TAFT DAVID D Form 4 April 23, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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January 31, Expires: 2005

OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

obligations

1. Name and Address of Reporting Person * TAFT DAVID D		orting Person *	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
(Last)	(First)	(Middle)	LANDEC CORP \CA\ [LNDC]	(Check all applicable)		
, ,	,	(Wilddie)	3. Date of Earliest Transaction (Month/Day/Year)	Director 10% Owner		
C/O LANDEC CORPORATION, 3603 HAV AVENUE	HAVEN	04/22/2009	_X_ Officer (give title Other (specify below) Chief Operating Officer			
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
MENLO PARK, CA 94025			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting		
TILL TEO I III	CI 1, CI1) 10	020		Person		

(City)	(State) (Zip) Table	e I - Non-I	Derivative	Secur	ities Acqu	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Transaction Date 2A. Deemed Execution Date, if any (Month/Day/Year)		3. 4. Securit Transaction(A) or Di Code (Instr. 3, (Instr. 8)		d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	04/22/2009		Code V	Amount 400	(D)	\$ 6.5	172,470	I	Held by Trust
Common Stock	04/22/2009		S	800	D	\$ 6.51	171,670	I	Held by Trust
Common Stock	04/22/2009		S	300	D	\$ 6.515	171,370	I	Held by Trust
Common Stock	04/22/2009		S	601	D	\$ 6.52	170,769	I	Held by Trust
Common Stock	04/22/2009		S	600	D	\$ 6.525	170,169	I	Held by Trust

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Common Stock	04/22/2009	S	2,400	D	\$ 6.53	167,769	I	Held by Trust
Common Stock	04/22/2009	S	300	D	\$ 6.535	167,469	I	Held by Trust
Common Stock	04/22/2009	S	899	D	\$ 6.54	166,570	I	Held by Trust
Common Stock	04/22/2009	S	6,500	D	\$ 6.55	160,070	I	Held by Trust
Common Stock	04/22/2009	S	3,100	D	\$ 6.56	156,970	I	Held by Trust
Common Stock	04/22/2009	S	100	D	\$ 6.565	156,870	I	Held by Trust
Common Stock	04/22/2009	S	1,269	D	\$ 6.57	155,601	I	Held by Trust
Common Stock	04/22/2009	S	500	D	\$ 6.58	155,101	I	Held by Trust
Common Stock	04/22/2009	S	1,700	D	\$ 6.59	153,401	I	Held by Trust
Common Stock	04/22/2009	S	100	D	\$ 6.595	153,301	I	Held by Trust
Common Stock	04/22/2009	S	2,000	D	\$ 6.6	151,301	I	Held by Trust
Common Stock	04/22/2009	S	700	D	\$ 6.61	150,601	I	Held by Trust
Common Stock	04/22/2009	S	1,800	D	\$ 6.62	148,801	I	Held by Trust
Common Stock	04/22/2009	S	100	D	\$ 6.625	148,701	I	Held by Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	onNumber	Expiration Date	Amount of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/Year)	Underlying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e	Securities	(Instr. 5)	Bene
	Derivative				Securities	S	(Instr. 3 and 4)		Own
	Security				Acquired				Follo
					(A) or				Repo

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Disposed of (D) (Instr. 3, 4, and 5)

Code V (A) (D) Date Expiration Title Amount

Exercisable Date

Number of Shares

Reporting Owners

Relationships Reporting Owner Name / Address

> Officer Other Director 10% Owner

TAFT DAVID D C/O LANDEC CORPORATION 3603 HAVEN AVENUE

MENLO PARK, CA 94025

Chief Operating Officer

Signatures

/s/ Stacia Leigh Skinner by Power of 04/23/2009 Attorney

> **Signature of Reporting Person Date

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3

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Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).