Hamm Harold Form 4 February 25, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person *

Hamm Harold

(First) (Middle)

P.O. BOX 268836, 20 N. **BROADWAY**

(Street)

2. Issuer Name and Ticker or Trading

Symbol

CONTINENTAL RESOURCES, INC [CLR]

3. Date of Earliest Transaction (Month/Day/Year)

02/21/2019

4. If Amendment, Date Original

Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

_X__ 10% Owner _X_ Director X_ Officer (give title _ Other (specify below)

CEO & Chairman

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

OKLAHOMA CITY, OK 73126

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 8)	onDisposed o (Instr. 3, 4	f (D) and 5) (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	02/21/2019		Code V	Amount 202,810	(D)	Price \$ 44.5259	1,945,032 (2)	D	
Common Stock	02/21/2019		P	84,482	A	\$ 43.983 (3)	2,029,514 (2)	D	
Common Stock	02/22/2019		P	579,237	A	\$ 44.5682 (4)	2,608,751 (2)	D	
Common Stock	02/22/2019		P	17,448	A	\$ 43.7465	2,626,199 (2)	D	

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(5)

Common Stock	283,116,538 (6)	I	By Harold Hamm Family LLC
Common Stock	36,452	I	By Transwestern Transports

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Instr. 8	ction (Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	int of lying	8. Price of Derivative Security (Instr. 5)	
				Code	V ((A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Hamm Harold P.O. BOX 268836 20 N. BROADWAY OKLAHOMA CITY, OK 73126	X	X	CEO & Chairman					
Signatures								
/s/ Richard Green, Attorney-In-Fact	02/2	5/2019						
**Signature of Reporting Person	D	ate						

Reporting Owners 2

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- This transaction was executed in multiple trades at prices ranging from \$44.11 to \$45.10. The price reported represents the weighted (1) average transaction price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer, or a security holder of the issuer, full information regarding the number of shares transacted at each separate price.
- (2) Includes 165,049 shares of restricted common stock which vest on February 15, 2020; 167,093 shares of restricted common stock which vest on February 15, 2021; and 186,363 shares of restricted common stock which vest on February 15, 2022.
- This transaction was executed in multiple trades at prices ranging from \$43.83 to \$44.10. The price reported represents the weighted (3) average transaction price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer, or a security holder of the issuer, full information regarding the number of shares transacted at each separate price.
- This transaction was executed in multiple trades at prices ranging from \$43.95 to \$44.94. The price reported represents the weighted average transaction price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer, or a security holder of the issuer, full information regarding the number of shares transacted at each separate price.
- This transaction was executed in multiple trades at prices ranging from \$43.66 to \$43.94. The price reported represents the weighted (5) average transaction price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer, or a security holder of the issuer, full information regarding the number of shares transacted at each separate price.
- The reporting person is the sole manager of the LLC which owns the reported securities. As a result, he has elected to report the total number of reported securities held by the LLC. However, the reporting person disclaims beneficial ownership of the reported securities except to the extent of his pecuniary interest therein.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.