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CONMED C Form 4	ORP										
May 18, 200	7										
	FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION							OMB APPROVAL			
Was Check this box if no longer subject to Section 16. Form 4 or				 Shington, D.C. 20549 GES IN BENEFICIAL OWNERSHIP OF SECURITIES 6(a) of the Securities Exchange Act of 1934, 					Number: Expires: Estimated	3235-0287 January 31, 2005 average	
									burden hours per response 0.5		
obligation may cont <i>See</i> Instru 1(b).	ns Section 17(a) of the		ility Hold	ing Com	pany	Act o	f 1935 or Sectio	on		
(Print or Type R	Responses)										
JONES ALEXANDER Symbo			Symbol	ssuer Name and Ticker or Trading bol NMED CORP [CNMD]				5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (1	Middle)	3. Date of Earliest Transaction (Che				ck all applicable)				
5029 CHAP	EL CROSSING		(Month/D 05/16/20	-				Director X Officer (giv below) VP/		% Owner er (specify s	
			mendment, Date Original /onth/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person 				
DOUGLAS	VILLE, GA 3013	35							More than One R		
(City)	(State)	(Zip)	Table	e I - Non-Do	erivative S	Securi	ties Ac	quired, Disposed o	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	Executi any	on Date, if	3.4. SecuritiesTransactionAcquired (A) orCodeDisposed of (D)(Instr. 8)(Instr. 3, 4 and 5)))	Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
				Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)			
Common Stock	05/16/2007			М	134	А	\$0	5,277	D		
Common Stock	05/16/2007			F	66	D	\$0	5,277	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Numb orDerivati Securitic Acquired or Dispo (D) (Instr. 3, and 5)	ve es d (A) osed of	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and A Underlying S (Instr. 3 and 4
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title
RSUs (Restricted Stock Units)	<u>(1)</u>	05/16/2007		М		200	05/16/2007	05/16/2016	Common Stock
RSUs (Restricted Stock Units)	<u>(1)</u>	05/17/2007		А	1,000		05/17/2008(1)	05/17/2017 <u>(1)</u>	Common Stock
SAR's (Stock Appreciation Rights) (2)	\$ 29.92	05/17/2007		А	2,500		05/17/2008(2)	05/17/2017 <u>(2)</u>	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
JONES ALEXANDER 5029 CHAPEL CROSSING DOUGLASVILLE, GA 30135			VP/Corporate Sales				

Signatures

Reporting Person

/s/ Alexander 05/18/2007 Jones **Signature of Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v). *
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). **

Each restricted stock unit ("RSU") represents a contingent right to receive one share of common stock, par value \$0.01 per share of (1) ConMed Corporation (the "Company") and will be subject to the terms and conditions of the Company's 2006 Stock Incentive Plan, with the RSUs generally vesting over a five year period with the first 20% of the RSU's vesting one year after the grant date.

(2)

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The stock appreciation rights ("SARs") were granted under the Company's 2006 Stock Incentive Plan and generally vest in equal amounts over a five year period.

(3) The RSUs and SARs were granted at no cost to the Reporting Person.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.