

MCGRATH ROBERT L
Form 4
September 10, 2010

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL
OMB Number: 3235-0287
Expires: January 31, 2005
Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
MCGRATH ROBERT L

2. Issuer Name and Ticker or Trading Symbol
NEXTERA ENERGY INC [NEE]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

NEXTERA ENERGY, INC., 700
UNIVERSE BOULEVARD

3. Date of Earliest Transaction
(Month/Day/Year)
09/08/2010

___ Director ___ 10% Owner
X Officer (give title below) ___X_ Other (specify below)
Ex VP Eng, Const. & Corp Svcs / Ex VP Eng/Const/Corp Svcs-Sub

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
X Form filed by One Reporting Person
___ Form filed by More than One Reporting Person

JUNO BEACH, FL 33408

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				(A) or (D)	Price		
Common Stock	09/08/2010		M ⁽¹⁾	15,000	A \$ 26.32	40,879 ⁽²⁾	D
Common Stock	09/08/2010		S ⁽³⁾	15,000	D \$ 54.442 ⁽⁴⁾	25,879 ⁽²⁾	D
Common Stock	09/08/2010		M ⁽¹⁾	15,000	A \$ 27.56	40,879 ⁽²⁾	D
Common Stock	09/08/2010		S ⁽³⁾	15,000	D \$ 54.441 ⁽⁵⁾	25,879 ⁽²⁾	D

Common Stock	6,209	I	Thrift Plans Trust
-----------------	-------	---	--------------------------

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 26.32	09/08/2010		M	15,000	<u>(6)</u> 02/11/2012	Common Stock 15,000
Employee Stock Option (Right to Buy)	\$ 27.56	09/08/2010		M	15,000	<u>(7)</u> 02/13/2013	Common Stock 15,000

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
MCGRATH ROBERT L NEXTERA ENERGY, INC. 700 UNIVERSE BOULEVARD JUNO BEACH, FL 33408			Ex VP Eng, Const. & Corp Svs	Ex VP Eng/Const/Corp Svcs-Sub

Signatures

Alissa E. Ballot
(Attorney-in-Fact)

09/10/2010

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Option exercise effected pursuant to Rule 10b5-1 trading plan amendment adopted by the reporting person on June 11, 2010.
- (2) Includes 4,950 shares deferred until reporting person's retirement.
- (3) Sales effected pursuant to Rule 10b5-1 trading plan amendment adopted by the reporting person on June 11, 2010.
Weighted average sale price. Reporting person sold 15,000 shares through a trade order executed by a broker-dealer at prices ranging from \$54.27 to \$54.63 per share. The reporting person hereby undertakes to provide full information regarding the number of shares sold at each separate price upon request by the U.S. Securities and Exchange Commission staff, the Issuer, or a security holder of the Issuer.
- (5) Weighted average sale price. Reporting person sold 15,000 shares through a trade order executed by a broker-dealer at prices ranging from \$54.253 to \$54.625 per share. The reporting person hereby undertakes to provide full information regarding the number of shares sold at each separate price upon request by the U.S. Securities and Exchange Commission staff, the Issuer, or a security holder of the Issuer.
- (6) The option, representing a right to buy 15,000 shares, became exercisable in three substantially equal annual installments beginning on February 11, 2003 which was the first anniversary of the date on which the option was granted.
- (7) The option, representing a right to buy 15,000 shares, became exercisable in three substantially equal annual installments beginning on February 13, 2004, which was the first anniversary of the date on which the option was granted.
- (8) Not applicable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.