

WEIGHT WATCHERS INTERNATIONAL INC

Form 4

April 02, 2008

**FORM 4**

UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
Semmelbauer Thilo

2. Issuer Name and Ticker or Trading Symbol  
WEIGHT WATCHERS INTERNATIONAL INC [WTW]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)  
03/31/2008

\_\_\_ Director \_\_\_ 10% Owner  
 Officer (give title below) \_\_\_ Other (specify below)  
COO

11 MADISON AVENUE, 17TH FLOOR

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
\_\_\_ Form filed by More than One Reporting Person

NEW YORK, NY 10010

(City) (State) (Zip)

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				(A) or (D)	Price		
				Code	V	Amount	
Common Stock	03/31/2008		M	A	300	\$ 36.71	1,056 D
Common Stock	03/31/2008		S <sup>(1)</sup>	D	300	\$ 44.89	756 D
Common Stock	03/31/2008		M	A	1,000	\$ 36.71	1,756 D
Common Stock	03/31/2008		S <sup>(1)</sup>	D	1,000	\$ 44.94	756 D
Common Stock	03/31/2008		M	A	400	\$ 36.71	1,156 D

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Common Stock	03/31/2008	<u>S</u> (1)	400	D	\$ 44.945	756	D
Common Stock	03/31/2008	M	700	A	\$ 36.71	1,456	D
Common Stock	03/31/2008	<u>S</u> (1)	700	D	\$ 44.995	756	D
Common Stock	03/31/2008	M	400	A	\$ 36.71	1,156	D
Common Stock	03/31/2008	<u>S</u> (1)	400	D	\$ 45.01	756	D
Common Stock	03/31/2008	M	700	A	\$ 36.71	1,456	D
Common Stock	03/31/2008	<u>S</u> (1)	700	D	\$ 45.04	756	D
Common Stock	03/31/2008	M	100	A	\$ 36.71	856	D
Common Stock	03/31/2008	<u>S</u> (1)	100	D	\$ 45.05	756	D
Common Stock	03/31/2008	M	500	A	\$ 36.71	1,256	D
Common Stock	03/31/2008	<u>S</u> (1)	500	D	\$ 45.06	756	D
Common Stock	03/31/2008	M	400	A	\$ 36.71	1,156	D
Common Stock	03/31/2008	<u>S</u> (1)	400	D	\$ 45.07	756	D
Common Stock	03/31/2008	M	100	A	\$ 36.71	856	D
Common Stock	03/31/2008	<u>S</u> (1)	100	D	\$ 45.08	756	D
Common Stock	03/31/2008	M	100	A	\$ 36.71	856	D
Common Stock	03/31/2008	<u>S</u> (1)	100	D	\$ 45.19	756	D
Common Stock	03/31/2008	M	100	A	\$ 36.71	856	D
Common Stock	03/31/2008	<u>S</u> (1)	100	D	\$ 45.21	756	D
Common Stock	03/31/2008	M	200	A	\$ 36.71	956	D
	03/31/2008	<u>S</u> (1)	200	D	\$ 45.52	756	D

Common Stock								
Common Stock	04/01/2008		M	100	A	\$ 36.71	856	D
Common Stock	04/01/2008		S <sup>(1)</sup>	100	D	\$ 46.92	756	D
Common Stock	04/01/2008		M	100	A	\$ 36.71	856	D
Common Stock	04/01/2008		S <sup>(1)</sup>	100	D	\$ 46.91	756	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

**Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.**

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Owned Beneficially (Instr. 5)
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Semmelbauer Thilo 11 MADISON AVENUE 17TH FLOOR NEW YORK, NY 10010			COO	

## Signatures

Thilo

Semmelbauer

04/02/2008

\_\_Signature of  
Reporting Person

Date

## Explanation of Responses:

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The sale was made pursuant to a previously adopted trading plan dated February 21, 2008 intended to comply with Rule 10b5-1. The plan was adopted to exercise stock options to diversify my holdings for financial and estate planning purposes.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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