Edgar Filing: Broaddus J Alfred Jr - Form 4

Broaddus J A Form 4											
October 22, 2									PPROVAL		
	UNITED	STATES			N OMB Number:	3235-0287					
Check thi if no long subject to Section 14 Form 4 or Form 5 obligatior may conti <i>See</i> Instru 1(b).	er 6. Filed pur inue. Section 17(Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940									
(Print or Type R	Responses)										
1. Name and Address of Reporting Person <u>*</u> Broaddus J Alfred Jr			Symbol	er Name an JS & MIN		Trading /VA/ [OM	Issuer				
(Last)	(First) (Middle)		of Earliest T			(Ch	eck all applicable)			
9120 LOCKWOOD BOULEVARD			(Month/ 10/20/2	Day/Year) 2010			_X_Director10% Owner Officer (give titleOther (specify below)below)				
MECHANIC	2116		endment, D onth/Day/Yea	-	1	Applicable Line) _X_ Form filed by	 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
	CSVILLE, VA 2						Person				
(City)	(State)	(Zip)					cquired, Disposed				
	2. Transaction Date (Month/Day/Year)	2A. Deema Execution any (Month/Da	Date, if	3. Transactio Code (Instr. 8) Code V	4. Securit mAcquired Disposed (Instr. 3, 4)	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Reminder: Repo	ort on a separate line	e for each cla	ass of sec	urities bene	ficially ow	ned directly	or indirectly.				
					inforn requir	nation cont ed to resp lys a curre	spond to the colle tained in this form ond unless the fo ntly valid OMB co	n are not rm	SEC 1474 (9-02)		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and Amount of	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration Date	Underlying Securities	Derivative
Security	or Exercise		any	Code	of	(Month/Day/Year)	(Instr. 3 and 4)	Security
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		(Instr. 5)

	Derivative Security				Secur Acqu (A) o Dispo of (D (Instr 4, and	bired or osed () () () () () () () () () () () () ()					
			Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Phantom Stock	(1)	10/20/2010	А		70		<u>(1)</u>	(1)	Common Stock	70	\$ 28.3
Phantom Stock	<u>(1)</u>	10/21/2010	А		36		<u>(1)</u>	(1)	Common Stock	36	\$ 27.96

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Broaddus J Alfred Jr 9120 LOCKWOOD BOULEVARD MECHANICSVILLE, VA 23116	Х						
Signatures							
J. Alfred Broaddus, Jr., by Rosemarie POA	10/22/2010						
<u>**</u> Signature of Reporting Person			Date				
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Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The shares of phantom stock are convertible on a 1-for-1 basis and become payable, in cash or common stock, at the election of the
 (1) reporting person, upon the occurrence of one of the following (as elected in advance by the reporting person): (a) death, (b) disability, (c) termination of service as director, (d) specified future delivery date, or (e) the earliest to occur of (a), (b), (c) or (d).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.