AMARC RESOURCES LTD Form 6-K June 12, 2018
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549
FORM 6-K
REPORT OF FOREIGN PRIVATE ISSUER PURSUANT TO RULE 13a-16 OR 15d-16 UNDER THE SECURITIES EXCHANGE ACT OF 1934
For the month of <b>June, 2018</b>
Commission File Number: 000-49869
Amarc Resources Ltd. (Translation of registrant's name into English)
15th Floor - 1040 W. Georgia St., Vancouver, BC, V6E 4H1 (Address of principal executive offices)
Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.
[X] Form 20-F [ ] Form 40-F
Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1): [ ]

Indicate by	check mark if	the registrant is	submitting the	Form 6-K in p	aper as permit	ted by Regula	ition S-T Ru	ıle
101(b)(7):	[ ]							

### **SUBMITTED HEREWITH**

**Exhibits** 

99.1 Press release June 12, 2018

#### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

#### **Amarc Resources Ltd.**

(Registrant)

Date: June 12, 2018 By: /s/ Diane Nicolson

Diane Nicolson

Title: President