

CHOICE HOTELS INTERNATIONAL INC /DE
 Form 4
 February 17, 2006

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549**

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 ROTHFELD DANIEL K

2. Issuer Name and Ticker or Trading Symbol
 CHOICE HOTELS INTERNATIONAL INC /DE [CHH]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)

(Last) (First) (Middle)
 10750 COLUMBIA PIKE
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
 02/16/2006

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
 Senior Vice President

SILVER SPRING, MD 20901

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 ____ Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
			Code	V	Amount	(D)	Price			
Common Stock	02/16/2006		M		31	A	\$ 8.375	50,044	D	
Common Stock	02/16/2006		M		11,750	A	\$ 6.405	61,794	D	
Common Stock	02/16/2006		M		16,200	A	\$ 10.5825	77,994	D	
Common Stock	02/16/2006		M		16,192	A	\$ 10.1975	94,186	D	
Common Stock	02/16/2006		M		1,620	A	\$ 29.92	95,806	D	

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Common Stock	02/16/2006	M	1,080	A	\$ 29.92	96,886	D	
Common Stock	02/16/2006	M	6,750	A	\$ 10.5825	103,626	D	
Common Stock	02/16/2006	M	3,312	A	\$ 10.1975	106,948	D	
Common Stock						1,910	I	401 (k)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option	\$ 8.375	02/16/2006		M	31	<u>(1)</u>	02/07/2010	Common Stock	31
Employee Stock Option	\$ 6.405	02/16/2006		M	11,750	<u>(1)</u>	05/03/2010	Common Stock	11,750
Employee Stock Option	\$ 10.5825	02/16/2006		M	16,200	<u>(1)</u>	02/07/2012	Common Stock	16,200
Employee Stock Option	\$ 10.1975	02/16/2006		M	16,192	<u>(1)</u>	02/10/2013	Common Stock	16,192
Employee Stock Option	\$ 29.92	02/16/2006		M	1,620	<u>(1)</u>	02/14/2015	Common Stock	1,620
Employee Stock	\$ 29.92	02/16/2006		M	1,080	<u>(1)</u>	02/14/2015	Common Stock	1,080

Option									
Employee									
Stock	\$ 10.5825	02/16/2006		M	6,750	<u>(1)</u>	02/07/2012	Common Stock	6,750
Option									
Employee									
Stock	\$ 10.198	02/16/2006		M	3,312	<u>(1)</u>	02/10/2013	Common Stock	3,312
Option									

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
ROTHFELD DANIEL K 10750 COLUMBIA PIKE SILVER SPRING, MD 20901			Senior Vice President	

Signatures

Daniel Rothfeld 02/17/2006
 **Signature of Date
 Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vest in five equal installments beginning on the first anniversary of the grant date.

Remarks:

This is the first of two filings for transactions on this date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.