#### **SWIFT ENERGY CO**

Form 4

February 08, 2007

## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

**OMB** 3235-0287

**OMB APPROVAL** 

Number:

January 31,

Expires:

5. Relationship of Reporting Person(s) to

2005

0.5

Estimated average burden hours per

response...

if no longer subject to Section 16. Form 4 or Form 5 obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person \*

may continue.

See Instruction

VINCENT BRUCE H			Symbol SWIFT EN	Symbol SWIFT ENERGY CO [SFY]				Issuer (Check all applicable)				
(Last)  16825 NORTH SUITE 400	(Month/Day/	3. Date of Earliest Transaction (Month/Day/Year) 02/06/2007				Director 10% Owner Officer (give title Other (specify below)  President						
HOUSTON, T	(Street) HOUSTON, TX 77060				4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table I	- Non-Der	ivative Sec	urities A	cqui	red, Disposed of,	or Beneficial	ly Owned		
1.Title of Security (Instr. 3)	2. Transactic (Month/Day		2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transacti Code (Instr. 8)	` '	sposed of 4 and 5) (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
SFY Common Stock-401(k)						` ,		9,592	I	401(k) Plan		
SFY Cmmn Stock-ESOP Holding								900	I	ESOP Plan		
Swift Energy Common Stock	02/06/200	7		A	14,600	A \$	0	80,832	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code Securities		6. Date Exerci Expiration Date (Month/Day/Y	te	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option	\$ 43.48	02/06/2007		A	21,100	02/06/2008	02/06/2017	Swift Energy Common Stock	21,100

## **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

VINCENT BRUCE H 16825 NORTHCHASE DRIVE, SUITE 400 HOUSTON, TX 77060

President

# **Signatures**

Bruce H. 02/08/2007 Vincent

\*\*Signature of Date
Reporting Person

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2