

RYANAIR HOLDINGS PLC
Form 6-K
August 05, 2008

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

**Pursuant to Rule 13a-16 or 15d-16
of the Securities Exchange Act of 1934**

For the month of August, 2008

RYANAIR HOLDINGS PLC
(Translation of registrant's name into English)

**c/o Ryanair Ltd Corporate Head Office
Dublin Airport
County Dublin Ireland**
(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82- _____

RYANAIR

'S
JU
LY
TRAFFIC GROWS
19
%

LOWEST FARES AIRTRAVEL GROWING RAPIDLY

Ryanair, Europe's largest low fare airlines today (Tuesday, 5th August 2008) announced that it carried 5.66 million

passengers in July , a 19% (900,000 passenger) increase when compared to July 2007 .

Ryanair is confident that traffic growth will remain strong as

Ryanair continues to offer passengers the

guaranteed lowest airfares and no fuel surcharge s this winter.

These strong growth figures prove that low fares travel is growing rapidly as competitors raise their high fares and fuel surcharges.

Stephen McNamara
 , Head
 of
 Communications

, said:
 "

Ryanair's latest passenger figures show that we are rapidly growing passenger

*numbe
 rs
 this year.*

*The most significant thing a
 bout today's figures is that we
 carried over
 15million passengers in the last three months*

*.
 Passengers are
 increasingly attracted to Ryanair's
 gu
 aranteed lowest
 fares
 and our promise of no fuel surcharge
 s ever
 ".*

The following are
 Ryanair
 's passenger and load factor statistics for
 Ju
 ly

200
 8
 :

| | Ju | Ju | Increase | 12 mth |
|-------------------|-----------|-----------|-----------------|---------------|
| | 1 | 1 | | to |
| | 0 | 08 | | Ju |
| | 7 | | | 1 |
| | | | | 0 |
| | | | | 8 |
| Passengers | 4. | 5. | 19 | 5 |
| (m) | 76 | 66 | % | 4 |

| | | | | |
|--------------------|-----------|-----------|-----------|-----------|
| | m | m | | . |
| 1 | | | | 19 |
| | | | | m |
| Load Factor | 90 | 89 | -1 | 81 |
| 2 | % | % | % | % |

- Represents the number of booked seats flown by Ryanair.
- Represents the number of passengers as a proportion of the number of seats available for passengers.

Ends.

Tuesday, 5

th

August 2008

For further information:

Stephen McNamara

- Ryanair

Pauline McAlester

-

Murray

Consultants

Tel: 00 353 1 812

1271

Tel: 00 353 1 4980 300

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 05 August 2008

By:___/s/ James Callaghan_____

James Callaghan
Company Secretary & Finance Director