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GENERAL M	IILLS INC										
Form 4											
October 12, 2	005										
FORM	4								OMB AF	PROVAL	
	UNITED) STATES		ITIES Al hington, l			IGE CO	MMISSION	OMB Number:	3235-0287	
	Check this box								Expires:	January 31,	
subject to Section 16 Form 4 or	Section 16. SECURITIES Form 4 or						CRSHIP OF	Estimated average burden hours per response 0.			
Form 5 obligations may contin <i>See</i> Instruct 1(b).	Section 17	(a) of the		lity Hold	ing Com	pany	Act of 19	Act of 1934, 935 or Section			
(Print or Type Re	esponses)										
ROTSCH JEFFREY J Symbol				Name and '			>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	(Middle)	3. Date of	Earliest Tra	nsaction			(Check	sk all applicable)		
			(Month/Da	h/Day/Year)				Director		Owner	
GENERAL M INC., NUMB MILLS BLV	ER ONE GEN	IERAL	10/10/20	05				XOfficer (give t low) EXECUTIVE	itle Othe below) E VICE PRES	r (specify IDENT	
(Street) 4. If Amen				endment, Date Original 6.				. Individual or Joint/Group Filing(Check			
				nth/Day/Year) Aj				Applicable Line) X_ Form filed by One Reporting Person Form filed by More than One Reporting			
MINNEAPO	LIS, MN 5542	6						_ Form filed by Mo	ore than One Re	porting	
(City)	(State)	(Zip)	Table	I - Non-De	erivative S	ecurit	ies Acquir	ed, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deemed Execution Date, if any (Month/Day/Year)			3. 4. Securities Acquired (A Transactionor Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	rities Ownership Indir eficially Form: Bene ned Direct (D) Own owing or Indirect (Instr orted (I)			
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)			
COMMON STOCK	10/10/2005			S	16,200	D	\$ 48	0	D		
COMMON STOCK	10/10/2005			М	16,200	А	\$ 26.155	119,160	D		
COMMON STOCK								15,377	Ι	(See Footnote) (1)	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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required to respond unless the form displays a currently valid OMB control number.

Date

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amoun or Numbe of Shar
OPTION TO BUY	\$ 26.155	10/10/2005		М		16,200	09/18/1995	10/18/2005	COMMON STOCK	16,20

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
ROTSCH JEFFREY J GENERAL MILLS, INC. NUMBER ONE GENERAL MILLS BLVD. MINNEAPOLIS, MN 55426			EXECUTIVE VICE PRESIDENT					
Signatures								
/s/ Trevor Gunderson by Power of Attorney of ROTSCH	n behalf o	f JEFFREY	10/12/2005					

**Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Held in Trust by the Trustee of the General Mills Savings Plan.
- (2) Employee option (right to buy) granted by the Compensation Committee of Board of Directors of General Mills, Inc. under shareholder-approved stock option plans.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.