Southern National Bancorp of Virginia Inc

Form 4

September 29, 2014

September 2												
FORM	14 INTER		TECTI		NID EX	CIL	NOE	OMMICCION		PPROVAL		
	CIVITED	SIAIESS		STITES A shington			INGE C	OMMISSION	OMB Number:	3235-0287		
Check th if no long	gar.								Expires:	January 31,		
subject to Section 1 Form 4 c	MENT OF	F CHANGES IN BENEFICIAL OWN SECURITIES					ERSHIP OF	2005 average rs per 0.5				
Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940												
(Print or Type l	Responses)											
1. Name and Address of Reporting Person ** CALL NEIL J			2. Issuer Name and Ticker or Trading Symbol				6	5. Relationship of Reporting Person(s) to Issuer				
				n Nation a Inc [SO		orp of		(Check all applicable)				
(Last)		(f Earliest T Day/Year)	ransaction	l		X Director Officer (give t below)		Owner er (specify		
1500 ATLA	ANTIC BLVD. U	NIT 307 ()9/26/2	014				below)	ociow)			
	(Street)			endment, D nth/Day/Yea		al		6. Individual or Joi Applicable Line) _X_ Form filed by O		_		
KEYWEST	r, FL 33040							Form filed by Mo Person	ore than One Re	porting		
(City)	(State)	(Zip)	Tab	le I - Non-l	Derivative	Secu	rities Acqu	ired, Disposed of,	or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Date, if	ate, if Transaction Disposed of (D) Code (Instr. 3, 4 and 5) /Year) (Instr. 8)		Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
Southern National				Code V	Amount	(D)	Price	(Instr. 3 and 4)				
Bancorp of Virginia Common Stock	09/26/2014			P	234	A	\$ 11.6634	92,464	D			
Southern National Bancorp of Virginia Common Stock								92,697	D			

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Southern National Bancorp of Virginia Common Stock

7,000 (1)D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Warrants (Right to Buy)	\$ 9.09					08/26/2004	04/14/2015	Common Stock	11,000
Employee Stock Option (Right to Buy)	\$ 14.73					01/24/2008(2)	01/24/2017	Common Stock	1,100
Employee Stock Option (Right to Buy)	\$ 9.2					01/23/2009(3)	01/23/2018	Common Stock	1,000
Employee Stock Option (Right to Buy)	\$ 5.5					01/27/2010 <u>(4)</u>	01/27/2019	Common Stock	1,000
	\$ 7.04					07/27/2011(5)	07/27/2020		1,000

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Employee Stock Option (Right to Buy)				Common Stock	
Employee Stock Option (Right to Buy)	\$ 7.2	03/21/2012(6)	03/21/2021	Common Stock	1,000
Employee Stock Option (Right to Buy)	\$ 6.24	02/09/2013(7)	02/09/2022	Common Stock	2,000
Employee Stock Option (Right to Buy)	\$ 9.32	01/29/2014 <u>(8)</u>	01/29/2023	Common Stock	3,500

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
CALL NEIL J 1500 ATLANTIC BLVD. UNIT 307 KEYWEST, FL 33040	X						

Signatures

Neil J Call 09/29/2014

**Signature of Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares are owned jointly with spouse.
- (2) These options are exercisable as follows: 220 on 1/24/2008, 220 on 1/24/2009, 220 on 1/24/2010, 220 on 1/24/2011, 220 on 1/24/2012.
- (3) These options are exercisable as follows: 200 on 1/23/2009, 200 on 1/23/2010, 200 on 1/23/2011, 200 on 1/23/2012, 200 on 1/23/2013.
- (4) These options are exercisable as follows: 200 on 1/27/2010, 200 on 1/27/2011, 200 on 1/27/2012, 200 on 1/27/2013, 200 on 1/27/2014.
- (5) These options are exercisable as follows: 200 on 7/27/2011, 200 on 7/27/2012, 200 on 7/27/2013, 200 on 7/27/2014, 200 on 7/27/2015.
- (6) These options are exercisable as follows: 200 on 3/21/2012, 200 on 3/21/2013, 200 on 3/21/2014, 200 on 3/21/2015, 200 on 3/21/2016.
- (7) These options are exercisable as follows: 400 on 2/9/2013, 400 on 2/9/2014, 400 on 2/9/2015, 400 on 2/9/2016, 400 on 2/9/2017.
- (8) These options are exercisable as follows: 700 on 1/29/2014, 700 on 1/29/2015, 700 on 1/29/2016, 700 on 1/29/2017, 700 on 1/29/2018.

Reporting Owners 3

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