SunOpta Inc. Form 4 March 08, 2007									
FORM 4 UNITED O	STATES SECH	DITIES A	ND EV	СПУ	NCEC	OMMISSION		PROVAL	
UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549						OMMINISSION	OMB Number:	3235-0287	
Check this box if no longer CTATEMENTE OF CHANCES IN DENEELCIAL OWNERS						Expires:	January 31, 2005		
subject to STATE	STATEMENT OF CHANGES IN BENEFICIAL OWNER						Estimated average		
Section 16. Form 4 or	SECURITIES						burden hours per response 0.5		
abligations	suant to Section				-		·	0.0	
obligations may continue. Section 17(a	a) of the Public U $20(h)$ of the U	•	•	· ·	•		1		
See Instruction 1(b).	30(h) of the I	nvestment	Compar	iy Ac	x of 194	0			
(Print or Type Responses)									
1. Name and Address of Reporting I Chhiba Benjamin	Person <u>*</u> 2. Issue Symbol	2. Issuer Name and Ticker or Trading Symbol				5. Relationship of Reporting Person(s) to Issuer			
	SunOp	SunOpta Inc. [stk1]				(Check all applicable)			
(Last) (First) (M		of Earliest T	ransaction						
2374 YOLANDA DRIVE		(Month/Day/Year) 12/13/2006				Director 10% Owner X Officer (give title Other (specify			
						below) VP & C	below) General Counse	1	
(Street)	4. If Am	endment, Da	ate Origina	ıl		6. Individual or Joi	nt/Group Filing	g(Check	
	ed(Month/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person				
OAKVILLE, A6 L6L 2H8						Form filed by M Person			
(City) (State)	(Zip) Tab	ole I - Non-I	Derivative	Secur	rities Acqu	uired, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securition(A) or Di (Instr. 3,	spose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
		Code V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)			
Common 03/08/2007 Shares		A	434	A	\$ 9.3228	4,249 <u>(1)</u>	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,		ate	Secur	ınt of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owno Follo Repo Trans (Instr
				Code V	4, and 5) (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Addı	ress	Relationships							
	Director	10% Owner	Officer	Other					
Chhiba Benjamin 2374 YOLANDA DRIVE OAKVILLE, A6 L6L 2H8			VP & General Counsel						
Signatures									
Benjamin Chhiba	03/08/2007								
<u>**</u> Signature of Reporting Person	Date								

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Employee Stock Purchase Plan

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.