Akradi Bah	ram										
Form 4											
October 27	, 2008										
FORM	ЛД								OMB APPROVAL		
	UNITED	UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549						OMB Number:	3235-0287		
Check t				Expires:	January 31, 2005						
if no los subject Section Form 4	to STATE 16.	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES									
Form 5 obligati may con <i>See</i> Inst 1(b).	ons ntinue. Section 17	response 0.5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 0.5 Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940									
(Print or Type	Responses)										
1. Name and Address of Reporting Person <u>*</u> Akradi Bahram			2. Issuer Name and Ticker or Trading Symbol LIFE TIME FITNESS INC [LTM]				5. Relationship of Reporting Person(s) to Issuer				
(Last)	(First) (Middle) 3. Dat	e of Earliest '	Transaction			(Check	all applicable)			
2902 CORPORATE PLACE			(Month/Day/Year) 10/23/2008				_X_ Director 10% Owner _X_ Officer (give title Other (specify below) Chairman and CEO				
(Street)			4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check				
CHANHA	SSEN, MN 55317		Filed(Month/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(State)	(Zip) T	oblo I Non	Dorivotivo	Soour	itios Acqui	red, Disposed of,	or Bonoficially	v Ownod		
		1				_					
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Code	4. Securitie orDisposed o (Instr. 3, 4	f (D)		r 5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Commen			Code V	Amount	(D)	Price \$	(Instr. 3 and 4)				
Common Stock (1)	10/23/2008		S	129,500	D	(2)	2,732,051 <u>(3)</u>	D			
Common Stock (1)	10/23/2008		S	158,300	D	\$ 19.1607 (4)	2,573,751 <u>(3)</u>	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

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Reporting Owners

Reporting Owner Name / Address	Relationships						
i o	Director	10% Owner	Officer	Othe			
Akradi Bahram 2902 CORPORATE PLACE CHANHASSEN, MN 55317	Х		Chairman and CEO				
Signatures							
/s/ Amy C. Seidel on behalf of Akradi		10/27/2008					

Explanation of Responses:

**Signature of Reporting Person

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

The sales of Common Stock were effected by financial institutions pursuant to margin calls because the reporting person's account did not (1) satisfy the minimum margin requirements under various margin loans. The total number of shares reported as sold on this Form 4 is 287,800.

Date

Reflects the weighted average price of 129,500 shares of Common Stock of Life Time Fitness, Inc. sold by the reporting person in multiple transactions on October 23, 2008 with sale prices ranging from \$20.00 to \$20.64 per share. The reporting person undertakes to

- (2) Initialize trainactions on October 23, 2008 with sate prices ranging from \$20,00 to \$20,04 per share. The reporting person indertakes to provide upon request by the U.S. Securities and Exchange Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares purchased or sold at each separate price.
- (3) Corrects miscalculation that occurred on Form 4 filed on August 14, 2007 which understated the reporting person's holdings by 37,500 shares.

Reflects the weighted average price of 158,300 shares of Common Stock of Life Time Fitness, Inc. sold by the reporting person in multiple transactions on October 23, 2008 with sale prices ranging from \$19.00 to \$19.99 per share. The reporting person undertakes to

(4) Inturple transactions on October 25, 2008 with sate prices ranging from \$15,00 to \$15,55 per share. The reporting person indertakes to provide upon request by the U.S. Securities and Exchange Commission staff, the issuer, or a security holder of the issuer, full information regarding the number of shares purchased or sold at each separate price.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners