MOOG INC. Form 4 November 17, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB APPROVAL

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Check this box if no longer subject to Section 16.

Section 16.

Form 4 or

Form 5

Obligations

SECURITIES

Filed pursuant to Section 16(a) of the Securities Exch.

Form 5 biligations obligations may continue. See Instruction See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(City)

(State)

(Zip)

(Print or Type Responses)

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading ATHOE MAUREEN MARY Issuer Symbol MOOG INC. [MOGA/MOGB] (Check all applicable) (Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) Director 10% Owner X_ Officer (give title Other (specify SENECA ST AND JAMISON RD 11/15/2016 below) Vice President (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting EAST AURORA, NY 14052 Person

,	City)	(State) (2	Table	e I - Non-Do	erivative S	ecurities Ac	quired, Disposed	of, or Beneficia	lly Owned
1.Titl Secur (Instr	rity	2. Transaction Date (Month/Day/Year)	th/Day/Year) Execution Date, if TransactionAcquired (A) or any Code Disposed of (D)		(A) or	5. Amount of Securities Beneficially	6. Ownership Form: Direct (D) or	7. Nature of Indirect Beneficial	
			(Month/Day/Year)	(Instr. 8) Code V	(Instr. 3, 4	(A) or (D) Price	Owned Following Reported Transaction(s) (Instr. 3 and 4)	Indirect (I) (Instr. 4)	Ownership (Instr. 4)
Clas Con	s A imon						1,519	D	
Clas Con	s B mon (1)						351	I	401 (k)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	onDerivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
SAR (2)	\$ 35.12						(3)	10/31/2018	Class A Common	4,000
SAR (2)	\$ 36.86						(3)	11/30/2020	Class A Common	4,000
SAR (2)	\$ 41.82						(3)	11/30/2021	Class A Common	4,000
SAR (2)	\$ 36.41						(3)	11/27/2022	Class A Common	4,000
SAR (2)	\$ 61.69						(3)	11/11/2023	Class A Common	2,000
SAR (2)	\$ 74.38						(3)	11/11/2024	Class A Common	2,000
SAR (4)	\$ 63.04						(3)	11/17/2025	Class A Common	3,333
SAR (4)	\$ 65.9						(3)	11/17/2025	Class B Common	6,667
SAR (4)	\$ 71.65	11/15/2016		A	10,000		(3)	11/15/2026	Class B Common	10,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
Troporting of the France France Control	Director	10% Owner	Officer	Other			
ATHOE MAUREEN MARY							
SENECA ST AND JAMISON RD			Vice President				

SENECA ST AND JAMISON RD EAST AURORA, NY 14052

Signatures

Timothy P. Balkin, as Power of Attorney for Maureen Mary Athoe

**Signature of Reporting Person Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Reflects equivalent shares held in Moog Inc. Retirement Savings Plan as of the most recent statement.
- (2) Stock Appreciation Right (SAR) granted under the 2008 Appreciation Rights Plan.
- (3) SARs become exercisable ratably over three years beginning on the first anniversary from the date of grant.
- (4) Stock Appreciation Rights (SAR) granted under the Moog Inc. 2014 Long Term Incentive Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.