

GAIA, INC  
Form 8-K  
July 14, 2016

**UNITED STATES**  
**SECURITIES AND EXCHANGE COMMISSION**  
**WASHINGTON, D.C. 20549**

**FORM 8-K**

**CURRENT REPORT**  
**PURSUANT TO SECTION 13 OR 15(d)**  
**OF THE SECURITIES EXCHANGE ACT OF 1934**  
**Date of Report (Date of Earliest Event Reported): July 14, 2016**

**GAIA, INC.**

**(Exact Name of Registrant as Specified in its Charter)**

**Colorado**  
**(State or Other Jurisdiction**

**000-27517**  
**(Commission**

**84-1113527**  
**(IRS Employer**

**of Incorporation)**

**File Number)**

**Identification No.)**

**833 W. South Boulder Road, Louisville, CO 80027-2452**

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**(Address of Principal Executive Offices; Zip Code)**

**Registrant's telephone number, including area code: (303) 222-3600**

**Gaiam, Inc.**

**(Former Name or Former Address, if Changed Since Last Report)**

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- ..  Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- ..  Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- ..  Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- ..  Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

**Item 5.03. Amendments to Articles of Incorporation or Bylaws.**

Effective as of July 14, 2016, Gaia, Inc. ( Gaia ) amended its Amended and Restated Articles of Incorporation to change its name from Gaiam, Inc. to Gaia, Inc. (the Name Change ). A copy of the Articles of Amendment filed with the State of Colorado relating to the Name Change is attached hereto as Exhibit 3.1.

Gaia s Class A common stock will continue to trade on the Nasdaq Global Market under the symbol GAIA.

**Item 8.01. Other Events.**

On July 14, 2016, Gaia issued a press release announcing the Name Change. A copy of Gaia s press release is attached hereto as Exhibit 99.1 and is incorporated herein by reference.

**Item 9.01. Financial Statements and Exhibits.**

(d) *Exhibits.*

| <b>Exhibit No.</b> | <b>Description</b>                                       |
|--------------------|--|
| 3.1                | Articles of Amendment of Gaia, Inc., dated July 14, 2016 |
| 99.1               | Press release issued by Gaia, Inc. on July 14, 2016      |

**SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

**GAIA, INC.**

By: /s/ Paul Tarell, Jr.  
Paul Tarell, Jr.  
Chief Financial Officer

Date: July 14, 2016

**EXHIBIT INDEX**

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