Edgar Filing: RUNSTAD JUDITH M - Form 4

RUNSTAD JU	JDITH M									
Form 4 April 28, 2005	•									
								OMB A	PPROVAL	
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION									3235-0287	
Check this box									January 31,	
if no longer subject to Section 16. Form 4 or Form 5 Filed pursuant to Section 16(a) of the Securities Exclu								Estimated average burden hours per response		
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940										
(Print or Type Re	sponses)									
RUNSTAD JUDITH M Sym				er Name an S FARGO		-	5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (Middle)				VIIN [VV I	(Che	ck all applicabl	e)	
(Month FOSTER PEPPER & SHEFELMAN 04/26/				Date of Earliest Transaction /onth/Day/Year) 4/26/2005			XDirector10% Owner Officer (give titleOther (specify below) below)			
SUITE 3400	THIRD AVEN	UE,								
(Street) 4. If Amendment, Date Original Filed(Month/Day/Year)				1	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person					
SEATTLE, WA 98101-3299							Form filed by More than One Reporting			
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								lly Owned		
	Transaction Date Aonth/Day/Year)	Execution any	Date, if	Code (Instr. 8)		(A) or of (D) 4 and 5) (A) or	Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Amount					
keminder: Kepor	t on a separate line	e for each cl	ass of sec	urities bene	Perso inforn requir	ns who nation co red to res nys a cur	ly or indirectly. respond to the collect ontained in this form spond unless the for rently valid OMB cou	are not m	SEC 1474 (9-02)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)									

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and	7.	Title and Amount of	8
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	of Derivative	Expiration Date	Un	derlying Securities	Γ

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Security (Instr. 3)	or Exercise Price of Derivative Security		any (Month/Day/Year)	Code (Instr. 8)	Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	(Month/Day/Year)		(Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Phantom Stock Units	<u>(1)</u>	04/26/2005		А	1,099	(2)	(2)	Common Stock, \$1 2/3 par value	1,099
Director Stock Option	\$ 59.15	04/26/2005		А	3,870	10/26/2005	04/26/2015	Common Stock, \$1 2/3 par value	3,870

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
RUNSTAD JUDITH M FOSTER PEPPER & SHEFELMAN PLLC 1111 THIRD AVENUE, SUITE 3400 SEATTLE, WA 98101-3299	Х						
Signatures							
Judith M. Runstad, by Robert S. Singley, Attorney-in-Fact		04/28/2005					
**Signature of Reporting Person			Date				

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Conversion price is 1-for-1

(2) Payable in a lump sum on July 1 following cessation of board membership

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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