Edgar Filing: Armour Residential REIT, Inc. - Form 4

Check this box if no longer subject to Section 16. SECURITIES NUMBERSHIP OF Section 16. SECURITIES NUMBERSHIP OF SECURITIES NUMBERSHIP OF SUBJECT OF SECURITIES NUMBERSHIP OF SUBJECT OF SECURITIES NUMBERSHIP OF SUBJECT OF SECURITIES NUMBERSHIP OF SUBJECT OF SECURITIES NUMBERSHIP OF SECURITIES NUMBERSHIP SUBJECT OF SECURITIES NUMBERSHIP OF SECURI									3235-0287 January 31, 2005 average irs per			
(Print or Type Responses)												
PAPERIN STEWART J Symbol			our Residential REIT, Inc.				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) 3001 OCEA					of Earliest Transaction Day/Year)				X_ Director 10% Owner Officer (give title Other (specify below) below)			
(Street) 4. If Amen				Ionth/Day/Year) Aj				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1.Title of Security (Instr. 3)	1.Title of Security2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, if			Code Disposed of (D)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	•		
Common Stock, par value \$0.001 per share	07/01/2014			M <u>(1)</u>	251	A	<u>(1)</u>	27,902 <u>(1)</u>	D			
Common Stock, par value \$0.001 per share	07/01/2014			A <u>(1)</u>	3,810	A	<u>(1)</u>	31,712 <u>(1)</u>	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transact Code (Instr. 8)	5. tionNumber of) Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	s I	Date	Secur	unt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
			Code V		Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Addre	ess	Relationships							
	Director	10% Owner	Officer	Other					
PAPERIN STEWART J 3001 OCEAN DRIVE SUITE #201 VERO BEACH, FL 32963	Х								
Signatures									
/s/ Stewart J. Paperin	07/03/2014								

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Date

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

On July 1, 2014, the reporting person elected to redeem 251 shares of vested phantom stock previously granted under ARMOUR Residential REIT, Inc.'s Amended and Restated 2009 Stock Incentive Plan into 251 shares of ARMOUR's common stock and received 3,810 shares of ARMOUR common stock pursuant to quarterly compensation paid for the reporting person's service on ARMOUR's

(1) Board of Directors. Commencing with the end of the first quarter of 2013, the reporting person may elect to receive up to \$16,500 of the reporting person's total quarterly compensation (or \$66,000 on an annual basis), paid in stock. However, the reporting person may elect to receive some or all of the stock compensation as cash. The 3,810 shares of stock represent the reporting person's election of stock compensation for the past quarter.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

**Signature of

Reporting Person

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number. ained in this form are not required to respond unless the form displays a currently valid OMB number.