Form 8-K April 28, 2015		
UNITED STATES SECURITIES AND EXCHANGE COMM WASHINGTON, D.C. 20549	IISSION	
FORM 8-K		
CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF	F 1934	
Date of Report (Date of earliest event report	rted) April 28, 2015	
ARMOUR Residential REIT, Inc. (Exact Name of Registrant as Specified in	Its Charter)	
Maryland	001-34766	26-1908763
(State or Other Jurisdiction of Incorporation)	(Commission File Number)	(I.R.S. Employer Identification No.)
3001 Ocean Drive, Suite 201 Vero Beach, Florida (Address of Principal Executive Offices)		32963 (Zip Code)
(772) 617-4340 (Registrant's Telephone Number, Including	g Area Code)	
n/a (Former Name or Former Address, if Chan	ged Since Last Report)	
Check the appropriate box below if the For the registrant under any of the following pr		
[_] Written communications pursuant to	Rule 425 under the Securities Ac	et (17 CFR 230.425)
[_] Soliciting material pursuant to Rule 1	4a-12 under the Exchange Act (17 CFR 240.14a-12)
[_] Pre-commencement communications	pursuant to Rule 14d-2(b) under	the Exchange Act (17 CFR 240.14d-2(b)
[_] Pre-commencement communications	pursuant to Rule 13e-4(c) under	the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01. Regulation FD Disclosure.

On April 28, 2015, ARMOUR Residential REIT, Inc. ("ARMOUR") issued a press release announcing that it will provide an online, real-time webcast of its conference call with equity analysts covering ARMOUR's operating results for the first quarter ended March 31, 2015, on Thursday, April 30, 2015, beginning at 8:30 a.m. (Eastern Time).

A copy of the press release is attached as Exhibit 99.1 to this report.

The information reported under this Item 7.01 of Form 8-K, including Exhibit 99.1, is being furnished and shall not be deemed "filed" in this or any other filing of ARMOUR under the Securities Exchange Act of 1934, as amended, unless expressly incorporated by specific reference in any such filing.

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

Exhibit No. Description

99.1 Press release dated April 28, 2015

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: April 28, 2015

ARMOUR RESIDENTIAL REIT, INC.

By: /s/ James R. Mountain Name: James R. Mountain Title: Chief Financial Officer

Exhibit Index

Exhibit No. Description

99.1 Press release dated April 28, 2015