CHEWENS MICHAEL J

Form 4

January 18, 2012

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB Number:

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SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

may continue. See Instruction 1(b).

30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person * CHEWENS MICHAEL J

2. Issuer Name and Ticker or Trading Symbol

NBT BANCORP INC [NBTB]

5. Relationship of Reporting Person(s) to

Issuer

(Last)

(First) (Middle)

(Check all applicable)

52 SOUTH BROAD STREET

(Street)

3. Date of Earliest Transaction

(Month/Day/Year)

X_ Officer (give title

10% Owner _ Other (specify

01/18/2012

below) Sr EVP & CFO

Director

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check

Applicable Line)

Filed(Month/Day/Year)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

NORWICH, NY 13815

							1 015011		
(City)	(State)	(Zip) Tabl	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securion(A) or D (Instr. 3,	ispose 4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
NBT Bancorp Inc. Common Stock	01/15/2012			884	D	\$ 23.14	31,343	D	
NBT Bancorp Inc. Common Stock	01/18/2012		A	4,500 (1)	A	\$ 0	35,843	D	
NBT Bancorp	01/18/2012		A	8,855 (2)	A	\$ 0	44,698	D	

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Inc.

Common

Stock

NBT

Bancorp

Inc. 13,532.801 I 401k

Common Stock

NBT

Bancorp NBT Inc. 3,490.001 I Bancorp

Common ESOP

Stock

1. Title of

2.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

3. Transaction Date 3A. Deemed

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SEC 1474

(9-02)

6. Date Exercisable and

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

5.

Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transactic Code (Instr. 8)	onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5))	Underlying S (Instr. 3 and	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Non-Qualified Stock Option (right to buy)	\$ 20.19					01/15/2011(3)	01/15/2020	NBT Bancorp Inc. Common Stock	18,00
Non-Qualified Stock Option (right to buy)	\$ 20.3617					01/15/2009(4)	01/15/2018	NBT Bancorp Inc. Common Stock	18,00
Non-Qualified Stock Option	\$ 22.1715					01/01/2005(4)	01/01/2014	NBT Bancorp	715

7. Title and Amount

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(right to buy)				Inc. Common Stock	
Non-Qualified Stock Option (right to buy)	\$ 22.352	01/01/2007(4)	01/01/2016	NBT Bancorp Inc. Common Stock	22,0
Non-Qualified Stock Option (right to buy)	\$ 23.2708	01/20/2006(4)	01/20/2015	NBT Bancorp Inc. Common Stock	17,5
Non-Qualified Stock Option (right to buy)	\$ 25.38	01/15/2010(3)	01/15/2019	NBT Bancorp Inc. Common Stock	18,00
Non-Qualified Stock Option (right to buy)	\$ 25.762	01/01/2008(4)	01/01/2017	NBT Bancorp Inc. Common Stock	20,0

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

CHEWENS MICHAEL J 52 SOUTH BROAD STREET NORWICH, NY 13815

Sr EVP & CFO

Signatures

Michael J. 01/18/2012 Chewens

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Pursuant to NBT Bancorp Inc. Omnibus Restricted Stock Unit Agreement the grant vests 40% for first year, 20% annually for following years.
- Pursuant to NBT Bancorp Inc. Omnibus Performance Unit Agreement, each member of a select group of Management is entitled to (2) receive an award based on Company performance goals in the form of restricted stock units that vests four years following the end of a performance period.

Reporting Owners 3

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- (3) Pursuant to NBT Bancorp Inc. Omnibus Stock Option Agreement the grant vests 40% for first year, 20% annually for following years.
- (4) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan grant vests 40% for first year, 20% annually for following years.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.