AVALONBAY COMMUNITIES INC

Form 4

November 04, 2015

November 0	4, 2013											
FORM	14 _{UNITED}	STATES					NGE C	OMMISSION	OMB	PROVAL 3235-0287		
Check th	is box		was	shington,	D.C. 20	549			Number:			
if no lon	ger		ICEC IN	DENIE	TOT		JEDCHID OF	Expires:	January 31, 2005			
subject to Section 1 Form 4 c	51A1EN 16.	STATEMENT OF CHANGES IN BENEFICIAL OWN							Estimated average burden hours per response 0.			
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								·				
(Print or Type	Responses)											
Birenbaum Matthew H. Sym			Symbol	r Name and				5. Relationship of Reporting Person(s) to Issuer				
		AVALONBAY COMMUNITIES INC [AVB]					(Check all applicable)					
				f Earliest Ti Day/Year)	ransaction			Director 10% Owner Officer (give title Other (specify below)				
· · · · · · · · · · · · · · · · · · ·			11/02/2	015				Chief Investment Officer				
INC., BALL GLEBE RO	LSTON TOWER OAD	, 671 N.										
				endment, Date Original nth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting				
ARLINGTO	ON, VA 22203							Person	ore than One Re	porting		
(City)	(State)	(Zip)	Tabl	le I - Non-E			-	uired, Disposed of,	or Beneficiall	y Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Pransaction Date 2A. Deemed onth/Day/Year) Execution Date, if any (Month/Day/Year)			4. Securion(A) or Di (Instr. 3,	spose 4 and (A)	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	Ownership Indir Form: Direct Bene (D) or Own	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
C				Code V	Amount	or (D)	Price	(Instr. 3 and 4)				
Common Stock, par value \$.01 per share	11/02/2015			M	1,062	A	\$ 132.95	23,848 (1)	D			
Common Stock, par value \$.01 per share	11/02/2015			M	1,812	A	\$ 130.23	25,660 <u>(1)</u>	D			
	11/02/2015			M	3,000	A		28,660 (1)	D			

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Common					\$		
Stock, par value \$.01					126.78		
per share							
Common Stock, par value \$.01 per share	11/02/2015	S	5,874	D	\$ 179	22,786 (1)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amoun or Number of Shares
Employee Stock Options (Right to Buy)	\$ 132.95	11/02/2015		M		1,062	02/16/2013(2)	02/16/2022	Common Stock	1,062
Employee Stock Options (Right to Buy)	\$ 130.23	11/02/2015		M		1,812	02/13/2014(3)	02/13/2023	Common Stock	1,812
Employee Stock Options (Right to Buy)	\$ 126.78	11/02/2015		M		3,000	03/13/2014(4)	03/13/2023	Common Stock	3,000

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Birenbaum Matthew H. C/O AVALONBAY COMMUNITIES, INC. BALLSTON TOWER, 671 N. GLEBE ROAD ARLINGTON, VA 22203

Chief Investment Officer

Signatures

By Catherine T. White under Power of Attorney dated as of October 14, 2011

11/04/2015

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The amount of securities owned following the reported transaction reflects direct ownership of all shares of common stock, including restricted shares.
- (2) The options exercised were included in options granted under the issuer's stock option and incentive plan on February 16, 2012, which became exercisable in three annual installments beginning on February 16, 2013
- (3) The options exercised were included in options granted under the issuer's stock option and incentive plan on February 13, 2013, which became exercisable in three annual installments beginning on February 13, 2014
- (4) The options exercised were included in options granted under the issuer's stock option and incentive plan on March 13, 2013, which became exercisable in three annual installments beginning on March 13, 2014
- (5) Following the reported transaction, the reporting person holds a total of 6,984 options to purchase the issuer's common stock on various dates and with varying exercise prices and vesting dates.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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