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Form 4	YNIHIA										
January 11, 2	2006										
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMB AF OMB Number:	29000000000000000000000000000000000000			
if no long subject to Section 1 Form 4 o Form 5		F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Section 16(a) of the Securities Exchange Act of 1934,						Expires: Estimated a burden hou response	•		
obligation may cont <i>See</i> Instru 1(b).	ns Section 17(a) of the Pu	ublic Ut		ling Con	npany	y Act of	1935 or Section	n		
(Print or Type F	Responses)										
CROATTI CYNTHIA Syr			2. Issuer Name and Ticker or Trading Symbol UNIFIRST CORP [UNF]					5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (M	liddle) 3	3. Date of Earliest Transaction				(Chec	k all applicable	;)		
			Month/Day/Year))1/09/2006					X DirectorX 10% Owner X Officer (give title Other (specify below) below) Executive VP & Treasurer			
				endment, Date Original nth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
								Person			
(City)	(State) (Zip)	Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, if any (Month/Day/Year)		Date, if	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	ccurities Form: Direct eneficially (D) or wned Indirect (I) ollowing (Instr. 4) eported ransaction(s)				
~				Code V	Amount	(D)	Price	(Instr. 3 and 4)			
Common Stock								2,923	Ι	By 401(k)	
Common Stock	01/09/2006			S	2,000	D	\$ 34.78	169,434	I <u>(1)</u>	By Trusts and LLC	
Common Stock								20,000	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Own Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
CROATTI CYNTHIA 68 JONSPIN ROAD WILMINGTON, MA 01887	Х	Х	Executive VP & Treasurer					
Signatures								
Cynthia Croatti, by power of attorney		01/11/200)6					
**Signature of Reporting Person		Date						

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) See Note 1 to Addendum.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.