OWENS & MINOR INC/VA/

Form 4

February 10, 2014

FORM	4
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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

3235-0287 January 31,

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if no longer STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF subject to **SECURITIES** Section 16.

Expires: 2005 Estimated average

OMB APPROVAL

burden hours per

response...

5 Relationship of Reporting Person(s) to

Form 5 obligations may continue. See Instruction

Form 4 or

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

Common

Stock (1)

(Print or Type Responses)

1 Name and Address of Reporting Person *

02/06/2014

Mears Richar	Symbol	2. Issuer Name and Ticker or Trading Symbol OWENS & MINOR INC/VA/ [OMI]			Issuer			
(Last)	(First) (M		f Earliest Tr		(Check all applicable)			
0,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	mion nia o	*	ay/Year)		Director		6 Owner	
OWENS & N	120 02/06/2	02/06/2014			ve title Oth below)	er (specify		
LOCKWOO					below) below) SVP, Chief Information Officer			
	4. If Ame	4. If Amendment, Date Original			6. Individual or Joint/Group Filing(Check			
MECHANIC			nth/Day/Year))	Applicable Line) _X_ Form filed by Form filed by	One Reporting Po		
MECHANIC	CSVILLE, VA 23	116			Person			
(City)	(State) ((Zip) Tabl	e I - Non-D	erivative Securities Ac	quired, Disposed	of, or Beneficia	lly Owned	
1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securities	5. Amount of	6. Ownership	7. Nature of	
Security	(Month/Day/Year)	Execution Date, if	Transaction	onAcquired (A) or	Securities	Form: Direct	Indirect	
(Instr. 3)		any	Code	Disposed of (D)	Beneficially	(D) or	Beneficial	
		(Month/Day/Year)	(Instr. 8)	(Instr. 3, 4 and 5)	Owned	Indirect (I)	Ownership	
					Following	(Instr. 4)	(Instr. 4)	
				(A)	Reported Transaction(s)			
				or	(Instr. 3 and 4)			
			Code V	Amount (D) Price	(moure und 1)			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

A

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

36,963

D

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

3.127

A

\$0

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1. Title of Derivative	2. Conversion	3. Transaction Date (Month/Day/Year)		4. Transactio	5. orNumber	6. Date Exerc Expiration D		7. Title at Amount of		8. Price of Derivative	9. Nu Deriv
Security (Instr. 3)	or Exercise Price of Derivative Security	(monda, Day, Teal)	(Month/Day/Year)	Code (Instr. 8)	of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	(Month/Day/		Underlyin Securities (Instr. 3 a	ng s	Security (Instr. 5)	Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	or Title Nu of	nount umber uares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
Traporting of which a transfer and the	Director	10% Owner	Officer	Other			
Mears Richard W OWENS & MINOR, INC. 9120 LOCKWOOD BLVD. MECHANICSVILLE, VA 23116			SVP, Chief Information Officer				

Signatures

Richard W. Mears by Rosemarie W. France, 02/10/2014 POA

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Restricted stock with three year vesting date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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