RECANATI MICHAEL

Form 4 June 13, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

0.5

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OMB APPROVAL

if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * RECANATI MICHAEL

2. Issuer Name and Ticker or Trading

Symbol

5. Relationship of Reporting Person(s) to Issuer

OVERSEAS SHIPHOLDING GROUP INC [OSG]

(Check all applicable)

(Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year)

Director Officer (give title below)

_X__ 10% Owner _ Other (specify

06/09/2006

(Street)

4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

NEW YORK, NY 10036

590 FIFTH AVE 19TH FLR

(City)	(State)	(Zip) Table	e I - Non-D	erivative	Secur	ities Acqu	uired, Disposed of	f, or Beneficial	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(D)	Price	(Instr. 3 and 4)		
Common Stock, par value \$1.00 per share	06/09/2006		S	2,674 (1)	D	\$ 55	193,968 (3)	I (2)	(2)
Common Stock, par value \$1.00 per share	06/09/2006		S	782 (1)	D	\$ 55.01	193,186	I (2)	(2)
Common Stock, par value \$1.00 per share	06/09/2006		S	22 (1)	D	\$ 55.02	193,164	I (2)	(2)

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Common Stock, par value \$1.00 per share	06/09/2006	S	10 (1)	D	\$ 55.03	193,154	I (2)	(2)
Common Stock, par value \$1.00 per share	06/09/2006	S	47 <u>(1)</u>	D	\$ 55.04	193,107	I (2)	(2)
Common Stock, par value \$1.00 per share	06/09/2006	S	10 (1)	D	\$ 55.05	193,097	I (2)	(2)
Common Stock, par value \$1.00 per share	06/09/2006	S	84 (1)	D	\$ 55.06	193,013	I (2)	(2)
Common Stock, par value \$1.00 per share	06/09/2006	S	31 (1)	D	\$ 55.07	192,982	I (2)	(2)
Common Stock, par value \$1.00 per share	06/09/2006	S	63 (1)	D	\$ 55.09	192,919	I (2)	(2)
Common Stock, par value \$1.00 per share	06/09/2006	S	52 (1)	D	\$ 55.1	192,867	I (2)	(2)
Common Stock, par value \$1.00 per share	06/09/2006	S	63 (1)	D	\$ 55.11	192,804	I (2)	(2)
Common Stock, par value \$1.00 per share	06/09/2006	S	44 (1)	D	\$ 55.13	192,760	I (2)	(2)
Common Stock, par value \$1.00 per share	06/09/2006	S	47 (1)	D	\$ 55.14	192,713	I (2)	(2)
Common Stock, par value \$1.00 per share	06/09/2006	S	43 (1)	D	\$ 55.15	192,670	I (2)	(2)
						15,303	D	

Common Stock, par value \$1.00 per share

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative	2. Conversion	3. Transaction Date (Month/Day/Year)		4. Transacti	5. orNumber	6. Date Exerc Expiration D		7. Title ar		8. Price of Derivative	9. Nu Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underlyin	ng	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securities	3	(Instr. 5)	Bene
	Derivative		•		Securities			(Instr. 3 a	nd 4)		Own
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
								Δn	nount		
								or	iiouiit		
						Date	Expiration		ımber		
						Exercisable	Date	of			
				Code V	(A) (D)				ares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer Other				
RECANATI MICHAEL 590 FIFTH AVE 19TH FLR NEW YORK, NY 10036		X					

Signatures

/s/Daniel Pearson, Attorney-in-Fact pursuant to a power of attorney previously filed for Michael Recanati

06/13/2006

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Sold pursuant to a trading plan adopted pursuant to Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- (2) Owned indirectly by Michael Recanati as investment trustee and discretionary beneficiary of The Michael Recanati Trust.

Reporting Owners 3

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(3) Reflects the sale on January 5, 2006 of 72 shares of common stock by The Michael Recanati Trust at \$54 per share which sale was reported by The Michael Recanati Trust on a Form 4 filed on January 9, 2006.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.