Edgar Filing: VINCENT BRUCE H - Form 4

VINCENT BRU Form 4	JCE H												
February 10, 20	11												
FORM 4	Washington, D.C. 20549										PROVAL 3235-0287 January 31,		
if no longer subject to Section 16. Form 4 or Form 5	STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,									Expires: 2005 Estimated average burden hours per response 0.5			
obligations may continue <i>See</i> Instruction 1(b).	e. Section 1	7(a) of	the Pub	lic Utili		g Compa	any A	Act of 1	Act of 1934, 935 or Section				
(Print or Type Resp	oonses)												
1. Name and Address of Reporting Person <u>*</u> VINCENT BRUCE H			Syı	2. Issuer Name and Ticker or Trading Symbol SWIFT ENERGY CO [SFY]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last)	(First)	(Middle	/	3. Date of Earliest Transaction									
16825 NORTHCHASE DRIVE, SUITE 400				(Month/Day/Year) 02/08/2011					Director 10% Owner Officer (give title Other (specify below) President and Sec'y President and Sec'y				
(Street) HOUSTON, TX 77060				Filed(Month/Day/Year)					 Individual or Joint/Group Filing(Check Applicable Line) X_ Form filed by One Reporting Person Form filed by More than One Reporting 				
(City)	(State)	(Zip)		Tabla I	Non Dori	votivo So	mitic		erson red, Disposed of,	or Ponoficial	y Ownod		
1.Title of Security (Instr. 3)	2. Transactio (Month/Day/	Year)	2A. Deem Execution any (Month/D	ed Date, if	3. Transactio Code (Instr. 8)	4. Securi on(A) or Di (Instr. 3,	ties A ispose 4 and (A) or	cquired d of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
SFY Common Stock-401(k)					Code V	Amount	(D)	Price	11,591 <u>(1)</u>	Ι	401(k) Plan		
SFY Cmmn Stock-ESOP Holding									567 <u>(2)</u>	Ι	ESOP Plan		
Swift Energy Common Stock	02/08/201	1			F	2,548	D	\$ 43.63	159,588	D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. orNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title Amount Underly Securiti (Instr. 3	t of ving es	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owno Follo Repo Trans (Instr
			Code V	4, and 5)	Date Exercisable	Expiration Date	o Title N o	Jumber		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
VINCENT BRUCE H 16825 NORTHCHASE DRIVE, SUITE 400 HOUSTON, TX 77060			President and Sec'y				
Signatures							

S

> Bruce H. Vincent

02/10/2011

**Signature of Reporting Person Date

Explanation of Responses:

- If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Based on statement dated 1/30/2011.
- (2) Based on statement dated 12/31/2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.