

Seiffer Harald A
Form 4
March 14, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

OMB APPROVAL

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(Print or Type Responses)

1. Name and Address of Reporting Person *
Seiffer Harald A

(Last) (First) (Middle)

AUGUSTE-SUPPER-STR12

(Street)

75365 CALW, 2M NONE

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading
Symbol
MOOG INC [MOGA/MOGB]

3. Date of Earliest Transaction
(Month/Day/Year)
03/12/2013

4. If Amendment, Date Original
Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to
Issuer

(Check all applicable)

____ Director ____ 10% Owner
__X__ Officer (give title ____ Other (specify
below) below)

Vice President

6. Individual or Joint/Group Filing(Check
Applicable Line)
__X__ Form filed by One Reporting Person
____ Form filed by More than One Reporting
Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price
Class A Common	03/12/2013		S		7,750	D	\$ 45.50
Class A Common	03/14/2013		M		13,250	A	\$ 26.65

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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information contained in this form are not
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(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount or Number of Shares
Option to Buy ⁽¹⁾	\$ 26.65	03/14/2013		M	13,250	⁽²⁾ 01/12/2015	Class A Common 13,250
Option to Buy ⁽¹⁾	\$ 28.94					⁽³⁾ 11/29/2015	Class A Common 20,250
Option to Buy ⁽¹⁾	\$ 36.67					11/28/2009 11/28/2016	Class A Common 20,250
Option to Buy ⁽¹⁾	\$ 42.45					11/26/2010 11/26/2017	Class A Common 20,250
SAR ⁽⁴⁾	\$ 35.12					⁽⁵⁾ 10/31/2018	Class A Common 20,500
SAR ⁽⁴⁾	\$ 26.66					⁽⁶⁾ 12/01/2019	Class A Common 15,375
SAR ⁽⁴⁾	\$ 36.86					⁽⁷⁾ 11/30/2020	Class A Common 20,500
SAR ⁽⁴⁾	\$ 41.82					⁽⁸⁾ 11/30/2021	Class A Common 20,500
SAR ⁽⁴⁾	\$ 36.41					⁽⁹⁾ 11/27/2022	Class A Common 20,500

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Seiffer Harald A AUGUSTE-SUPPER-STR12 75365 CALW, 2M NONE			Vice President	

Signatures

Timothy P.
Balkin

03/14/2013

 Signature of
Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) OPTION TO BUY GRANTED UNDER THE 1998 AND/OR 2003 INCENTIVE STOCK OPTION PLAN.
- (2) OPTION EXERCISABLE AS FOLLOWS: 2,693 ON 1/12/06, 2,692 ON 1/12/07, 3,751 ON 1/12/08, 3,752 ON 1/12/09, 3,752 ON 1/12/10 AND 3,610 ON 1/12/11.
- (3) OPTION EXERCISABLE AS FOLLOWS: 131 ON 11/29/11, 3,455 ON 11/29/12, 3,455 ON 11/29/13, 3,455 ON 11/29/14 AND 9,754 ON 11/29/15.
- (4) STOCK APPRECIATION RIGHTS (SAR) GRANTED UNDER THE 2008 INCENTIVE STOCK OPTION PLAN.
- (5) SAR EXERCISABLE AS FOLLOWS: 6,834 ON 10/31/09, 6,833 ON 10/31/10 AND 6,833 ON 10/31/11.
- (6) SAR EXERCISABLE AS FOLLOWS: 5,125 ON 12/1/10, 5,125 ON 12/1/11 AND 5,125 ON 12/1/12.
- (7) SAR EXERCISABLE AS FOLLOWS: 6,834 ON 11/30/11, 6,833 ON 11/30/12 AND 6,833 ON 11/30/13.
- (8) SAR EXERCISABLE AS FOLLOWS: 6,834 ON 11/30/12, 6,833 ON 11/30/13 AND 6,833 ON 11/30/14.
- (9) SAR is exercisable as follows: 6,834 on 11/27/2013, 6,833 on 11/27/2014 and 6,833 on 11/27/2015.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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