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CAPITAL ONE FINANCIAL CORP Form 4 February 05, 2008 OMB APPROVAL FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION OMB 3235-0287 Washington, D.C. 20549 Number: Check this box January 31, Expires: if no longer 2005 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF subject to Estimated average **SECURITIES** Section 16. burden hours per Form 4 or response... 0.5 Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction 1(b). (Print or Type Responses) 1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading FAIRBANK RICHARD D Issuer Symbol CAPITAL ONE FINANCIAL CORP (Check all applicable) [COF] 3. Date of Earliest Transaction __X__ Director (Last) (First) (Middle) 10% Owner Other (specify X_Officer (give title (Month/Day/Year) below) below) **1680 CAPITAL ONE DRIVE** 02/01/2008 Chairman, CEO and President (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting **MCLEAN, VA 22102** Person (City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 3. 4. Securities Acquired 5. Amount of 6. 7. Nature of Security (Month/Day/Year) Execution Date, if Transaction(A) or Disposed of (D) Securities Ownership Indirect (Instr. 3) any Code (Instr. 3, 4 and 5) Beneficially Form: Direct Beneficial Ownership (Month/Day/Year) Owned (D) or (Instr. 8) Following Indirect (I) (Instr. 4) Reported (Instr. 4) (A) Transaction(s) or (Instr. 3 and 4) Code V Amount (D) Price Common \$ 2,465,696 02/01/2008 Μ 14,634 А D Stock (1) 33.77 Common 02/01/2008 S 100 D 2,465,596 D 55.15 Stock (1) Common S 100 02/01/2008 D D 2,465,496 55.17 Stock (1) Common 02/01/2008 S 100 D 2,465,396 D 55.32 Stock (1) Common 02/01/2008 S 100 D 2,465,296 D 55.33 Stock (1)

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Common Stock (1)	02/01/2008	S	100	D	\$ 55.36 2,465,196	D
Common Stock (1)	02/01/2008	S	100	D	\$ 55.39 2,465,096	D
Common Stock (1)	02/01/2008	S	100	D	\$ 55.4 2,464,996	D
Common Stock (1)	02/01/2008	S	200	D	\$ 55.41 2,464,796	D
Common Stock (1)	02/01/2008	S	200	D	\$ 55.45 2,464,596	D
Common Stock (1)	02/01/2008	S	100	D	\$ 55.47 2,464,496	D
Common Stock (1)	02/01/2008	S	100	D	\$ 55.48 2,464,396	D
Common Stock (1)	02/01/2008	S	100	D	\$ 55.49 2,464,296	D
Common Stock (1)	02/01/2008	S	100	D	\$ 55.52 2,464,196	D
Common Stock (1)	02/01/2008	S	100	D	\$ 55.56 2,464,096	D
Common Stock (1)	02/01/2008	S	200	D	\$ 55.6 2,463,896	D
Common Stock (1)	02/01/2008	S	100	D	\$ 55.61 2,463,796	D
Common Stock (1)	02/01/2008	S	100	D	\$ 55.62 2,463,696	D
Common Stock (1)	02/01/2008	S	200	D	\$ 55.63 2,463,496	D
Common Stock (1)	02/01/2008	S	400	D	\$ 55.64 2,463,096	D
Common Stock (1)	02/01/2008	S	100	D	\$ 55.66 2,462,996	D
Common Stock (1)	02/01/2008	S	200	D	\$ 55.68 2,462,796	D
Common Stock (1)	02/01/2008	S	100	D	\$ 55.69 2,462,696	D
Common Stock (1)	02/01/2008	S	100	D	\$ 55.72 2,462,596	D
Common Stock (1)	02/01/2008	S	100	D	\$ 55.73 2,462,496	D
	02/01/2008	S	100	D	2,462,396	D

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Common Stock (1)					\$ 55.76			
Common Stock (1)	02/01/2008	S	500	D	\$ 55.8	2,461,896	D	
Common Stock (1)	02/01/2008	S	200	D	\$ 55.81	2,461,696	D	
Common Stock						107,502	I	By Fairbank Morris

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exer Expiration D (Month/Day/	ate	7. Title Amoun Underly Securit (Instr. 3	t of ying	8. Pr Deriv Secu (Inst
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Employee Stock Option (Right to Buy)	\$ 33.77	02/01/2008		М	14,634	(2)	06/10/2008	COF	14,634	4

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
FAIRBANK RICHARD D 1680 CAPITAL ONE DRIVE	Х		Chairman, CEO and				
MCLEAN, VA 22102	21		President				

Signatures

/s/ Tangela S. Richter (POA) on file for Richard D. Fairbank

**Signature of Reporting Person

02/05/2008

Date

Explanation of Responses:

If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction was executed pursuant to a trading plan entered into by the Reporting Person on February 1, 2007, in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- (2) This option was subject to and received stockholder approval on April 29, 1999, and the performance-based vesting criteria of the option was satisfied on September 11, 2000, the date on which the fair market value of the common stock reached and remained at or above \$58.33 for at least ten trading days in any 30 calendar-day period. This requirement had to be satisfied on or before June 11, 2001.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.