GENERAL MILLS INC

Form 4 March 30, 2006

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB 3235-0287 Number:

Check this box if no longer subject to Section 16.

January 31, Expires: 2005

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Estimated average burden hours per response... 0.5

Form 4 or Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of DARCY RANDY		2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
(Last) (First) (Middle) GENERAL MILLS, INC., NUMBER ONE GENERAL MILLS BLVD. (Street)		GENERAL MILLS INC [GIS] 3. Date of Earliest Transaction	(Check all applicable) Director 10% Owner _X_ Officer (give title Other (specify below) below) EXECUTIVE VICE PRESIDENT 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
		(Month/Day/Year) 03/28/2006			
		4. If Amendment, Date Original Filed(Month/Day/Year)			
MADELEGIE	NANI 55406		Form filed by More than One Reporting		

MINNEAPOLIS, MN 55426

Person

(City)	(State) (Z	Zip) Table	I - Non-Do	erivative S	Securi	ities Acquire	d, Disposed of, o	or Beneficially	Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securi or Dispo (Instr. 3,	sed of 4 and (A) or	` ′	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
COMMON STOCK	03/28/2006		M	7,823	A	\$ 30.065	0	D	
COMMON STOCK	03/28/2006		S	7,823	D	\$ 50.6895	84,446	D	
COMMON STOCK							6,020	I	See footnote (1)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

 Title of 	2.	3. Transaction Date	3A. Deemed	4. 5. Number		6. Date Exercisable and		7. Title and Amount of	
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction Derivative		Expiration Date		Underlying Securities	
Security	or Exercise		any	Code Securities		(Month/Day/Year)		(Instr. 3 and 4)	
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Acquired				
	Derivative				(A) or				
	Security				Disposed of				
					(D)				
					(Instr. 3, 4,				
					and 5)				
									Amount
									or
						Date	Expiration	Title	Number
						Exercisable	Date	Title	of
				Code V	(A) (D)				Shares
OPTION								COMMON	
TO BUY	\$ 30.065	03/28/2006		M	7,823	09/30/1996	10/30/2006	STOCK	7,823

Reporting Owners

Relationships Reporting Owner Name / Address Director 10% Owner

DARCY RANDY G GENERAL MILLS, INC. NUMBER ONE GENERAL MILLS BLVD. MINNEAPOLIS, MN 55426

EXECUTIVE VICE PRESIDENT

Other

Signatures

Chris Rauschl by Power of Attorney on behalf of RANDY **DARCY**

03/30/2006

**Signature of Reporting Person

Date

Officer

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Held in Trust by the Trustee of the General Mills Savings Plan.
- Employee option (right to buy) granted by the Compensation Committee of Board of Directors of General Mills, Inc. under shareholder-approved stock option plans.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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