Edgar Filing: ZIMMERMAN JAMES A - Form 4

ZIMMERMA Form 4	AN JAMES A							
May 01, 200	6							
FORM	4		DIFIER			OMB A	PPROVAL	
Washington, D.C. 20549							3235-0287 January 31,	
Check thi if no long subject to Section 1 Form 4 or Form 5 obligation may cont <i>See</i> Instru 1(b).	6. Filed pur inue. Section 17(STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 20(b) of the Investment Company Act of 1940						
(Print or Type F	Responses)							
(I IIII OF I JPP I	(cop on sec)							
1. Name and A ZIMMERM	Symbol		d Ticker or Trading RAL INC [MEG]	5. Relationship of Reporting Person(s) to Issuer				
	(First) (I				(Check all applicable)			
(Last) 333 EAST F		of Earliest T /Day/Year) 2006	ransaction	Director 10% Owner X Officer (give title Other (specify below) below) Vice President				
		nendment, D onth/Day/Yea	Date Original ar)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person				
RICHMONI	D, VA 23219				Form filed by M Person	Iore than One R	eporting	
(City)	(State)	(Zip) Ta	ble I - Non-	Derivative Securities	Acquired, Disposed of	, or Beneficia	lly Owned	
	2. Transaction Date (Month/Day/Year)	Execution Date, if any	Code (Instr. 8)	4. Securities onAcquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Pric	Securities F Beneficially (I Owned (I Following (I Reported Transaction(s) (Instr. 3 and 4)	. Ownership form: Direct D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Reminder: Don	ort on a senarate line	for each class of so	ourities here	ficially owned directly	v or indirectly			
Kennider: Kep	on on a separate fine	for each class of se	unities bene	information con required to res	espond to the collect ntained in this form a pond unless the form ently valid OMB con	are not n	SEC 1474 (9-02)	

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and Amount of	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	onNumber	Expiration Date	Underlying Securities	Derivative
Security	or Exercise		any	Code	of	(Month/Day/Year)	(Instr. 3 and 4)	Security

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(Instr. 3)	Price of Derivative Security	(Month/Day/Year)	(Instr. 8)	Derivativ Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	3				(Instr. 5)
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock (1)	\$ O	04/28/2006	А	83	(2)	(2)	Class A Common Stock	83	\$ 0

Reporting Owners

Reporting Owner Name / Address	Relationships							
1 0	Director	10% Owner	Officer	Other				
ZIMMERMAN JAMES A 333 EAST FRANKLIN ST RICHMOND, VA 23219			Vice President					
Signatures								
/s/ James A. Zimmerman, by C Attorney-in-fact	05/01/2006							

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Units acquired under Company deferred compensation plan, final balance of which is distributed upon employee's termination of service.

Date

- (2) Upon retirement, employee has several options as to the timing and form of payout.
- (3) Additionally, 31,900 non-derivative Class A common shares are held directly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.