

HOWARD DR LAWRENCE

Form 4

January 10, 2003

1. Name and Address of Reporting Person
Howard, Dr. Lawrence A.
55 Executive Drive
Hudson, NH 03051
USA
2. Issuer Name and Ticker or Trading Symbol
Presstek, Inc. (NASDAQ, PRST)
3. IRS or Social Security Number of Reporting Person (Voluntary)
4. Statement for Month/Year
1/08/2003
5. If Amendment, Date of Original (Month/Day/Year)
6. Relationship of Reporting Person(s) to Issuer (Check all applicable)
 Director 10% Owner
 Officer (give title below) Other (specify below)
7. Individual or Joint/Group Filing (Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

TABLE I -- Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security	2. Trans- action Date (Month/ Day/ Year)	3. Trans- action Code	4. Securities Acquired (A) or Disposed of (D)			5. Amou Secu Bene Owe End Mont	
			Code	V	Amount	A/D	Price

TABLE II -- Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.	2.	3.	4.	5.	6.	7.	8.			
Title of Derivative Security	Deriv- ative Security	tion Date (Month/ Day/Year)	tion Code	tion Code	Acquired (A) Disposed (D)	Date Exer- cisable	Expiration Date	Title Shares	Amount or Number of Shares	Price
Stock Options (Right to buy)	\$4.67	01/08/2003	A		20000	01/08/2004	01/08/2013	Common Stock	20000	\$