</u>	02/08/2021	Common Stock	17,065	

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Stock Option (Right to Buy)	\$ 17.22	<u>(1)</u>	08/12/2023	Common Stock	21,583
Stock Option (Right to Buy)	\$ 16.45	<u>(1)</u>	02/12/2023	Common Stock	20,921
Stock Option (Right to Buy)	\$ 16.69	<u>(1)</u>	08/19/2018	Common Stock	15,957
Stock Option (Right to Buy)	\$ 17.11	<u>(1)</u>	02/13/2017	Common Stock	14,395
Stock Option (Right to Buy)	\$ 20.27	<u>(1)</u>	08/13/2017	Common Stock	11,878
Stock Option (Right to Buy)	\$ 20.26	<u>(1)</u>	08/14/2016	Common Stock	6,369
Stock Option (Right to Buy)	\$ 15.64	<u>(1)</u>	02/14/2016	Common Stock	9,144

Reporting Owners

Reporting Owner Name / Address	Relationships					
r g	Director	10% Owner	Officer	Other		
WOLTZ H O III 1373 BOGGS DRIVE MOUNT AIRY, NC 27030	X		Chairman, President and CEO			
Signatures						
James F. Petelle for H. O. Woltz III		02/13/2014				
**Signature of Reporting Person		Date				

Reporting Owners 3

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vest 1/3 annually beginning one year from grant date.
- In addition to the gifts on November 3 and November 30, 2011, this Form also reflects the beneficial interest H. O. Woltz III is deemed to hold in the estate of his father, Howard O. Woltz, Jr., and in three trusts established by his father, following the death of his father on January 2, 2011. Mr. Woltz III disclaims beneficial interest in the shares held in the estate and in trust, except to the extent of his pecuniary interest therein.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.