# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## FORM 8-K

## **CURRENT REPORT**

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report: July 27, 2004

(Date of earliest event reported)

## VERIZON COMMUNICATIONS INC.

(Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation)

1-8606 (Commission File Number) 23-2259884 (I.R.S. Employer Identification No.)

1095 Avenue of the Americas,

10036

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New York, New York (Address of principal executive offices)

(Zip Code)

Registrant s telephone number, including area code: (212) 395-2121

### Not applicable

(Former name or former address, if changed since last report)

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	Item 9.	Regui	lation	FD	Disclosure.	
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On a July 27, 2004 conference call with financial analysts and investors to discuss its second quarter 2004 earnings release, Verizon Communications Inc. provided additional information pertaining to its outlook for the remainder of 2004. Verizon s consolidated revenue growth was 5% for the first half of the year and Verizon indicated that it anticipates that revenue growth of approximately 4% for the second half of the year. Verizon also said that it anticipated that earnings per share (diluted, before special items) in the second half of the year will be slightly better than the \$1.22 for the first half of the year.

#### **SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

		Verizon Communications Inc.
		(Registrant)
Date:	July 27, 2004	/s/ David H. Benson
		David H. Benson
		Senior Vice President and Controller