SWIFT ENERGY CO

Form 4 May 04, 2006

FORM 4

OMB APPROVAL

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Expires: January 31, 2005

Section 16. Form 4 or Form 5 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Estimated average burden hours per response...

obligations
may continue.

See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 sponse... 0.5

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * SWIFT A EARL			2. Issuer Name and Ticker or Trading Symbol SWIFT ENERGY CO [SFY]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First)		(Middle)	3. Date of Earliest Transaction	(Shoon an applicable)			
16825 NORTH SUITE 400	ICHASE DI	RIVE,	(Month/Day/Year) 03/14/2006	Director 10% Owner Officer (give title Other (specify below) Chairman of the Board			
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Che			
HOUSTON, T	Form filed by More than C			_X_ Form filed by One Reporting Person Form filed by More than One Reporting			

(City)	(State) (Zip)	Table I -	Non-Deriv	ative Secu	urities Acqu	ired, Disposed of	or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. SecurionAcquired Disposed (Instr. 3,	l (A) or l of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
SFY Common Stock-401(k)			Code V	Amount	(D) Price	(Instr. 3 and 4) 1,161 (1)	I	401(k) Plan
SFY Cmmn Stock-ESOP Holding						772 (2)	I	ESOP Plan
Swift Energy Common Stock						63,206	D	
SFY Cmmn Stk-Family Member	03/14/2006		G(3) V	7,999	A \$0	8,943	I	By Family Member

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

> 9. Nu Deriv Secur Bene

> Follo Repo Trans (Insti

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	le and	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transac	tionNumber	Expiration D	ate	Amou	ınt of	Derivative
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8) Derivative	e		Securi	ities	(Instr. 5)
	Derivative				Securities			(Instr. 3 and 4)		
	Security				Acquired					
					(A) or					
					Disposed					
					of (D)					
					(Instr. 3,					
					4, and 5)					
									Amount	
						Date	Expiration	Title	or Number	
						Exercisable	ercisable Date		of	
				Code	V (A) (D)				Shares	
				Code	v (A) (D)				Silaies	

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

SWIFT A EARL 16825 NORTHCHASE DRIVE, SUITE 400 HOUSTON, TX 77060

Chairman of the Board

Signatures

A. Earl Swift 05/04/2006

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Reflects matching contribution by Issuer of 226 additional shares on February 14, 2006 under the Issuer's 401(k) plan, and 300 additional (1) shares transferred to reporting person's 401(k) account from his ESOP account and a distribution of 7,999 shares on March 14, 2006, that occurred since the date of the reporting person's last ownership report.
- (2) Reflects ESOP allocation of 41 additional shares on February 27, 2006, and excludes 300 shares transferred from reporting person's ESOP account to his 401(k) account on March 6, 2006, that occurred since the date of the reporting person's last ownership report.
- (3) Reflects 7,999 additional shares given to spouse on March 14, 2006, that occurred since the date of the reporting person's last ownership report.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Reporting Owners 2

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