## Edgar Filing: ROGERS JAMES E - Form 4

OCEDC INNEC

Form 4 December 20.													
FORM	ORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								PPROVAL 3235-0287				
Check this if no longe subject to Section 16 Form 4 or Form 5 obligation may contin <i>See</i> Instruct 1(b).	Filed pur Section 17(	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								burden hou response	Estimated average burden hours per response 0.5		
(Print or Type R	esponses)												
ROGERS JAMES E Symbol			nbol	r Name <b>and</b> Ticker or Trading S & MINOR INC/VA/ [OMI]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
9120 LOCKWOOD BLVD. (Month/Da (Street) 4. If Amen Filed(Mont			onth/Da	-					X_ Director 10% Owner Officer (give title Other (specify below) below)				
									<ul> <li>6. Individual or Joint/Group Filing(Check Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> <li> Form filed by More than One Reporting</li> </ul>				
	SVILLE, VA 23								Person		porting		
(City)	(State)	(Zip)	Table	I - Nor	1-De	rivative S	ecurit	ties Acc	quired, Disposed of	f, or Beneficial	lly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)			3. Transa Code (Instr.		4. Securi nAcquired Disposed (Instr. 3,	(A) o of (D	)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Common Stock	11/01/2010			Code G		Amount 1,800	(D) D	Price \$ 0	41,928	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	ctionNumber Ex of (N 8) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,		Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Own Follo Repo Trans (Instr
			Code V	4, and	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

## **Reporting Owners**

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
ROGERS JAMES E 9120 LOCKWOOD BLVD. MECHANICSVILLE, VA 23116	Х							
Signatures								
James E. Rogers by Rosemarie W POA	12/20/2010							
<u>**</u> Signature of Reporting Person			Date					
Evalore there of Deer								

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.