

## VAN KAMPEN HIGH INCOME TRUST

Form 4

October 20, 2004

**FORM 4**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,  
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section  
30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
DAMMEYER RODNEY F

(Last) (First) (Middle)

ROD DAMMEYER, CAC,  
LLC, 4350 LAJOLLA VILLAGE  
DRIVE, STE 980

(Street)

SAN DIEGO, CA 92122

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading  
SymbolVAN KAMPEN HIGH INCOME  
TRUST [VIT]3. Date of Earliest Transaction  
(Month/Day/Year)  
10/20/20044. If Amendment, Date Original  
Filed(Month/Day/Year)5. Relationship of Reporting Person(s) to  
Issuer

(Check all applicable)

☒ Director ☐ 10% Owner  
☐ Officer (give title below) ☐ Other (specify below)6. Individual or Joint/Group Filing(Check  
Applicable Line)  
☒ Form filed by One Reporting Person  
☐ Form filed by More than One Reporting  
Person**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
common shares	10/20/2004		S		427	D	\$ 4.47
common shares	10/20/2004		S		2,400	D	\$ 4.48
common shares	10/20/2004		S		100	D	\$ 4.44
common shares	10/20/2004		S		100	D	\$ 4.43
	10/20/2004		S		100	D	24,873

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common shares					\$ 4.42		
common shares	10/20/2004	S	100	D	\$ 4.41	24,773	D
common shares	10/20/2004	S	6,000	D	\$ 4.4	18,773	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(*e.g.*, puts, calls, warrants, options, convertible securities)

[illegible]

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
DAMMEYER RODNEY F ROD DAMMEYER, CAC, LLC 4350 LAJOLLA VILLAGE DRIVE, STE 980 SAN DIEGO, CA 92122	X			

## Signatures

/s/ Rod  
Dammeyer 10/20/2004

**\*\*Signature of  
Reporting Person**

Date \_\_\_\_\_

## Explanation of Responses:

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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