Quezada David M Form 4 March 07, 2011

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

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subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

if no longer

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Quezada David M			2. Issuer Name and Ticker or Trading Symbol Employers Holdings, Inc. [EIG]	5. Relationship of Reporting Person(s) to Issuer		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check all applicable)		
			(Month/Day/Year)	Director 10% Owner		
10375 PROFES	SSIONAL (CIRCLE	03/03/2011	_X_ Officer (give title Other (specify below) SVP & GM, Strategic Markets		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
RENO, NV 895	521		Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tab	le I - Non-	ed, Disposed of, or Beneficially Owned					
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securiti our Dispose (Instr. 3, 4	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, par value \$0.01	03/03/2011		M		A	\$ 18.79	26,207	D	
Common Stock, par value \$0.01	03/03/2011		M	6,000	A	\$ 19.21	32,207	D	
Common Stock, par value \$0.01	03/03/2011		M	3,000	A	\$ 11.84	35,207	D	

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Common							
					\$		
Stock, pai	03/03/2011	S	23 203	D	20.1004	12.004	D
value	03/03/2011		25,205	_	(1)	12,00.	
\$0.01					(1)		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 18.79	03/03/2011		M	12,000	<u>(2)</u>	08/07/2014	Common Stock, par value \$0.01	12,000
Employee Stock Option (right to buy)	\$ 19.21	03/03/2011		M	6,000	(3)	05/28/2015	Common Stock, par value \$0.01	6,000
Employee Stock Option (right to buy)	\$ 11.84	03/03/2011		M	3,000	<u>(4)</u>	05/29/2016	Common Stock, par value \$0.01	3,000

Reporting Owners

Reporting Owner Name / Address							
	Director	10% Owner	Officer	Other			
Quezada David M			SVP & GM, Strategic Markets				
10375 PROFESSIONAL CIRCLE							

Reporting Owners 2

Relationships

RENO, NV 89521

Signatures

/s/ David M. Ouezada 03/07/2011

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The sale price reported in column 4 of Table I represents the weighted average sale price of the shares sold ranging from \$20.00 to \$20.24 (1) per share, inclusive. Upon request by the staff of the Securities and Exchange Commission, the Issuer or a security holder of the Issuer, the Reporting Person will provide full information regarding the number of shares sold at each separate price within such range.
- (2) Shares subject to the option are fully vested and immediately exercisable.
- (3) One-fourth of the shares subject to the option vested on May 29, 2009 with the remaining shares vesting in three equal annual installments beginning on May 29, 2010.
- (4) One-fourth of the shares subject to the option vested on May 28, 2010 with the remaining shares vesting in three equal annual installments beginning on May 28, 2011.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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