BAINUM BARBARA

Check this box if

no longer subject

to Section 16.

5 obligations

may continue.

Form 4 or Form

Form 5

January 27, 2010

FORM 5

OMB APPROVAL

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ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

burden hours per response...

See Instruction
1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
Reported

Form 4

30(h) of the Investment Company Act of 1940

Transactions Reported

1. Name and Address of Reporting Person * 2. Issuer Name and Ticker or Trading 5. Relationship of Reporting Person(s) to Issuer **BAINUM BARBARA** Symbol **CHOICE HOTELS** (Check all applicable) INTERNATIONAL INC /DE [CHH] (Middle) 3. Statement for Issuer's Fiscal Year Ended (Last) (First) _X__ 10% Owner Officer (give title _ Other (specify (Month/Day/Year) below) below) 12/31/2009 8171 MAPLE LAWN BLVD, SUITE 375 (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Reporting Filed(Month/Day/Year) (check applicable line)

FULTON. MDÂ 20759

X Form Filed by One Reporting Person __ Form Filed by More than One Reporting

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securi Acquired Disposed (Instr. 3,	d (A) of (D) 4 and (A) or))	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	12/17/2009	12/17/2009	G	3,160	D	\$0	2,467,840	I	See Footnote (1) (7)	
Common Stock	Â	Â	Â	Â	Â	Â	87,631	I	See Footnote (2)	
Common Stock	Â	Â	Â	Â	Â	Â	557,840	I	See Footnote	

									(3)
Common Stock	Â	Â	Â	Â	Â	Â	329,582	I	See Footnote
Common Stock	08/24/2009	08/24/2009	J	5,576	D	\$ 0	557,206	I	See Footnote (5)
Common Stock	12/10/2009	12/10/2009	G	1,218	A	\$ 0	278,072	I	See Footnote (6)
Reminder: Rep securities bene	Persons w contained the form di	SEC 2270 (9-02)							

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exer	cisable and	7. Titl	le and	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	Number	Expiration D	ate	Amou	ınt of	Derivative
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	rlying	Security
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e		Secur	ities	(Instr. 5)
	Derivative				Securities			(Instr.	3 and 4)	
	Security				Acquired					
					(A) or					
					Disposed					
					of (D)					
					(Instr. 3,					
					4, and 5)					
									Amount	
						Date	Expiration	Title	or Number	
						Exercisable	Date	Title	of	
					(A) (D)				Shares	
					(A) (D)				Silates	

Reporting Owners

**Signature of Reporting Person

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
BAINUM BARBARA 8171 MAPLE LAWN BLVD SUITE 375 FULTON, MD 20759	Â	ÂX	Â	Â		
Signatures						
Christine A. Shreve; Attorney-in-fact		01/27/201	0			

Reporting Owners 2

Date

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares owned by the Barbara Bainum Declaration of Trust (the "BB Trust") in which Ms. Bainum is the sole trustee and current beneficiary.
- (2) The proportionate interest of the BB Trust in shares (1,200,000) owned by Mid Pines Associates, L.P. ("Mid Pines"), in which the BB Trust has shared voting authority.
- (3) The proportionate interest of the BB Trust in shares (7,135,738) owned by Realty Investment, Co, Inc., a real estate investment and management company in which Ms. Bainum is a noncontrolling shareholder.
- (4) The proportionate interest of certain trusts in shares (1,200,000) owned by Mid Pines for the benefit of Ms. Bainum's nephews. Ms. Bainum is the sole trustee and her nephews are the beneficiaries. Beneficial ownership is disclaimed.
- The proportionate interest in shares (7,135,738) owned by Realty Investment Company, Inc. in: a) trusts for the benefit of Ms. Bainum's nephews where Ms. Bainum is the sole trustee and her nephews are the beneficiaries AND b) an UTMA account for the benefit of Ms. Bainum's nephew who is a minor. Beneficial ownership is disclaimed.
- (6) Shares owned by certain trusts for the benefit of Ms. Bainum's nephews. Ms. Bainum is the sole trustee and her nephews are the beneficiaries. Beneficial ownership is disclaimed.
- (7) Ms. Bainum gave 3,160 shares to her children and grandchildren.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.