

BASHINSKY JOANN F  
Form 4  
February 15, 2007

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

OMB Number: 3235-0287  
Expires: January 31, 2005  
Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
BASHINSKY JOANN F

2. Issuer Name and Ticker or Trading Symbol  
GOLDEN ENTERPRISES INC  
[GLDC]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction  
(Month/Day/Year)

Director  10% Owner  
 Officer (give title below)  Other (specify below)

3432 BRIARCLIFF ROAD EAST

02/13/2007

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

BIRMINGHAM, AL 35223

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	02/13/2007		J <sup>(1)</sup>	1,299 A \$ 0	12,704	D	
Common Stock					5,231,128 <sup>(1)</sup>	I <sup>(1)</sup>	By SYB, Inc. <sup>(1)</sup>
Common Stock					1,014,500 <sup>(1)</sup>	I <sup>(1)</sup>	By Estate of Sloan Y. Bashinsky, Sr. <sup>(1)</sup>
Common Stock					404,544 <sup>(2)</sup>	I <sup>(2)</sup>	By Bashinsky Foundation,



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Stock Trust.

- (2) Shares owned by the Bashinsky Foundation, Inc., a tax-exempt private foundation. Mrs. Bashinsky serves as a member of the Board of Directors and an officer of Bashinsky Foundation, Inc. Mrs. Bashinsky disclaims beneficial ownership of such shares.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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