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rted) October 14, 2014	
Its Charter)	
001-34766	26-1908763
(Commission File Number)	(I.R.S. Employer Identification No.)
	32963 (Zip Code)
g Area Code)	
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rm 8-K filing is intended to simu rovisions (see General Instruction	ltaneously satisfy the filing obligation of n A.2. below):
Rule 425 under the Securities Ac	et (17 CFR 230.425)
4a-12 under the Exchange Act (17CFR 240.14a-12)
pursuant to Rule 14d-2(b) under	the Exchange Act (17 CFR 240.14d-2(b)
pursuant to Rule 13e-4(c) under	the Exchange Act (17 CFR 240.13e-4(c))
	rted) October 14, 2014 Its Charter) 001-34766 (Commission File Number) g Area Code) ged Since Last Report) rm 8-K filing is intended to simulatorisions (see General Instruction Rule 425 under the Securities Act 4a-12 under the Exchange Act (pursuant to Rule 14d-2(b) under

Item 7.01. Regulation FD Disclosure.

On October 14, 2014, ARMOUR Residential REIT, Inc. ("ARMOUR") produced for distribution a slide deck presentation, which contains updates on ARMOUR's financial position, business and operations. Attached as Exhibit 99.1 to this report is the slide deck presentation produced by ARMOUR.

The slide deck presentation attached to this report as Exhibit 99.1 is furnished pursuant to this Item 7.01 and shall not be deemed filed in this or any other filing of ARMOUR under the Securities Exchange Act of 1934, as amended, unless expressly incorporated by specific reference in any such filing.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

Exhibit No. Description

99.1 Slide Deck Presentation, dated October 14, 2014

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: October 14, 2014

ARMOUR RESIDENTIAL REIT, INC.

By: /s/ Mark Gruber Name: Mark Gruber

Title: Chief Operating Officer

Exhibit Index

Exhibit No. Description

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