Edgar Filing: Deinard Theodore - Form 4

Form 4													
November 1										(ОМВ	APPROVA	AL.
FORM	4 UNITE	D STATES				ND EX , D.C. 2(ANGE	COMMISSIO	N OME			-0287
Check th	7.0 r			U						Expi	ires:	Janua	-
if no long subject to Section 1 Form 4 o	6.	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES										Estimated average burden hours per response 0.	
Form 5 obligatio may cont <i>See</i> Instru 1(b).	ns Section	7(a) of the		tility I	Hol	ding Co	npan	y Act o	ge Act of 1934 of 1935 or Sect 940				
(Print or Type I	Responses)												
1. Name and A Deinard The	Address of Reporti eodore	ng Person <u>*</u>	Symbol			I Ticker of		ing	5. Relationship Issuer	of Report	ting P	erson(s) to	
				ARC Group Worldwide, Inc. [ARCW]					(Check all applicable)				
			(Month/I	3. Date of Earliest Transaction (Month/Day/Year)					X Director X Officer (g below)			0% Owner Other (specify	
	GROUP WORI		11/15/2	2012						Interim (
				(Month/Day/Year) Applicable Li _X_ Form file					Applicable Line) _X_ Form filed b	or Joint/Group Filing(Check) by One Reporting Person by More than One Reporting			
DELAND, 1	FL US 32724								Person	v wore that	n One	Reporting	
(City)	(State)	(Zip)	Tab	le I - N	on-I	Derivative	Secu	rities Ao	cquired, Disposed	of, or Be	enefic	ially Owne	d
1.Title of Security (Instr. 3)2. Transaction Date (Month/Day/Year)2A. Deemed Execution D any (Month/Day/Year)			n Date, if	1				d of	SecuritiesOwnershipIndiBeneficiallyForm: DirectBenOwned(D) orOwnFollowingIndirect (I)(InstReported(Instr. 4)Transaction(s)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
0				Code	v	Amount		Price	(Instr. 3 and 4)				
Common Stock	11/15/2012			А		100	А	\$ 5.1	100	D			
Common Stock	11/15/2012			А		100	А	\$ 5.13	200	D			
Common Stock	11/15/2012			А		100	А	\$ 5.15	300	D			
Common Stock	11/15/2012			А		200	А	\$ 5.2	500	D			
Common Stock	11/15/2012			А		200	А	\$ 5.3	700	D			

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Common Stock	11/15/2012	А	100	А	\$ 5.25	800	D	
Common Stock	11/15/2012	А	100	А	\$ 5.04	900	D	
Common Stock	11/15/2012	А	69	А	\$ 5.15	969	D	
Common Stock						3,613,948	Ι	Through Corporation

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address		Relationships							
hepoting 0 when	Director	10% Owner	Officer	Other					
Deinard Theodore C/O ARC GROUP W 810 FLIGHTLINE BI DELAND, FL US 32	Х		Interim CEO						
Signatures									
/s/ Theodore Deinard	11/19/2012								
**Signature of	Date								

Reporting Owners

Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Remarks:

Mr. Deinard directly owns 969 shares of the common stock of ARC Group Worldwide, Inc. (the "Company"). In addition, 3,6

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.