AVALONBAY COMMUNITIES INC

Form 4

October 28, 2004

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB

OMB APPROVAL

Number:

3235-0287

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January 31, 2005

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subject to Section 16. Form 4 or Form 5

if no longer

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obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type	Responses)								
1. Name and Address of Reporting Person ** WILLIAMS AMY P			2. Issuer Name and Ticker or Trading Symbol			5. Relationship of Reporting Person(s) to Issuer			
			AVALO		COMMUNITIES	(Check all applicable)			
(Last)	(First) (1		3. Date of Earliest Transaction (Month/Day/Year)			X Director Officer (give below)		Owner r (specify	
C/O AVALONBAY			10/26/2	004		below)	below)		
COMMUN	ITIES, INC., 290	0							
EISENHOV	WER AVE., SUIT	E 300							
(Street)			4. If Ame	ndment, D	ate Original	6. Individual or Joint/Group Filing(Check			
		Filed(Mor	nth/Day/Yea	r)	Applicable Line)				
						X Form filed by (
ALEXAND	ORIA, VA 22314					Person	Iore than One Rep	porung	
(City)	(State)	(Zip)	Tabl	e I - Non-I	Derivative Securities Acq	uired, Disposed of	f, or Beneficiall	y Owned	
1.Title of	2. Transaction Date	2A. Deem	ed	3.	4. Securities Acquired	5. Amount of	6.	7. Nature	
Security	(Month/Day/Year)	Execution	Date, if	Transactio	or(A) or Disposed of (D)	Securities	Ownership	Indirect	
(Instr. 3)		any		Code	(Instr. 3, 4 and 5)	Beneficially	Form: Direct		
		(Month/Da	ay/Year)	(Instr. 8)		Owned	(D) or	Ownership	
						Following	Indirect (I)	(Instr. 4)	

` •		1 abi	ie i - Non-L	erivative	Secui	riues Acqu	irea, Disposea oi,	or Beneficiali	y Ownea
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			d of (D)	5. Amount of 6. Securities Ownership Beneficially Form: Direct Owned (D) or Following Indirect (I) Reported (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock, par value \$.01 per share	10/26/2004		S	500	D	\$ 65.34	9,318 (1)	D	
Common Stock, par value \$.01 per share	10/26/2004		S	500	D	\$ 65.441	8,818 (1)	D	
Common Stock, par	10/26/2004		S	500	D	\$ 65.5	8,318 (1)	D	

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value \$.01 per share Common

per share

Stock, par 10/27/2004 value \$.01

S 500 D \$ 66 7,818 (1)

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Conversion Security (Instr. 3) Price of Derivative

or Exercise

Security

3. Transaction Date 3A. Deemed (Month/Day/Year)

Execution Date, if (Month/Day/Year)

5. TransactionNumber Code of (Instr. 8) Derivative

Securities Acquired

> Date Exercisable

(A) or

of (D)

Disposed

(Instr. 3, 4, and 5) **Expiration Date** (Month/Day/Year)

Date

6. Date Exercisable and 7. Title and Amount of Underlying Securities (Instr. 3 and 4) 8. Price of Derivative Security (Instr. 5)

Secu Bene Own Follo Repo Trans

(Insti

9. Nu

Deriv

Amount or Expiration Title Number

of Shares

Reporting Owners

Reporting Owner Name / Address

Relationships

Code V (A) (D)

10% Owner Officer Other Director

WILLIAMS AMY P C/O AVALONBAY COMMUNITIES, INC. 2900 EISENHOWER AVE., SUITE 300 ALEXANDRIA, VA 22314

X

Signatures

By Edward M. Schulman under Power of Attorney dated May 20, 2003

10/28/2004

**Signature of Reporting Person

Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The amount of securities owned following the reported transaction reflects direct ownership of all shares of common stock, including shares subject to vesting requirements.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.