Form 4	OULOS FRED	Р									
May 01, 2013 FORM Check thi if no long subject to Section 14 Form 4 or Form 5 obligation may conti <i>See</i> Instru 1(b).	hington, GES IN I SECURI 6(a) of the ility Hold	<b>FIES AND EXCHANGE COMMISSION</b> <b>ington, D.C. 20549</b> <b>ES IN BENEFICIAL OWNERSHIP OF</b> <b>SECURITIES</b> a) of the Securities Exchange Act of 1934, ity Holding Company Act of 1935 or Section estment Company Act of 1940					Simple3235-028'Number:January 31Expires:2001Estimated averageburden hours perresponse0.3				
(Print or Type R	Responses)										
	ddress of Reporti OULOS FRED		Symbol	Name and MEDICA				5. Relationship of Issuer (Chec	Reporting Per k all applicabl		
(Last) (First) (Middle) 3. Date of (Month/Da 1600 W MERIT PARKWAY 04/29/20				-				_X_ Director 10% Owner _X_ Officer (give title Other (specify below) President & CEO			
SOUTH IO	(Street) RDAN, UT 84	005		ndment, Dat th/Day/Year)	-			6. Individual or Jo Applicable Line) _X_ Form filed by 0 Form filed by M	One Reporting P	erson	
	(State)							Person			
(City)	(State)	(Zip)	Table	e I - Non-Do				uired, Disposed of		-	
1.Title of Security (Instr. 3)	2. Transaction E (Month/Day/Ye	ar) Executio any	med on Date, if Day/Year)	3. Transactio Code (Instr. 8) Code V	n(A) or Di (D) (Instr. 3,	spose	d of	Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial	
Common Stock, No Par Value								86,961	I	By 401(k) Plan (1)	
Common Stock, No Par Value	04/29/2013			Р	90	A	\$ 9.82	90	I	By spouse as custodian for child.	
Common Stock, No Par Value								976,722	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and A Underlying S (Instr. 3 and 4	Securitie
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amour Numbe Shares
Non-qualified stock options (right to buy)	\$ 8.38					05/22/2003	05/22/2013	Common Stock	33,3
Non-qualified stock options (right to buy)	\$ 17.34					12/13/2004 <u>(2)</u>	12/13/2013	Common Stock	35,0
Non-qualified stock options (right to buy)	\$ 17.34					12/13/2003	12/13/2013	Common Stock	18,7
Non-qualified stock options (right to buy)	\$ 11.05					06/10/2004	06/10/2014	Common Stock	18,7
Non-qualified stock options (right to buy)	\$ 11.05					06/10/2004	06/10/2014	Common Stock	15,0
Non-qualified stock options (right to buy)	\$ 12.02					12/18/2004	12/18/2014	Common Stock	50,0
Non-qualified stock options (right to buy)	\$ 11.41					05/25/2005	05/25/2015	Common Stock	18,7:
Non-qualified stock options (right to buy)	\$ 14.39					07/15/2005	07/15/2015	Common Stock	93,7:
	\$ 9.71					12/28/2005	12/28/2015		50,0

Non-qualified stock options (right to buy)				Common Stock	
Non-qualified stock options (right to buy)	\$ 9.22	05/25/2007 <u>(3)</u>	05/25/2013	Common Stock	18,7
Non-qualified stock options (right to buy)	\$ 9.7	06/27/2008 <u>(4)</u>	06/27/2014	Common Stock	50,0
Non-qualified stock options (right to buy)	\$ 9.7	06/27/2008 <u>(4)</u>	06/27/2014	Common Stock	18,7:
Non-qualified stock options (right to buy)	\$ 11.53	05/21/2009(5)	05/21/2015	Common Stock	68,7
Non-qualified stock options (right to buy)	\$ 13.82	09/26/2010 <u>(6)</u>	09/26/2016	Common Stock	25,0
Non-qualified stock options (right to buy)	\$ 13.75	08/11/2012 <u>(7)</u>	08/11/2018	Common Stock	120,0

## **Reporting Owners**

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
LAMPROPOULOS FRED P 1600 W MERIT PARKWAY SOUTH JORDAN, UT 84095	Х		President & CEO				
Signatures							
Gragory I. Barnett							

Gregory L. Barnett, Attorney-in-Fact

\*\*Signature of Reporting Person

05/01/2013

Date

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents plan holdings as of 4/30/2013.
- (2) Becomes exercisable in equal annual installments of 20% commencing 12/13/2004.
- (3) Becomes exercisable in equal annual installments of 33.33% commencing 5/25/2007.
- (4) Becomes exercisable in equal annual installments of 20% commencing 6/27/2008.
- (5) Becomes exercisable in equal annual installments of 20% commencing 5/21/2009.

- (6) Becomes exercisable in equal annual installments of 20% commencing 9/26/2010.
- (7) Becomes exercisable in equal annual installments of 20% commencing 8/11/2012.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.